

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W50 50 Meter Dash**

=====							
50 MSO: \$	7.52	2013	Sandy Triolo, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
Finals							
1	McFarland, Casandra		W52 Kensington, MD		8.36	-0.2	6
2	Washington, Daphne		W54 Cockeysville, MD	8.84	8.97	-0.2	6

W55 50 Meter Dash

=====							
55 MSO: \$	7.46	8/11/2018	Sandy Triolo, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
1	Battle, Tracey		W59 Silver Spring, MD	8.14	8.39	-0.2	6
2	Scott, Marioky		W57 Alexandria, VA		8.65	-0.2	6
3	Homar, Joy		W59 Mc Henry, MD	8.28	9.05	-0.2	6
4	Wilson, Laura		W56 Mount Rainier, MD		9.12	-0.2	6

W60 50 Meter Dash

=====							
60 MSO: \$	8.39	2022	Marguerite Matthews, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
1	Matthews, Marguerite		W64 Upper Marlboro, MD	8.26	8.34	-1.4	5
2	Ogrodnik, Jennifer		W61 Hillsborough, NJ		9.66	-1.4	5
3	Limon, Susana		W63 University Park, MD		12.81	-1.4	5

W65 50 Meter Dash

=====							
65 MSO: \$	8.97	2021	Claudia Simpson, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
1	Beckles, Beverley		W69 Una	8.26	8.65	-2.5	4
2	Good, Keg		W69 Woodstock, VA		10.67	-2.5	4
3	Banes, Eloisa		W66 Hagerstown, MD		11.22	-2.5	4
4	Giannini, Regina		W69 Towson, MD		11.24	-2.5	4

W70 50 Meter Dash

=====							
70 MSO: \$	10.69	2022	Wandajean Abiera, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
1	Holder, Angela		W73 Una	9.70	9.80	-0.6	3
2	Rankins, Claudia		W73 Powhatan, VA	0.10	10.14	-0.6	3
3	Esumi, Noriko		W73 Lutherville, MD	10.70	10.52	-0.6	3
4	row, elizabeth		W71 Arlington, VA	0.11	11.35	-0.6	3

W75 50 Meter Dash

=====							
75 MSO: \$	9.54	8/12/2017	Rose Green, MD				
Name		Age	Team	Seed	Finals	Wind H#	Points
=====							
1	Chu, Nancy		W76 Silver Spring, MD		9.42	-0.6	2
2	Saner, Mary		W76 Chestertown, MD	6.68	11.37	-0.6	2
3	Dew, Rosemary		W76 Frederick, MD	11.77	11.49	-0.6	2

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....W75 50 Meter Dash**

4 Abiera, Wandagean	W77 Finksburg, MD	11.05	11.83	-0.6	2
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W80 50 Meter Dash

=====					
80 MSO: \$ 9.48	2019	Rose Green, MD			
Name	Age	Team	Seed	Finals	Wind Points
=====					
1 Andrews, Peggy		W83 Ellicott City, MD		12.34	-0.4
2 Schulman, Carol		W82 Bethesda, MD		14.56	-0.4

W85 50 Meter Dash

=====					
85 MSO: \$ 10.93	2023	Rose Green, MD			
Name	Age	Team	Seed	Finals	Wind H# Points
=====					
1 Green, Rose		W88 Upper Marlboro, MD		15.23	-1.4 5

M50 50 Meter Dash

=====					
50 MSO: \$ 6.43	2022	Adeniran Epebinaude, MD			
Name	Age	Team	Seed	Finals	Wind H# Points
=====					
1 Talley, Shawn		M54 Columbia, MD	6.67	7.06	-1.5 10
2 Lunasin, Rodolfo		M54 Silver Spring, MD	7.06	7.37	-1.5 10
3 Trach, Andrei		M53 Laurel, MD		7.47	-1.5 10
4 Petrelli, Luca		M53 Ijamsville, MD		7.52	-1.5 10

M55 50 Meter Dash

=====					
55 MSO: \$ 6.59	8/11/2018	Don McGee, MD			
Name	Age	Team	Seed	Finals	Wind H# Points
=====					
1 Epebinuade, Adeniran		M55 Odenton, MD	4.03	6.57	-0.1 9
2 Yee, Kam		M56 Gaithersburg, MD	7.35	7.52	-0.1 9
3 Waters, Donald		M57 Reisterstown, MD	7.66	7.57	-0.1 9
4 Wilcox, Timothy		M59 Ellicott City, MD		8.50	-0.1 9

M60 50 Meter Dash

=====					
60 MSO: \$ 6.74	2022	Jeff Gold, MD			
Name	Age	Team	Seed	Finals	Wind H# Points
=====					
1 Barrett, Owen		M64 Bronx, NY	7.10	7.12	-0.5 7
2 Brague, James		M63 Montoursville, PA	7.40	7.29	-0.5 7
3 Muhammad, Curtis		M61 Columbia, MD	7.55	8.11	-0.8 8
4 Samiec, James		M60 Trappe, MD		8.14	-0.8 8
5 owens, keith		M63 Baltimore, MD	4.37	8.45	-0.5 7

M65 50 Meter Dash

=====					
65 MSO: \$ 7.10	2022	Thomas Jones, MD			
Name	Age	Team	Seed	Finals	Wind H# Points
=====					
1 Tolin, Zac		M65 Rockville, MD		7.25	-0.1 6

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....M65 50 Meter Dash**

2 Kirkland, Walter	M68 Laurel, MD	2:56.20	7.55	-0.1	6
3 Bivins, James	M65 Baltimore, MD	7.77	8.07	-0.1	6
4 Smith, James	M68 Cockeysville, MD	0.09	8.22	-0.1	6
5 Morris, Gene	M68 Upper Chichester, P	8.50	8.42	-0.1	6
6 Roche, Sidney	M66 Silver Spring, MD		9.64	-0.1	6

M70 50 Meter Dash

=====						
70 MSO: \$ 7.48 2019	Ethelbert Peters, MD					
Name	Age Team	Seed	Finals	Wind H#	Points	
=====						
1 Waithe, Roland	M71 Una	4.80	7.63	-0.6	4	
2 Markley, Anthony	M72 Boston, VA	7.48	7.66	-0.6	4	
3 Harris, Scott	M71 Silver Spring, MD	7.39	7.73	-0.6	4	
4 Bowen, Robert	M74 Martinsburg, WV	7.25	7.74	-0.6	4	
5 Texier, Burlin Matthew	M70 West River, MD		8.79	-1.7	5	
6 Cordes, Michael	M71 Crofton, MD		10.33	-1.7	5	

M75 50 Meter Dash

=====						
75 MSO: \$ 8.04 2013	Robert Paulen, MD					
Name	Age Team	Seed	Finals	Wind H#	Points	
=====						
1 Ponder, David	M75 Edgewater, MD	8.50	8.24	0.4	3	
2 guy, joseph	M79 leonardtown, MD	9.50	9.22	0.4	3	

M80 50 Meter Dash

=====						
80 MSO: \$ 8.44 8/11/2018	Larry Colbert, MD					
Name	Age Team	Seed	Finals	Wind H#	Points	
=====						
1 Norville, Mark	M82 Una	7.95	8.18	-2.0	2	
2 Godwin, Paul	M82 Middle River, MD		10.37	-2.0	2	
3 Guinn, Michael	M81 Rockingham, VA	9.34	11.09	-2.0	2	
4 Teper, Stuart	M83 West Friendship, MD		12.30	-2.0	2	
5 Vasholz, David	M83 Columbia, MD		13.95	-2.0	2	

M85 50 Meter Dash

=====						
85 MSO: \$ 9.83 2019	Marshall Thompson, MD					
Name	Age Team	Seed	Finals	Wind	Points	
=====						
1 Nanto, Dick	M85 Clifton, VA		11.02	-1.0		
2 Noble, John	M89 Bethesda, MD		13.34	-1.0		
3 Sadin, Edwin	M85 Hillsborough, NJ		20.94	-1.0		

M90 50 Meter Dash

=====						
90 MSO: \$ 10.42 2023	Marshall Thompson, MD					
Name	Age Team	Seed	Finals	Wind	Points	
=====						
1 Thompson, Marshall	M93 Windsor Mill, MD		11.10	-1.0		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W50 100 Meter Dash**

=====							
50 MSO: \$ 13.72		2004	Helen Hayes, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Ewing, Tiombe		W51 Philadelphia, PA		15.61	-1.1	6	
2 Washington, Daphne		W54 Cockeysville, MD	17.29	17.74	-1.1	6	
3 Ingles, Penelope		W50 Arlington, VA		20.95	-1.1	6	
4 Dennis, Robin		W51 Chantilly, VA	0.15	21.13	-1.1	6	

W55 100 Meter Dash

=====							
55 MSO: \$ 14.05		2006	Helen Hayes, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Scott, Marioky		W57 Alexandria, VA		16.92	-1.1	6	
2 Homar, Joy		W59 Mc Henry, MD	16.14	17.20	-1.1	6	
3 Wilson, Laura		W56 Mount Rainier, MD		17.51	-1.1	6	

W60 100 Meter Dash

=====							
60 MSO: \$ 15.48		2003	Carmen Campbell, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Matthews, Marguerite		W64 Upper Marlboro, MD	15.96	15.66	-0.6	5	
2 Zelaya, Pamela		W61 Towson, MD		16.72	-0.6	5	
3 Ozga, Natalie		W60 Hunt valley, MD		18.14	-0.6	5	
4 Ogrodnik, Jennifer		W61 Hillsborough, NJ		18.87	-0.6	5	
5 Mariotti, Annarita		W60 Silver Spring, MD	17.30	19.68	-0.6	5	
6 Limon, Susana		W63 University Park, MD		26.02	-0.6	5	

W65 100 Meter Dash

=====							
65 MSO: \$ 14.94		1999	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Beckles, Beverley		W69 Una	15.80	16.16	-1.9	4	
2 Good, Keg		W69 Woodstock, VA		19.87	-1.9	4	
3 Hampton, Carol		W67 Seat Pleasant, MD		20.47	-1.9	4	
4 Banes, Eloisa		W66 Hagerstown, MD		22.04	-1.9	4	
5 Kirkup, Claudia		W67 Annapolis, MD		23.69	-1.9	4	
6 Giannini, Regina		W69 Towson, MD		23.76	-1.9	4	

W70 100 Meter Dash

=====							
70 MSO: \$ 16.12		2004	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Holder, Angela		W73 Una	18.46	18.85	-1.9	3	
2 Phillips, Hannah		W74 Alexandria, VA		18.92	-1.9	3	
3 Rankins, Claudia		W73 Powhatan, VA		20.02	-1.9	3	
4 Esumi, Noriko		W73 Lutherville, MD	20.33	20.33	-1.9	3	
5 row, elizabeth		W71 Arlington, VA	0.22	22.99	-1.9	3	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W75 100 Meter Dash**

=====							
75 MSO: \$ 16.91	8/14/2016	Rose Green, MD					
Name	Age	Team	Seed	Finals	Wind H#	Points	
=====							
1 Chu, Nancy		W76 Silver Spring, MD		18.52	-0.4	2	
2 Saner, Mary		W76 Chestertown, MD	13.10	22.70	-0.4	2	
3 Dew, Rosemary		W76 Frederick, MD	23.53	24.03	-0.4	2	
4 Abiera, Wandagean		W77 Finksburg, MD	21.49	55.15	-0.4	2	

W80 100 Meter Dash

=====						
80 MSO: \$ 18.00	8/11/2018	Rose Green, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Berger, Nancy		W81 Hunt Valley, MD	0.30	24.03	-0.7	
2 Andrews, Peggy		W83 Ellicott City, MD		24.99	-0.7	
3 Schulman, Carol		W82 Bethesda, MD		29.50	-0.7	

M50 100 Meter Dash

MSO: \$ 11.23		2006		Oscar Peyton			
Name	Age	Team	Seed	Finals	Wind	Points	
1 Talley, Shawn	M54	Columbia, MD	12.19	12.81	-0.3		
2 Lunasin, Rodolfo	M54	Silver Spring, MD	14.23	13.90	-0.3		

M55 100 Meter Dash

MSO: \$ 11.89		2010	Oscar Peyton				
Name	Age	Team	Seed	Finals	Wind	Points	
1 Epebinuade, Adeniran	M55	Odenton, MD		11.98	-0.9		
2 Waters, Donald	M57	Reisterstown, MD	15.16	13.92	-0.9		
3 Yee, Kam	M56	Gaithersburg, MD	7.35	14.14	-0.9		
4 Bayone, Zachary	M59	Rockville, MD	13.65	14.88	-0.9		
5 Wilcox, Timothy	M59	Ellicott City, MD		16.26	-0.9		

M60 100 Meter Dash

MSO: \$ 11.53 1994								Joseph Hemler	
Name		Age	Team	Seed	Finals	Wind	H#	Points	
1	Brague, James	M63	Montoursville, PA	13.77	14.04	-1.2	2		
2	owens, keith	M63	Baltimore, MD		14.38	-1.1	1		
3	Boccard, Paul	M63	Severn, MD	14.84	14.39	-1.1	1		
4	Muhammad, Curtis	M61	Columbia, MD	13.90	15.34	-1.1	1		
5	Switzer, Daniel	M61	Montgomery Village,	0.17	16.02	-1.2	2		
6	Hay, Joseph	M62	Souderton, PA	16.05	18.31	-1.1	1		

M65 100 Meter Dash

=====							
MSO: \$ 12.93		8/11/2018	Oscar Peyton, MD				
Name		Age	Team	Seed	Finals	Wind	Points
=====							
1	Tolin, Zac		M65 Rockville, MD		13.49	-1.7	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....M65 100 Meter Dash**

2 Kirkland, Walter	M68 Laurel, MD	5:13.40	14.04	-1.7
3 Smith, James	M68 Cockeysville, MD	0.15	15.58	-1.7
4 Bivins, James	M65 Baltimore, MD	15.07	15.68	-1.7
5 Morris, Gene	M68 Upper Chichester, P	15.90	16.01	-1.7
6 Roche, Sidney	M66 Silver Spring, MD		19.41	-1.7
7 Axenfeld, stuart	M65 Silver Spring, MD		45.01	-1.7

M70 100 Meter Dash

=====						
MSO: \$ 13.16 1990		Edward Matthews Jr.				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Waithe, Roland	M71	Una	8.40	14.08	-0.2	2
2 Bowen, Robert	M74	Martinsburg, WV	13.84	14.32	-0.2	2
3 Markley, Anthony	M72	Boston, VA	14.76	14.40	-0.2	2
4 Harris, Scott	M71	Silver Spring, MD	14.08	14.70	-0.2	2
5 Texier, Burlin Matthew	M70	West River, MD		17.01	-1.6	1
6 Kirisci, Kemal	M72	Rockville, MD		17.71	-1.6	1
7 Gant, Bernard	M70	Lumberton, NC		19.26	-1.6	1

M75 100 Meter Dash

=====						
75 MSO: \$ 14.24 2005		James Stookey				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Ponder, David	M75	Edgewater, MD	0.16	15.76	-0.3	3
2 Allen, Glen	M75	Baltimore, MD		15.97	-0.3	3
3 guy, joseph	M79	leonardtown, MD	0.18	22.89	-0.3	3

M80 100 Meter Dash

=====						
80 MSO: \$ 15.50 2005		Charles Wilson				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Norville, Mark	M82	Una	15.06	14.91	-0.5	2
2 Guinn, Michael	M81	Rockingham, VA	20.05	19.64	-0.5	2
3 Godwin, Paul	M82	Middle River, MD		20.34	-0.5	2
4 Teper, Stuart	M83	West Friendship, MD		23.46	-0.5	2

M85 100 Meter Dash

=====						
85 MSO: \$ 17.06 2009		Charles Wilson				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Nanto, Dick	M85	Clifton, VA		21.47	-0.6	
2 Noble, John	M89	Bethesda, MD		33.21	-0.6	

M90 100 Meter Dash

=====						
90 MSO: \$ 19.97 2024		Marshall Thompson				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Thompson, Marshall	M93	Windsor Mill, MD		22.71	-0.6	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W50 200 Meter Dash**

=====							
50 MSO: \$ 27.73		2002	Hellen Hayes, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Ewing, Tiombe		W51 Philadelphia, PA	0.30	32.75	-1.6	4	
2 Dennis, Robin		W51 Chantilly, VA	0.35	49.82	-1.6	4	

W55 200 Meter Dash

=====							
55 MSO: \$ 29.15		2006	Hellen Hayes, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Scott, Marioky		W57 Alexandria, VA		35.76	-1.6	4	
2 Homar, Joy		W59 Mc Henry, MD	34.65	38.65	-1.6	4	

W60 200 Meter Dash

=====							
60 MSO: \$ 33.82		2013	Claudia Simpson, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Matthews, Marguerite		W64 Upper Marlboro, MD	34.48	34.20	-0.9	3	
2 Lawson, Denise		W60 Springfield, VA		37.68	-0.9	3	
3 Ozga, Natalie		W60 Hunt valley, MD		38.43	-0.9	3	
4 Lerner, Robin		W63 Bethesda, MD	0.80	47.98	-0.9	3	

W65 200 Meter Dash

=====							
65 MSO: \$ 32.08		1999	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Beckles, Beverley		W69 Una	33.16	37.79	-1.8	2	
2 Hampton, Carol		W67 Seat Pleasant, MD		44.97	-1.8	2	
3 Good, Keg		W69 Woodstock, VA		45.56	-1.8	2	

W70 200 Meter Dash

=====							
70 MSO: \$ 33.25		2004	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	Points	
=====							
1 Holder, Angela		W73 Una	41.27	42.89	-1.9		
2 Rankins, Claudia		W73 Powhatan, VA	43.50	44.59	-1.9		
3 Esumi, Noriko		W73 Lutherville, MD	44.22	45.82	-1.9		

W75 200 Meter Dash

=====							
75 MSO: \$ 36.75		8/13/2017	Rose Green, MD				
Name	Age	Team	Seed	Finals	Wind	Points	
=====							
1 Abiera, Wandagean		W77 Finksburg, MD	44.05	52.75	-1.9		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W80 200 Meter Dash**

=====						
80 MSO: \$ 38.13	8/12/2018	Rose Green, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Berger, Nancy	W81	Hunt Valley, MD	0.40	57.20	-1.9	
2 Andrews, Peggy	W83	Ellicott City, MD		1:04.74	-1.9	

M50 200 Meter Dash

=====						
50 MSO: \$ 23.70	2003	Oscar Peyton, MD				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Talley, Shawn	M54	Columbia, MD	24.53	25.84	-0.5	9
2 Sandi, Gustavo	M54	Clarksburg, MD	24.00	30.41	-0.5	9
3 Tominack, Alan	M54	Ellicott City, MD		42.90	-0.5	9

M55 200 Meter Dash

=====						
55 MSO: \$ 23.69	2008	Oscar Peyton, MD				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Epebinuade, Adeniran	M55	Odenton, MD		24.81	-0.5	9
2 Yee, Kam	M56	Gaithersburg, MD	29.50	29.22	-0.6	8
3 Bayone, Zachary	M59	Rockville, MD	26.56	29.98	-0.6	8
4 Washington, Marc	M59	Laurel, MD	0.40	30.71	-0.6	8
5 Wilcox, Timothy	M59	Ellicott City, MD		37.43	-0.6	8

M60 200 Meter Dash

=====						
60 MSO: \$ 23.74	2012	Oscar Peyton, MD				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Cureton, Benjamin	M61	Fayetteville, NC	10:22.20	27.84	-1.7	7
2 Barrett, Owen	M64	Bronx, NY	26.30	28.14	-2.2	6
3 Howard, Brian	M62	Woodbridge, VA	28.54	28.52	-1.7	7
4 Forsythe, Robert	M60	Annandale, VA	0.28	29.46	-2.2	6
5 Gibson, Harris	M62	Franklinville, NJ	0.29	29.48	-2.2	6
6 Bague, James	M63	Montoursville, PA	28.34	29.94	-1.7	7
7 Bocard, Paul	M63	Severn, MD	31.86	30.09	-1.7	7
8 Muhammad, Curtis	M61	Columbia, MD	29.88	34.12	-1.7	7

M65 200 Meter Dash

=====						
65 MSO: \$ 26.44	8/12/2018	Oscar Peyton, MD				
Name	Age	Team	Seed	Finals	Wind	H# Points
=====						
1 Tolin, Zac	M65	Rockville, MD		32.89	-1.6	5
2 Smith, James	M68	Cockeysville, MD	0.34	36.70	-1.6	5
3 Wolniak, Matthew	M67	Cockeysville, MD	0.35	36.80	-1.6	5
4 Brooks, Doug	M65	Hampstead, MD	0.42	42.31	-1.6	5

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M70 200 Meter Dash**

=====							
70 MSO: \$ 27.63	1992	Edward Matthews Jr., MD					
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Waithe, Roland	M71	Una	18.00	29.40	-1.4	3	
2 Markley, Anthony	M72	Boston, VA	31.13	29.89	-1.4	3	
3 Harris, Scott	M71	Silver Spring, MD		30.97	-0.1	4	
4 Gant, Bernard	M70	Lumberton, NC		35.49	-0.1	4	
5 Kirisci, Kemal	M72	Rockville, MD		36.77	-0.1	4	
6 Texier, Burlin Matthew	M70	West River, MD		36.95	-0.1	4	
7 Bowen, Robert	M74	Martinsburg, WV	28.88	37.87	-1.4	3	

M75 200 Meter Dash

=====							
75 MSO: \$ 29.82	2005	James Stookey, MD					
Name	Age	Team	Seed	Finals	Wind	H#	Points
=====							
1 Allen, Glen	M75	Baltimore, MD	20.40	34.35	-0.5	2	
2 Strouss, Mack	M78	Annapolis, MD	0.36	38.77	-0.5	2	
3 gyaki, eric	M78	glen burnie, MD	0.55	50.51	-0.5	2	
4 Schumacher, Fred	M79	Frederick, MD	0.66	56.25	-0.5	2	

M80 200 Meter Dash

=====							
80 MSO: \$ 34.29	8/13/2017	Larry Colbert, MD					
Name	Age	Team	Seed	Finals	Wind	Points	
=====							
1 Norville, Mark	M82	Una	31.40	32.19	-2.3		
2 Guinn, Michael	M81	Rockingham, VA	40.04	43.35	-2.3		
3 Teper, Stuart	M83	West Friendship, MD		52.25	-2.3		

W50 400 Meter Dash

=====							
50 MSO: \$ 1:05.77	2019	Charmaine Roberts, MD					
Name	Age	Team	Seed	Finals	H#	Points	
=====							
1 Ewing, Tiombe	W51	Philadelphia, PA	0.77	1:28.23	3		

W55 400 Meter Dash

=====							
55 MSO: \$ 1:12.42	2011	Alison Suckling, MD					
Name	Age	Team	Seed	Finals	H#	Points	
=====							
1 Homar, Joy	W59	Mc Henry, MD		1:34.02	3		

W60 400 Meter Dash

=====							
60 MSO: \$ 1:04.19	2023	Louise Kelly, MD					
Name	Age	Team	Seed	Finals	H#	Points	
=====							
1 Ogrodnik, Jennifer	W61	Hillsborough, NJ		1:56.46	3		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W65 400 Meter Dash**

=====						
65 MSO: \$ 1:20.24 1999 Audrey Lary, MD						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Hayden, Julie		W66 Lake Frederick, VA	45.60	1:18.25	2	
2 Snyder, Susan		W65 Lewes, DE	0.84	1:29.71	2	
3 Beckles, Beverley		W69 Una		1:38.52	2	
4 Kirkup, Claudia		W67 Annapolis, MD		1:43.74	2	
5 Banes, Eloisa		W66 Hagerstown, MD		2:08.63	2	

W70 400 Meter Dash

=====						
70 MSO: \$ 1:26.36 2008 Audrey Lary, MD						
Name	Age	Team	Seed	Finals	Points	
=====						
1 Phillips, Hannah		W74 Alexandria, VA	1:00.60	1:41.27		
2 Esumi, Noriko		W73 Lutherville, MD	1:10.98	1:55.18		
3 Holder, Angela		W73 Una		2:07.01		

W80 400 Meter Dash

=====						
80 MSO: \$ 1:45.27 8/11/2018 Rose Green, MD						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Berger, Nancy		W81 Hunt Valley, MD	0.02	2:23.16	1	
2 Andrews, Peggy		W83 Ellicott City, MD		3:03.52	2	

M50 400 Meter Dash

=====						
50 MSO: \$ 55.04 8/14/2016 John Curtis, MD						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Berk, Jason		M53 Silver Spring, MD		1:05.31	7	
2 Lunasin, Rodolfo		M54 Silver Spring, MD	1:08.90	1:07.37	7	
3 Sandi, Gustavo		M54 Clarksburg, MD	51.00	1:15.28	7	

M55 400 Meter Dash

=====						
55 MSO: \$ 55.49 2008 Thomas Jones, MD						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Epebinuade, Adeniran		M55 Odenton, MD		1:00.70	7	
2 Yee, Kam		M56 Gaithersburg, MD	1:05.20	1:05.91	7	

M60 400 Meter Dash

=====						
60 MSO: \$ 57.94 1997 Lawrence Colbert, MD						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 curtis, john		M61 Abingdon, MD	0.59	59.23	5	
2 Howard, Brian		M62 Woodbridge, VA	1:00.85	1:01.82	6	
3 Forsythe, Robert		M60 Annandale, VA	0.61	1:01.91	5	
4 Jones, Windsor		M61 Bel Air, MD	1:04.50	1:07.15	6	
5 Hay, Joseph		M62 Souderton, PA	1:23.50	1:24.38	6	
6 Winkert, Tom		M62 Rockville, MD	0.85	1:29.44	5	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M65 400 Meter Dash**

=====						
65 MSO: \$ 1:04.89	2019	Glen Allen, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Smith, James	M68	Cockeysville, MD	0.75	1:14.87	4	
2 Graziano, Michael	M69	Yardley, PA	0.93	1:26.38	4	
3 Brooks, Doug	M65	Hampstead, MD	1.26	1:53.99	4	
4 Harris, Lynn	M69	Baltkmore, MD		2:44.84	4	

M70 400 Meter Dash

=====						
70 MSO: \$ 1:06.04	2010	Alby Williams, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 vanderhoof, gary	M70	washington, DC	0.68	1:08.22	3	
2 Waithe, Roland	M71	Una	48.00	1:20.90	3	
3 Gant, Bernard	M70	Lumberton, NC		1:33.81	3	

M75 400 Meter Dash

=====						
75 MSO: \$ 1:19.00	1991	Earl Wentz, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Allen, Glen	M75	Baltimore, MD	47.45	1:17.97	2	
2 Moon, Richard	M79	Charlottesville, VA	0.90	1:28.13	2	
3 Lewis, Norman	M77	Pullman, WA	0.85	1:29.74	2	
4 Hartsock, Robert	M79	Towson, MD		1:44.40	2	
5 gyaki, eric	M78	glen burnie, MD		1:51.80	2	
6 Schumacher, Fred	M79	Frederick, MD	1.44	2:12.31	2	

M80 400 Meter Dash

=====						
80 MSO: \$ 1:29.00	2006	Bernie Fowler, MD				
Name	Age	Team	Seed	Finals	Points	
=====						
1 Norville, Mark	M82	Una	1:16.55	1:28.67		
2 Guinn, Michael	M81	Rockingham, VA	1:32.75	1:38.97		
3 Dwyer, Louis	M83	Chester, MD	0.99	1:50.07		

M85 400 Meter Dash

=====						
85 MSO: \$ 1:43.98	2009	Bernie Fowler, MD				
Name	Age	Team	Seed	Finals	Points	
=====						
1 Besner, Arthur	M86	Rockville, MD	1:39.01	2:34.16		

W50 800 Meter Run

=====						
50 MSO: \$ 2:43.22	8/14/2016	Louise Kelley, MD				
Name	Age	Team	Seed	Finals	Points	
=====						
1 Bradecamp, Etta	W53	Fredericksburg, VA	1.95	3:11.25		
2 Washington, Daphne	W54	Cockeysville, MD	2:22.19	4:02.85		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W55 800 Meter Run**

=====					
55 MSO: \$ 2:41.51	8/12/2018	Louise Kelley, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Homar, Joy	W59	Mc Henry, MD	2:15.34	3:38.05	

W60 800 Meter Run

=====					
60 MSO: \$ 3:14.00	1996	Tami Graf, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Kelley, Louise	W63	Potomac, MD	1.95	3:12.04	
2 Lawson, Denise	W60	Springfield, VA		3:35.19	
3 Lerner, Robin	W63	Bethesda, MD	2.20	3:38.41	

W65 800 Meter Run

=====					
65 MSO: \$ 3:20.37	2013	Margaret Rosasco, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Hayden, Julie	W66	Lake Frederick, VA	1:01.40	2:51.84	
2 Kirkup, Claudia	W67	Annapolis, MD		3:41.43	
3 Eichberg, Carolyn	W68	Potomac, MD	2:14.69	3:46.14	
4 Banes, Eloisa	W66	Hagerstown, MD		4:47.24	

W70 800 Meter Run

=====					
70 MSO: \$ 3:48.80	1995	Donna Brill, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Esumi, Noriko	W73	Lutherville, MD	2.80	4:33.26	

W80 800 Meter Run

=====					
80 MSO: \$ 4:39.00	1998	Anna Romagna, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Berger, Nancy	W81	Hunt Valley, MD	4.30	5:01.92	

M55 800 Meter Run

=====					
55 MSO: \$ 2:14.50	2008	Joseph Burno, MD			
Name	Age	Team	Seed	Finals	H# Points
=====					
1 Yee, Kam	M56	Gaithersburg, MD	1:52.43	2:33.72	2
2 Karlin, Michael	M55	Bethesda, MD	1.50	2:40.54	2

M60 800 Meter Run

=====					
60 MSO: \$ 2:23.35	2023	David Pinkham, MD			
Name	Age	Team	Seed	Finals	H# Points
=====					
1 Forsythe, Robert	M60	Annandale, VA	1.47	2:31.31	2
2 Feinberg, Michael	M63	Bel Air, MD	1.78	3:09.24	2
3 Winkert, Tom	M62	Rockville, MD	2.10	3:18.20	2

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....M60 800 Meter Run**

4 Flax, David	M60 Baltimore, MD	4:01.45	2
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M65 800 Meter Run

65 MSO: \$ 2:38.10	2019	Imants Platais, MD			
Name	Age	Team	Seed	Finals	Points
1 Smith, James	M68	Cockeysville, MD	1.75	2:56.63	
2 Wolniak, Matthew	M67	Cockeysville, MD	1.89	3:15.21	
3 Andrews, Philip	M67	Gaithersburg, MD	1:49.75	3:20.56	

M70 800 Meter Run

70 MSO: \$ 2:52.84	2008	Oliver Grant, MD			
Name	Age	Team	Seed	Finals	H# Points
1 vanderhoof, gary	M70	washington, DC	2:01.10	2:44.13	2
2 Greco, Christopher	M71	Youngsville, NC	2.18	3:55.58	1

M75 800 Meter Run

75 MSO: \$ 3:05.64	2013	Oliver Grant, MD			
Name	Age	Team	Seed	Finals	Points
1 Allen, Glen	M75	Baltimore, MD	2.05	3:23.95	
2 gyaki, eric	M78	glen burnie, MD		4:32.00	
3 lichtman, allan	M79	Bethesda, MD	2.60	5:25.88	

M80 800 Meter Run

80 MSO: \$ 3:30.78	8/14/2016	Oliver Grant, MD			
Name	Age	Team	Seed	Finals	Points
1 Guinn, Michael	M81	Rockingham, VA	2:28.67	4:05.15	
2 Dwyer, Louis	M83	Chester, MD	2.25	4:10.08	

M90 800 Meter Run

90 MSO: \$ 6:46.13	2024	Herman Blinchikoff, MD			
Name	Age	Team	Seed	Finals	Points
1 Blinchikoff, Herman	M92	Pikesville, MD		7:42.21	

W50 1500 Meter Run

50 MSO: \$ 5:50.29	2014	Jeannette Lussi, MD			
Name	Age	Team	Seed	Finals	Points
1 Bradecamp, Etta	W53	Fredericksburg, VA	4.05	6:46.88	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W55 1500 Meter Run**

=====					
55 MSO: \$ 5:29.73	8/11/2018	Louise Kelley, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 R. Bey, Yasmin		W56 Glen Burnie, MD	5:40.00	12:28.82	

W65 1500 Meter Run

=====					
65 MSO: \$ 7:13.90	2000	Joanne Mallet, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Hayden, Julie		W66 Lake Frederick, VA	2:13.00	6:05.05	
2 Kirkup, Claudia		W67 Annapolis, MD		7:20.74	
3 Marco, Catherine		W66 Hummelstown, PA	4.70	7:41.18	
4 Eichberg, Carolyn		W68 Potomac, MD	4:34.73	7:43.22	

W70 1500 Meter Run

=====					
70 MSO: \$ 7:30.40	2006	Tami Graf, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Mayhugh, Mary Lowe		W70 Washington, DC	4.80	7:17.93	
2 Esumi, Noriko		W73 Lutherville, MD		10:56.95	

W80 1500 Meter Run

=====					
80 MSO: \$ 9:55.94	8/14/2016	Tami Graf, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Berger, Nancy		W81 Hunt Valley, MD		10:20.23	

W85 1500 Meter Run

=====					
85 MSO: \$ 12:41.44	2021	Tami Graf, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Doane, Patricia		W85 Rockville, MD	10:20.00	14:25.30	

M50 1500 Meter Run

=====					
50 MSO: \$ 4:43.00	1996	James Wich, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Lucas, Keith		M51 Phoenix, MD	3.14	5:03.13	

M55 1500 Meter Run

=====					
55 MSO: \$ 4:40.64	2008	Joseph Burno, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Yee, Kam		M56 Gaithersburg, MD	3:23.22	5:27.83	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M60 1500 Meter Run**

=====					
60 MSO: \$ 4:57.02	2024	David Pinkham, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Switzer, Daniel	M61 Montgomery Village,	3.07	6:04.51		
2 Feinberg, Michael	M63 Bel Air, MD	3.60	6:34.81		
3 Poirier, Gregory	M60 Gwynn Oak, MD	3.96	6:51.54		
4 Winkert, Tom	M62 Rockville, MD	4.15	7:01.78		
5 Flax, David	M60 Baltimore, MD		10:02.23		

M65 1500 Meter Run

=====					
65 MSO: \$ 5:36.17	8/11/2018	Imants Platais, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Smith, James	M68 Cockeysville, MD	3.75	6:05.68		
2 Andrews, Philip	M67 Gaithersburg, MD	3:39.50	6:40.50		

M70 1500 Meter Run

=====					
70 MSO: \$ 5:51.92	2008	Oliver Grant, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Wright, Billy	M74 Newark, DE	3.90	6:47.95		

M75 1500 Meter Run

=====					
75 MSO: \$ 6:22.18	2013	Oliver Grant, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 gyaki, eric	M78 glen burnie, MD		8:59.62		
2 lichtman, allan	M79 Bethesda, MD	5.70	11:59.97		

M80 1500 Meter Run

=====					
80 MSO: \$ 7:12.85	8/14/2016	Oliver Grant, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Dwyer, Louis	M83 Chester, MD	4.40	8:21.40		

M85 1500 Meter Run

=====					
85 MSO: \$ 10:13.54	2009	Charles Boyle, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Schwartz, Phillip	M85 Rockville, MD		13:34.04		

W50 High Jump

=====					
50 MSO: \$ 4-01.25	2015	Angela Sappington			
Name	Age Team	Seed	Finals	Points	
=====					
1 McFarland, Casandra	W52 Kensington, MD		0.75m	2-05.50	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W65 High Jump**

=====					
65 MSO: \$	4-04	2002	Evelyn Wright		
Name	Age	Team	Seed	Finals	Points
=====					
1 Clemmons, Patricia		W67 Crestview, FL		0.75m	2-05.50

M50 High Jump

=====					
50 MSO: \$	5-06.25	2006	Michael Graham		
Name	Age	Team	Seed	Finals	Points
=====					
1 Petrelli, Luca		M53 Ijamsville, MD	1.40m	J1.35m	4-05.00
2 Flowers, Doran		M54 Bethesda, MD	1.35m	J1.35m	4-05.00

M55 High Jump

=====					
55 MSO: \$	5-07	2007	Michael Graham		
Name	Age	Team	Seed	Finals	Points
=====					
1 Wilcox, Timothy		M59 Ellicott City, MD		J1.15m	3-09.25

M60 High Jump

=====					
60 MSO: \$	5-03	2021	John Porter		
Name	Age	Team	Seed	Finals	Points
=====					
1 Todd, Mark		M62 Silver Spring, MD	2.28m	1.53m	5-00.25
2 Werber, Scott		M63 Olney, MD	1.35m	1.40m	4-07.00
3 Bague, James		M63 Montoursville, PA	1.25m	1.35m	4-05.00
4 Gottlieb, Matthew		M63 Fairfax, VA	1.20m	J1.30m	4-03.25
5 Murray, Alan		M64 Crofton, MD	1.20m	J1.20m	3-11.25
6 Bocard, Paul		M63 Severn, MD	1.25m	J1.20m	3-11.25

M65 High Jump

=====					
65 MSO: \$	4-08	1995	James Stookey		
Name	Age	Team	Seed	Finals	Points
=====					
1 Brice, Raymond		M65 Reston, VA	1.34m	J1.35m	4-05.00
2 Poole, Stephen		M69 Beltsville, MD	1.21m	J1.20m	3-11.25

M70 High Jump

=====					
70 MSO: \$	4-06	1999	Frederick Everhart, MD		
Name	Age	Team	Seed	Finals	Points
=====					
1 Markley, Anthony		M72 Boston, VA	4-01.50	1.31m	4-03.50
2 Kopp, Steven		M73 Harrisonburg, VA	3-11.50	1.15m	3-09.25
3 Nakazawa, Muraji		M70 Great Falls, VA	3-11.25	1.00m	3-03.25

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M75 High Jump**

75 MSO: \$ 4-07 2002 Frederick Everhart, MD						
Name	Age	Team	Seed	Finals	Points	
1 Dahlen, Henry	M78	Ellicott City, MD	3-11.50	1.15m	3-09.25	

M85 High Jump

85 MSO: \$ 3-10 2009 Charles Wilson, MD						
Name	Age	Team	Seed	Finals	Points	
1 Stamm, Bernhard	M87	Ashburn, VA	4-00.50	1.28m	4-02.25	

W80 Pole Vault

Name	Age	Team	Seed	Finals	Points	
1 Berger, Nancy	W81	Hunt Valley, MD	1.17m	0.90m	2-11.50	

M50 Pole Vault

50 MSO: \$ 11-06 1999 Tomlinson Rauscher						
Name	Age	Team	Seed	Finals	Points	
1 Hoover, Robert	M53	Woodbridge, VA	3.50m	1.05m	3-05.25	
1 Flowers, Doran	M54	Bethesda, MD	1.96m	1.05m	3-05.25	

M60 Pole Vault

60 MSO: \$ 10-00 2008 Tomlinson Rauscher						
Name	Age	Team	Seed	Finals	Points	
1 Boccard, Paul	M63	Severn, MD	2.30m	1.05m	3-05.25	
2 Bague, James	M63	Montoursville, PA	0.02m	J1.05m	3-05.25	

M65 Pole Vault

65 MSO: \$ 8-06 1993 Elmer Hall/Samuel Griffith (1991)						
Name	Age	Team	Seed	Finals	Points	
1 Brice, Raymond	M65	Reston, VA	0.02m	1.05m	3-05.25	

M70 Pole Vault

70 MSO: \$ 8-00 2003 James Condell/Samuel Griffith (1997)						
Name	Age	Team	Seed	Finals	Points	
1 Greco, Christopher	M71	Youngsville, NC	1.67m	J0.90m	2-11.50	

W50 Long Jump Standing

50 MSO: \$ 6-08.50 2005 Cluadia Simpson, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 McFarland, Casandra	W52	Kensington, MD		1.92m	NWI	6-03.75

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W50 Long Jump Running**

=====						
50 MSO: \$ 14-10.75	2021	Tracey Battle, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 McFarland, Casandra	W52	Kensington, MD		4.11m	NWI	13-06.00

W55 Long Jump Running

=====						
55 MSO: \$ 3.74m	2024	Tracey Battle, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Battle, Tracey	W59	Silver Spring, MD	3.75m	3.63m	NWI	11-11.00

W55 Long Jump Standing

=====						
55 MSO: \$ 2.19m	2022	Tracey Battle, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Battle, Tracey	W59	Silver Spring, MD	2.00	1.94m	NWI	6-04.50

W60 Long Jump Standing

=====						
60 MSO: \$ 6-09.25	2013	Claudia Simpson, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Matthews, Marguerite	W64	Upper Marlboro, MD		1.73m	NWI	5-08.25

W65 Long Jump Running

=====						
65 MSO: \$ 12-04.50	2002	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Clemmons, Patricia	W67	Crestview, FL		3.33m	NWI	10-11.25
2 Hampton, Carol	W67	Seat Pleasant, MD	2.40m	2.14m	NWI	7-00.25
3 Banes, Eloisa	W66	Hagerstown, MD		1.82m	NWI	5-11.75
4 Giannini, Regina	W69	Towson, MD		1.32m	NWI	4-04.00

W65 Long Jump Standing

=====						
65 MSO: \$ 6-11.50	2002	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Giannini, Regina	W69	Towson, MD		1.54m	NWI	5-00.75
2 Hampton, Carol	W67	Seat Pleasant, MD	2.00	1.34m	NWI	4-04.75
3 Banes, Eloisa	W66	Hagerstown, MD		1.19m	NWI	3-11.00

W70 Long Jump Running

=====						
70 MSO: \$ 11-04.75	2008	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Esumi, Noriko	W73	Lutherville, MD	2.60m	2.77m	NWI	9-01.25
2 Phillips, Hannah	W74	Alexandria, VA	2.79m	2.68m	NWI	8-09.50

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W70 Long Jump Standing**

70 MSO: \$ 6-10 2009 Evelyn Wright, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Esumi, Noriko	W73	Lutherville, MD	4-11.25	1.65m	NWI	5-05.00

W80 Long Jump Running

80 MSO: \$ 7-02.25 2014 Audrey Lary, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Berger, Nancy	W81	Hunt Valley, MD		1.66m	NWI	5-05.50

W80 Long Jump Standing

80 MSO: \$ 4-01 2004 Wally Dashiell, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Berger, Nancy	W81	Hunt Valley, MD	2.00	1.31m	NWI	4-03.75

M50 Long Jump Running

50 MSO: \$ 18-10.50 2000 Michael McDaniel, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Petrelli, Luca	M53	Ijamsville, MD	4.95m	5.12m	NWI	16-09.75
2 Talley, Shawn	M54	Columbia, MD		3.96m	NWI	13-00.00
3 Flowers, Doran	M54	Bethesda, MD		3.67m	NWI	12-00.50

M50 Long Jump Standing

50 MSO: \$ 9-11.25 2017 Don Davis, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Trach, Andrei	M53	Laurel, MD		2.39m	NWI	7-10.25
1 Flowers, Doran	M54	Bethesda, MD	2.54m	2.39m	NWI	7-10.25
3 Talley, Shawn	M54	Columbia, MD		2.32m	NWI	7-07.50

M55 Long Jump Running

55 MSO: \$ 17-00.50 2002 Michael McDaniel, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Epebinuade, Adeniran	M55	Odenton, MD	4.00m	3.87m	NWI	12-08.50
2 Wilcox, Timothy	M59	Ellicott City, MD		3.26m	NWI	10-08.50

M55 Long Jump Standing

55 MSO: \$ 8-08.50 2004 Michael Green, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Epebinuade, Adeniran	M55	Odenton, MD	2.43m	2.55m	NWI	8-04.50
2 Waters, Donald	M57	Reisterstown, MD	2.40m	2.46m	NWI	8-01.00
3 Wilcox, Timothy	M59	Ellicott City, MD		1.97m	NWI	6-05.75

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M60 Long Jump Standing**

Name	Age Team	Seed	Finals	Wind	Points
1 Rivera, Randolph	M64 Randallstown, MD		2.98m	NWI	9-09.50
2 Bague, James	M63 Montoursville, PA	2.30m	2.41m	NWI	7-11.00
3 Samiec, James	M60 Trappe, MD		2.28m	NWI	7-05.75

M60 Long Jump Running

Name	Age Team	Seed	Finals	Wind	Points
1 Werber, Scott	M63 Olney, MD	4.35m	4.18m	NWI	13-08.75
2 Boccard, Paul	M63 Severn, MD		3.84m	NWI	12-07.25
3 Samiec, James	M60 Trappe, MD		3.76m	NWI	12-04.00
4 Bague, James	M63 Montoursville, PA	3.30m	3.56m	NWI	11-08.25
5 Murray, Alan	M64 Crofton, MD	3.84m	3.38m	NWI	11-01.25

M65 Long Jump Running

Name	Age Team	Seed	Finals	Wind	Points
1 Brice, Raymond	M65 Reston, VA	3.65m	3.55m	NWI	11-07.75

M65 Long Jump Standing

Name	Age Team	Seed	Finals	Wind	Points
1 Tolin, Zac	M65 Rockville, MD		2.55m	NWI	8-04.50
2 Brice, Raymond	M65 Reston, VA	2.28m	1.99m	NWI	6-06.50

M70 Long Jump Running

70 MSO: \$ 16-08.50	2000	James Stookey, MD			
Name	Age Team	Seed	Finals	Wind	Points
1 Harris, Scott	M71 Silver Spring, MD	4.01m	4.00m	NWI	13-01.50
2 Markley, Anthony	M72 Boston, VA	3.94m	3.82m	NWI	12-06.50
3 Burnett, Lawrence	M72 Annapolis, MD	12.40m	2.64m	NWI	8-08.00
4 Johnson, David	M74 Salisbury, MD		2.48m	NWI	8-01.75

M70 Long Jump Standing

70 MSO: \$ 8-02.50	1999	Frederick Everhart, MD			
Name	Age Team	Seed	Finals	Wind	Points
1 Harris, Scott	M71 Silver Spring, MD	2.29m	2.15m	NWI	7-00.75
2 Johnson, David	M74 Salisbury, MD		1.82m	NWI	5-11.75
3 Greco, Christopher	M71 Youngsville, NC	0.91m	1.55m	NWI	5-01.00

M75 Long Jump Standing

75 MSO: \$ 7-08	2003	Frederick Everhart, MD			
Name	Age Team	Seed	Finals	Wind	Points
1 Dyson, Lawrence	M78 White Plains, MD		1.82m	NWI	5-11.75

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M75 Long Jump Running**

75 MSO: \$ 14-06 2006 James Stookey, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Allen, Glen	M75	Baltimore, MD	3.04m	3.46m	NWI	11-04.25
2 Flowers II, Carl	M79	Elizabethtown, PA	3.50m	3.20m	NWI	10-06.00
3 Dyson, Lawrence	M78	White Plains, MD		2.34m	NWI	7-08.25

M80 Long Jump Standing

80 MSO: \$ 7-02 2004 Charles Wilson, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Vasholz, David	M83	Columbia, MD	1.00m	1.35m	NWI	4-05.25

M85 Long Jump Running

85 MSO: \$ 11-03 2009 Charles Wilson, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Crafton, James	M86	Silver Spring, MD		1.62m	NWI	5-03.75

M85 Long Jump Standing

85 MSO: \$ 6-01.50 2009 Edward Murphy, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Crafton, James	M86	Silver Spring, MD		1.29m	NWI	4-02.75

M90 Long Jump Standing

90 MSO: \$ 5-09.75 2014 Edward Murphy, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Thompson, Marshall	M93	Windsor Mill, MD		1.29m	NWI	4-02.75

M90 Long Jump Running

90 MSO: \$ 4-11.50 2014 Charles Wilson, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Thompson, Marshall	M93	Windsor Mill, MD		1.74m	NWI	5-08.50

W55 Triple Jump

55 MSO: \$ 9.37m 2022 Tracey Battle, MD						
Name	Age	Team	Seed	Finals	Wind	Points
1 Battle, Tracey	W59	Silver Spring, MD	30-02.25	8.11m	NWI	26-07.25

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W65 Triple Jump**

=====						
65 MSO: \$ 27-03	1999	Audrey Lary, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Clemmons, Patricia		W67 Crestview, FL		4.75m	NWI	15-07.00
2 Hampton, Carol		W67 Seat Pleasant, MD	19-01.50	4.51m	NWI	14-09.75

M50 Triple Jump

=====						
50 MSO: \$ 11.83m	2023	Tyrell Taitt, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Petrelli, Luca		M53 Ijamsville, MD	3.50	9.10m	NWI	29-10.25
2 Flowers, Doran		M54 Bethesda, MD	23-02.50	6.65m	NWI	21-10.00

M55 Triple Jump

=====						
55 MSO: \$ 11.15m	2007	Michael Graham, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Epebinuade, Adeniran		M55 Odenton, MD	4.00	6.59m	NWI	21-07.50

M60 Triple Jump

=====						
60 MSO: \$ 32-02	2019	Marcus Battle, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Murray, Alan		M64 Crofton, MD	25-01.25	6.39m	NWI	20-11.75
2 Werber, Scott		M63 Olney, MD	24-07.25	5.94m	NWI	19-06.00

M65 Triple Jump

=====						
65 MSO: \$ 32-03.50	1999	James Stookey, MD				
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Brice, Raymond		M65 Reston, VA		6.28m	NWI	20-07.25

M70 Triple Jump

=====						
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Harris, Scott		M71 Silver Spring, MD	28-09.75	8.78m	NWI	28-09.75
2 Markley, Anthony		M72 Boston, VA	24-05.75	7.73m	NWI	25-04.50
3 Nakazawa, Muraji		M70 Great Falls, VA	24-07.25	7.38m	NWI	24-02.50

M75 Triple Jump

=====						
Name	Age	Team	Seed	Finals	Wind	Points
=====						
1 Flowers II, Carl		M79 Elizabethtown, PA	24-07.25	7.33m	NWI	24-00.75

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W50 Shot Put**

=====					
50 MSO: \$ 31-09 2010 Donna Barrett, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Murphy, Kerry		W54 Eldersburg, MD		8.81m	28-11.00
2 McFarland, Casandra		W52 Kensington, MD		7.44m	24-05.00

W55 Shot Put

=====					
55 MSO: \$ 31-04.50 1998 Chris Russell, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Scott, Marioky		W57 Alexandria, VA		7.72m	25-04.00
2 Barratt, Melinda		W55 Mason City, NE	8.07m	7.16m	23-06.00

W60 Shot Put

=====					
60 MSO: \$ 3.77m 2023 Emilie Class, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Lawson, Denise		W60 Springfield, VA		7.22m	23-08.25
2 Chase, Freda		W64 Columbia, MD	0.70m	6.03m	19-09.50

W65 Shot Put

=====					
65 MSO: \$ 28-06.50 1999 Audrey Lary, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Senn-Griffiths, Caryl		W65 Massapequa Park, NY	8.50m	8.24m	27-00.50
2 wilkins, Mary		W65 District Heights, M	0.08m	7.57m	24-10.00
3 Clemmons, Patricia		W67 Crestview, FL		7.09m	23-03.25
4 Kelly, Linda		W66 Williamsburg, VA		6.16m	20-02.50
5 Good, Keg		W69 Woodstock, VA		6.13m	20-01.50
6 Class, Emilie		W65 Freeland, MD	0.07m	5.81m	19-00.75
7 Brace, Margaret		W66 MD		5.19m	17-00.50
8 Giannini, Regina		W69 Towson, MD		5.05m	16-07.00

W70 Shot Put

=====					
70 MSO: \$ 24-07.50 2007 Evelyn Wright					
Name	Age	Team	Seed	Finals	Points
=====					
1 Rowens, Deborah		W72 Granstville, MD	20-09.75	5.72m	18-09.25
2 Rankins, Claudia		W73 Powhatan, VA	19-00.50	5.31m	17-05.25

W75 Shot Put

=====					
75 MSO: \$ 21-09.25 2015 Lois Scheminant, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Abiera, Wandagean		W77 Finksburg, MD	10-05.00	6.27m	20-07.00

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W80 Shot Put**

80 MSO: \$ 19-05.25 2016 Diane Perry, MD					
Name	Age	Team	Seed	Finals	Points
1 Berger, Nancy	W81	Hunt Valley, MD	1.75	4.28m	14-00.50

W90 Shot Put

90 MSO: \$ 4.19m 2024 Diane Perry, MD					
Name	Age	Team	Seed	Finals	Points
1 Graf, Tami	W90	Lusby, MD		3.99m	13-01.25

M50 Shot Put

50 MSO: \$ 43-08 2001 William Gainey, MD					
Name	Age	Team	Seed	Finals	Points
1 Odom, Rahsaan	M54	Ellicott City, MD	13.94m	8.88m	29-01.75
2 Billingsley, Kenneth	M53	Columbia, MD		8.81m	28-11.00
3 Petrelli, Luca	M53	Ijamsville, MD	0.10m	8.19m	26-10.50
4 Flowers, Doran	M54	Bethesda, MD	8.48m	8.01m	26-03.50

M55 Shot Put

55 MSO: \$ 41-01 2004 William Gainey, MD					
Name	Age	Team	Seed	Finals	Points
1 Mack, Gamal	M56	Orlando, FL	7.50m	6.88m	22-07.00

M60 Shot Put

60 MSO: \$ 42-04.50 1995 Edward McComas, MD					
Name	Age	Team	Seed	Finals	Points
1 Alcorn, Charles	M63	Ashburn, VA	12.50m	12.41m	40-08.75
2 Bague, James	M63	Montoursville, PA	12.56m	12.04m	39-06.00
3 Werber, Scott	M63	Olney, MD	0.12m	11.19m	36-08.50
4 Boccard, Paul	M63	Severn, MD	10.58m	10.53m	34-06.75
5 Reaves, Doug	M60	Milford, DE	10.66m	9.51m	31-02.50

M65 Shot Put

65 MSO: \$ 40-05 2002 Adolph Kuegler, MD					
Name	Age	Team	Seed	Finals	Points
1 Thomas III, William	M69	New Windsor, MD	0.06m	8.79m	28-10.25
2 Urdahl Sr, John	M69	Owings, MD	7.62m	8.16m	26-09.25
3 Garrigues, Edward	M67	Columbia, MD	8.22m	7.95m	26-01.00
4 Brice, Raymond	M65	Reston, VA		7.69m	25-02.75
5 Bryant, Tyrone	M68	Waldorf, MD		6.46m	21-02.50

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M70 Shot Put**

=====					
70 MSO: \$ 39-08 2009 Adolph Kuegler, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Buchta, Robert	M73	Columbia, MD	9.95m	9.27m	30-05.00
2 White, Steven	M70	Woolford, MD		8.56m	28-01.00
3 Markley, Anthony	M72	Boston, VA	8.74m	8.12m	26-07.75
4 Baumanis, Aivars	M71	Springfield, VA		7.82m	25-08.00
5 Russell, Jeffrey	M74	Keedysville, MD	8.22m	6.89m	22-07.25

M75 Shot Put

=====					
75 MSO: \$ 36-02.25 2012 Adolph Kuegler, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Dyson, Lawrence	M78	White Plains, MD		8.96m	29-04.75
2 gainey, william	M79	clements, MD		8.62m	28-03.50
3 Schumacher, Fred	M79	Frederick, MD	7.80m	7.67m	25-02.00
4 gyaki, eric	M78	glen burnie, MD	6.14m	5.77m	18-11.25

M80 Shot Put

=====					
80 MSO: \$ 35-04.50 2021 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Vasholz, David	M83	Columbia, MD		7.04m	23-01.25
2 Pearce, James	M81	Columbia, MD		6.25m	20-06.25
3 Mayer, Ronald	M83	Columbia, MD	1-11.75	6.07m	19-11.00

M85 Shot Put

=====					
85 MSO: \$ 26-09 2021 Joseph Hemler, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Kenney, James	M85	White Plains, MD		8.73m	28-07.75
2 Rosman, Martin	M86	Towson, MD	0.75	5.00m	16-05.00

M90 Shot Put

=====					
90 MSO: \$ 24-03 2014 Edward Murphy, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Kent, Geoffrey	M93	Washington, DC	19-11.75	5.64m	18-06.00

W50 Discus Throw

=====					
50 MSO: \$ 81-00 2010 Shirley Geisbert, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Murphy, Kerry	W54	Eldersburg, MD		23.97m	78-08
2 McFarland, Casandra	W52	Kensington, MD		15.90m	52-02

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W55 Discus Throw**

=====					
55 MSO: \$ 85-11	2018	Emiliee Class, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Homar, Joy		W59 Mc Henry, MD	20.75m	18.52m	60-09
2 Barratt, Melinda		W55 Mason City, NE	20.90m	17.35m	56-11

W60 Discus Throw

=====					
60 MSO: \$ 28.66m	2022	Emiliee Class, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Lawson, Denise		W60 Springfield, VA		8.56m	28-01

W65 Discus Throw

=====					
65 MSO: \$ 72-01	2003	Evelyn Wright, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Senn-Griffiths, Caryl		W65 Massapequa Park, NY	24.65m	21.80m	71-06
2 Clemmons, Patricia		W67 Crestview, FL		21.37m	70-01
3 Class, Emilie		W65 Freeland, MD	0.20m	19.57m	64-02
4 wilkins, Mary		W65 District Heights, M	6.09m	15.06m	49-05
5 Good, Keg		W69 Woodstock, VA		14.14m	46-05
6 Kelly, Linda		W66 Williamsburg, VA		13.38m	43-11

W70 Discus Throw

=====					
70 MSO: \$ 69-04	2007	Evelyn Wright			
Name	Age	Team	Seed	Finals	Points
=====					
1 Rowens, Deborah		W72 Granstville, MD	13.11m	13.09m	42-11

W80 Discus Throw

=====					
80 MSO: \$ 55-05	2021	Rose Green, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Berger, Nancy		W81 Hunt Valley, MD	0.30m	5.55m	18-02

W90 Discus Throw

=====					
90 MSO: \$ 32-02	2017	Wally Dashiell, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Graf, Tami		W90 Lusby, MD		7.90m	25-11

M50 Discus Throw

=====					
50 MSO: \$ 155-00	2010	Lawrence Rosen, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Odom, Rahsaan		M54 Ellicott City, MD		31.93m	104-09
2 Flowers, Doran		M54 Bethesda, MD	25.82m	24.78m	81-03

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M55 Discus Throw**

=====					
55 MSO: \$ 148-06 1989 Edward McComas, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Mack, Gamal	M56	Orlando, FL	0.21m	21.15m	69-05
2 Wilcox, Timothy	M59	Ellicott City, MD		19.08m	62-07

M60 Discus Throw

=====					
60 MSO: \$ 163-09 1994 Edward McComas, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Werber, Scott	M63	Olney, MD	0.46m	49.36m	161-11
2 Alcorn, Charles	M63	Ashburn, VA	0.40m	40.01m	131-03
3 Bocard, Paul	M63	Severn, MD	33.40m	31.54m	103-06
4 Bague, James	M63	Montoursville, PA	32.41m	29.05m	95-04
5 Reaves, Doug	M60	Milford, DE	25.90m	27.67m	90-09
6 Rivera, Randolph	M64	Randallstown, MD		23.90m	78-05

M65 Discus Throw

=====					
65 MSO: \$ 130-09.50 2000 Edward McComas, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Rosen, Lawrence	M67	Bethesda, MD	30.48m	35.35m	116-00
2 Biagioni, Remo	M67	Englewood, NJ	34.60m	31.27m	102-07
3 Brice, Raymond	M65	Reston, VA	33.99m	30.75m	100-11
4 Georgiou, Andreas	M66	Germantown, MD		24.37m	79-11
5 Urdahl Sr, John	M69	Owings, MD	22.86m	22.50m	73-10
6 Thomas III, William	M69	New Windsor, MD	0.20m	19.04m	62-06

M70 Discus Throw

=====					
70 MSO: \$ 122-02 2017 William Gainey, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Buchta, Robert	M73	Columbia, MD	26.82m	28.90m	94-10
2 Sorensen, Ward	M72	Potomac, MD	0.32m	27.66m	90-09
3 Russell, Jeffrey	M74	Keedysville, MD	25.93m	23.33m	76-06
4 Baumanis, Aivars	M71	Springfield, VA		22.55m	74-00

M75 Discus Throw

=====					
75 MSO: \$ 36.17m 2017 David Merkowitz, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 gainey, william	M79	clements, MD		28.03m	91-11
2 Dyson, Lawrence	M78	White Plains, MD		27.97m	91-09
3 Allen, Glen	M75	Baltimore, MD	23.29m	23.11m	75-10
4 gyaki, eric	M78	glen burnie, MD	15.29m	13.41m	44-00

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M80 Discus Throw**

80 MSO: \$ 25.96m 2019 Lee McCabe, MD					
Name	Age	Team	Seed	Finals	Points
1 Pearce, James	M81	Columbia, MD	0.17m	19.71m	64-08
2 Mayer, Ronald	M83	Columbia, MD	0.20m	13.08m	42-11

M85 Discus Throw

85 MSO: \$ 69-04 1993 Kenneth Babcock, MD					
Name	Age	Team	Seed	Finals	Points
1 Pratt, Larry	M85	Newark, DE	24.79m	22.56m	74-00
2 Kenney, James	M85	White Plains, MD		18.45m	60-06
3 McCabe, Lee	M87	Ellicott City, MD		16.79m	55-01
4 Rosman, Martin	M86	Towson, MD	0.05m	7.99m	26-02

M90 Discus Throw

90 MSO: \$ 57-05 2014 Edward Murphy, MD					
Name	Age	Team	Seed	Finals	Points
1 Kent, Geoffrey	M93	Washington, DC	15.24m	13.35m	43-09

W50 Hammer Throw

50 MSO: \$ 94-05 2013 Mary Wilkins, MD					
Name	Age	Team	Seed	Finals	Points
1 Ingles, Penelope	W50	Arlington, VA		30.70m	100-09
2 Murphy, Kerry	W54	Eldersburg, MD		29.01m	95-02

W65 Hammer Throw

65 MSO: \$ 66-11 2006 Evenlyn Wright, MD					
Name	Age	Team	Seed	Finals	Points
1 wilkins, Mary	W65	District Heights, M	0.29m	26.67m	87-06
2 Senn-Griffiths, Caryl	W65	Massapequa Park, NY	26.61m	24.96m	81-11
3 Kelly, Linda	W66	Williamsburg, VA		19.27m	63-03

W70 Hammer Throw

70 MSO: \$ 61-05 2006 Audrey Lary, MD					
Name	Age	Team	Seed	Finals	Points
1 Rankins, Claudia	W73	Powhatan, VA	14.90m	16.04m	52-07
2 Mayhugh, Mary Lowe	W70	Washington, DC		6.85m	22-06

W90 Hammer Throw

90 MSO: \$ 41-00 2017 Wally Dashiell, MD					
Name	Age	Team	Seed	Finals	Points
1 Graf, Tami	W90	Lusby, MD		17.58m	57-08

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....W90 Hammer Throw**

2 Perry, Diane	W92 Taneytown, MD	0.02m	5.29m	17-04
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M50 Hammer Throw

=====				
50 MSO: \$ 142-06	2012	Shawn Robinson, MD		
Name	Age Team	Seed	Finals	Points
=====				
1 Odom, Rahsaan	M54 Ellicott City, MD		24.31m	79-09
2 Flowers, Doran	M54 Bethesda, MD	16.16m	17.31m	56-09

M60 Hammer Throw

=====				
60 MSO: \$ 130-05	2006	Jerry Bookin-Weiner, MD		
Name	Age Team	Seed	Finals	Points
=====				
1 Werber, Scott	M63 Olney, MD	0.40m	36.29m	119-01

M65 Hammer Throw

=====				
65 MSO: \$ 110-05	2011	James Pearce, MD		
Name	Age Team	Seed	Finals	Points
=====				
1 Noyes, Edward	M65 Elverson, PA	0.49m	48.54m	159-03
2 Brice, Raymond	M65 Reston, VA	22.55m	18.48m	60-07
3 Bryant, Tyrone	M68 Waldorf, MD		13.98m	45-10

M70 Hammer Throw

=====				
70 MSO: \$ 115-00	2010	Adolph Kuegler, MD		
Name	Age Team	Seed	Finals	Points
=====				
1 Sorensen, Ward	M72 Potomac, MD	0.35m	29.44m	96-07
2 Markley, Anthony	M72 Boston, VA	18.57m	18.11m	59-05

M75 Hammer Throw

=====				
75 MSO: \$ 104-00	2012	Adolph Kuegler, MD		
Name	Age Team	Seed	Finals	Points
=====				
1 Moss, Ken	M79 Leesburg, VA	0.45m	44.46m	145-10
2 gainey, william	M79 clements, MD		24.98m	81-11
3 Dyson, Lawrence	M78 White Plains, MD		21.25m	69-09

M80 Hammer Throw

=====				
Name	Age Team	Seed	Finals	Points
=====				
1 Pearce, James	M81 Columbia, MD	0.22m	22.14m	72-08

M85 Hammer Throw

=====				
Name	Age Team	Seed	Finals	Points
=====				
1 Kenney, James	M85 White Plains, MD		20.06m	65-10

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....M85 Hammer Throw**

2 Doane, Joseph	M87 Rockville, MD	18.28m	13.87m	45-06
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W50 Javelin Throw

Name	Age Team	Seed	Finals	Points
1 McFarland, Casandra	W52 Kensington, MD		19.60m	64-04
2 Murphy, Kerry	W54 Eldersburg, MD		18.40m	60-04
3 Washington, Daphne	W54 Cockeysville, MD	13.66m	11.14m	36-06

W55 Javelin Throw

Name	Age Team	Seed	Finals	Points
1 Scott, Marioky	W57 Alexandria, VA		19.66m	64-06

W60 Javelin Throw

Name	Age Team	Seed	Finals	Points
1 Zelaya, Pamela	W61 Towson, MD		21.92m	71-11
2 Bindon, Susan	W64 Lutherville, MD	22.86m	18.42m	60-05

W65 Javelin Throw

Name	Age Team	Seed	Finals	Points
1 Senn-Griffiths, Caryl	W65 Massapequa Park, NY	0.24m	22.16m	72-08
2 Davis, Katherine	W66 Ellicott City, MD		20.58m	67-06
3 Clemmons, Patricia	W67 Crestview, FL		16.80m	55-01
4 wilkins, Mary	W65 District Heights, M	0.15m	13.86m	45-06
5 Kelly, Linda	W66 Williamsburg, VA		12.04m	39-06
6 Banes, Eloisa	W66 Hagerstown, MD		11.32m	37-02
7 Good, Keg	W69 Woodstock, VA		10.50m	34-05

W70 Javelin Throw

70 MSO: \$ 61-01 2005 Audrey Lary, MD				
Name	Age Team	Seed	Finals	Points
1 Rowens, Deborah	W72 Granstville, MD	10.37m	9.82m	32-03

W75 Javelin Throw

75 MSO: \$ 51-00 2004 Barbara Martin, MD				
Name	Age Team	Seed	Finals	Points
1 Chu, Nancy	W76 Silver Spring, MD		19.04m	62-06

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W80 Javelin Throw**

80 MSO: \$ 12.82m 2019 Gloria Hong, MD					
Name	Age	Team	Seed	Finals	Points
1 Berger, Nancy	W81	Hunt Valley, MD	0.10m	6.16m	20-02

W85 Javelin Throw

85 MSO: \$ 10.87m 2024 Gloria Hong, MD					
Name	Age	Team	Seed	Finals	Points
1 Hong, Gloria	W87	Clarksburg, MD		10.26m	33-08

W90 Javelin Throw

90 MSO: \$ 22-02 2013 Wally Dashiell, MD					
Name	Age	Team	Seed	Finals	Points
1 Graf, Tami	W90	Lusby, MD		7.22m	23-08

M50 Javelin Throw

50 MSO: \$ 43.64m 1998 Bill Walsh, MD						
Name	Age	Team	Seed	Finals	H#	Points
1 Petrelli, Luca	M53	Ijamsville, MD	0.33m	35.74m	117-03	2
2 Flowers, Doran	M54	Bethesda, MD	28.93m	31.42m	103-01	2

M55 Javelin Throw

55 MSO: \$ 44.15m 2017 Curt Foianini, MD						
Name	Age	Team	Seed	Finals	H#	Points
1 Wilcox, Timothy	M59	Ellicott City, MD		23.26m	76-04	2

M60 Javelin Throw

60 MSO: \$ 149-10 2002 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
1 Mitchell, Gerald	M63	Durham, NC	41.39m	42.86m	140-07
2 Bague, James	M63	Montoursville, PA	37.91m	37.58m	123-03
3 Werber, Scott	M63	Olney, MD	0.35m	30.58m	100-04
4 Bocard, Paul	M63	Severn, MD	26.93m	27.58m	90-06
5 Samiec, James	M60	Trappe, MD		25.10m	82-04
6 Butler, Michael	M63	Hagerstown, MD		13.36m	43-10

M65 Javelin Throw

65 MSO: \$ 131-03 2006 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
1 Garza, Leonard	M69	Cheltenham, PA	0.39m	38.28m	125-07
2 Biagioni, Remo	M67	Englewood, NJ	33.90m	28.66m	94-00
3 Brice, Raymond	M65	Reston, VA	30.48m	27.00m	88-07

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....M65 Javelin Throw**

4 Graziano, Michael	M69 Yardley, PA	24.68m	81-00
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M70 Javelin Throw

=====					
70 MSO: \$ 136-06	2012	James Kenney, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Markley, Anthony	M72	Boston, VA	23.89m	21.20m	69-07
2 Russell, Jeffrey	M74	Keedysville, MD	13.94m	11.94m	39-02

M75 Javelin Throw

=====					
75 MSO: \$ 117-08	2016	James Kenney, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Cutler, Thomas	M75	Potomac, MD	34.78m	32.56m	106-10
2 Allen, Glen	M75	Baltimore, MD	23.77m	27.56m	90-05
3 Dyson, Lawrence	M78	White Plains, MD		22.00m	72-02
4 Pelletier, Steven	M75	Scarborough, ME	23.30m	21.68m	71-01
5 Ballard, William	M78	Pasadena, MD	0.19m	16.96m	55-08
6 gyaki, eric	M78	glen burnie, MD	15.29m	15.16m	49-09
7 Schumacher, Fred	M79	Frederick, MD	13.57m	15.04m	49-04

M85 Javelin Throw

=====					
85 MSO: \$ 70-04	2013	Edward Murphy, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Kenney, James	M85	White Plains, MD		28.54m	93-08
2 Sadin, Edwin	M85	Hillsborough, NJ		7.92m	26-00
3 Rosman, Martin	M86	Towson, MD	0.05m	5.96m	19-07

M90 Javelin Throw

=====					
90 MSO: \$ 66-09	2014	Edward Murphy, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Blinchikoff, Herman	M92	Pikesville, MD		12.72m	41-09
2 Kent, Geoffrey	M93	Washington, DC	13.71m	10.72m	35-02

W50 Weight Throw

=====					
50 MSO: \$ 33-10	2016	Mary Wilkins, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Ingles, Penelope	W50	Arlington, VA		9.96m	32-08.25
2 Murphy, Kerry	W54	Eldersburg, MD		8.14m	26-08.50

W65 Weight Throw

=====					
65 MSO: \$ 33-00.25	2006	Evelyn Wright, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 wilkins, Mary	W65	District Heights, M		9.72m	31-10.75

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****....W65 Weight Throw**

2 Senn-Griffiths, Caryl	W65 Massapequa Park, NY	8.56m	28-01.00
3 Kelly, Linda	W66 Williamsburg, VA	7.94m	26-00.75

W70 Weight Throw

=====						
70 MSO: \$ 32-04.75		2008	Audrey Lary, MD			
Name		Age	Team	Seed	Finals	Points
=====						
1	Rankins, Claudia	W73	Powhatan, VA		6.21m	20-04.50

W90 Weight Throw

=====					
90 MSO: \$ 14-10.75		2013	Wally Dashiell		
Name		Age Team	Seed	Finals	Points
=====					
1 Graf, Tami		W90 Lusby, MD		4.87m	15-11.75
2 Perry, Diane		W92 Taneytown, MD		3.90m	12-09.50

M50 Weight Throw

50 MSO: \$ 16.21m		2014	Shawn Robinson, MD		
Name	Age	Team	Seed	Finals	Points
1 Odom, Rahsaan	M54	Ellicott City, MD		10.21m	33-06.00
2 Flowers, Doran	M54	Bethesda, MD		9.07m	29-09.25

M60 Weight Throw

=====					
60 MSO: \$ 50-08.50		2008	Jerome Bookin-Weiner		
Name	Age	Team	Seed	Finals	Points
=====					
1	Werber, Scott	M63	Olney, MD	12.54m	41-01.75
2	Butler, Michael	M63	Hagerstown, MD	4.38m	14-04.50

M65 Weight Throw

=====					
65 MSO: \$ 40-08.25		2011	James Pearce		
Name	Age	Team	Seed	Finals	Points
=====					
1 Noyes, Edward	M65	Elverson, PA		17.67m	57-11.75
2 Brice, Raymond	M65	Reston, VA		7.95m	26-01.00
3 Bryant, Tyrone	M68	Waldorf, MD		5.86m	19-02.75

M70 Weight Throw

=====					
Name	Age	Team	Seed	Finals	Points
=====					
1 Sorensen, Ward	M72	Potomac, MD		12.47m	40-11.00
2 Markley, Anthony	M72	Boston, VA		9.76m	32-00.25

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M75 Weight Throw**

Name	Age Team	Seed	Finals	Points
1 Moss, Ken	M79 Leesburg, VA		18.38m	60-03.75
2 gainey, william	M79 clements, MD		10.46m	34-04.00
3 Dyson, Lawrence	M78 White Plains, MD		10.06m	33-00.25

M80 Weight Throw

80 MSO: \$ 40-06.75	2021	James Kenney, MD		
Name	Age Team	Seed	Finals	Points
1 Pearce, James	M81 Columbia, MD		8.35m	27-04.75

M85 Weight Throw

85 MSO: \$ 9.29m	2023	Joseph Hemler, MD		
Name	Age Team	Seed	Finals	Points
1 Kenney, James	M85 White Plains, MD		11.38m	37-04.00

M50 Other Frisbee Thro

50 MSO: \$ 195-00	2006	Keith Mathis, MD		
Name	Age Team	Seed	Finals	Points
1 Flowers, Doran	M54 Bethesda, MD		130-06.00	39.77m
2 Billingsley, Kenneth	M53 Columbia, MD		102-09.00	31.31m

M50 Other Softball Thr

50 MSO: \$ 255-05	1996	Bill Walsh, MD		
Name	Age Team	Seed	Finals	Points
1 Flowers, Doran	M54 Bethesda, MD		134-01.00	40.86m
2 Billingsley, Kenneth	M53 Columbia, MD		127-07.00	38.88m

M50 Other Football Thr

50 MSO: \$ 153-00	2006	Michael Graham, MD		
Name	Age Team	Seed	Finals	Points
1 Billingsley, Kenneth	M53 Columbia, MD		109-06.00	33.37m
2 Flowers, Doran	M54 Bethesda, MD		108-07.00	33.09m

W50 Other Frisbee Thro

50 MSO: \$ 114-06	8/13/2017	Audrey Mattax, MD		
Name	Age Team	Seed	Finals	Points
1 Bradecamp, Etta	W53 Fredericksburg, VA		97-06.00	29.71m
2 Dennis, Robin	W51 Chantilly, VA		33-01.00	10.08m

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W55 Other Frisbee Thro**

=====					
55 MSO: \$ 121-06.50	2023	Audrey Mattax, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Homar, Joy	W59	Mc Henry, MD		102-00.00	31.08m
2 Barratt, Melinda	W55	Mason City, NE		61-03.00	18.66m

M55 Other Frisbee Thro

=====					
55 MSO: \$ 159-00	2006	Dan Lewellen, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Wilcox, Timothy	M59	Ellicott City, MD		102-00.00	31.08m

W55 Other Softball Thr

=====					
55 MSO: \$ 156-00	2004	Patricia Stephenson, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Vetter, Stacey	W59	Owings, MD		79-05.00	24.20m
2 Barratt, Melinda	W55	Mason City, NE		64-09.00	19.73m

M55 Other Softball Thr

=====					
55 MSO: \$ 234-10	2000	James Kenney, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Wilcox, Timothy	M59	Ellicott City, MD		139-07.00	42.54m

W55 Other Football Thr

=====					
55 MSO: \$ 121-06.25	2023	Audrey Mattax, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Barratt, Melinda	W55	Mason City, NE		48-05.00	14.75m

M55 Other Football Thr

=====					
55 MSO: \$ 146-08	2002	Martin Harahush, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Wilcox, Timothy	M59	Ellicott City, MD		117-00.00	35.66m

W60 Other Softball Thr

=====					
60 MSO: \$ 132-07	1997	Helen Boyd, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bindon, Susan	W64	Lutherville, MD		97-00.00	29.56m
2 Chase, Freda	W64	Columbia, MD		67-09.00	20.65m

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W60 Other Football Thr**

=====					
60 MSO: \$ 82-09 2000		Joan Delpi, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bindon, Susan	W64	Lutherville, MD		72-09.00	22.17m
2 Chase, Freda	W64	Columbia, MD		65-00.00	19.81m
3 Limon, Susana	W63	University Park, MD		42-09.00	13.03m

M60 Other Softball Thr

=====					
60 MSO: \$ 230-00 2002		James Kenney, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Murray, Alan	M64	Crofton, MD		87-00.00	26.51m
2 Butler, Michael	M63	Hagerstown, MD		85-02.00	25.95m

W60 Other Frisbee Thro

=====					
60 MSO: \$ 98-10.50 2023		Susan Bindon, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bindon, Susan	W64	Lutherville, MD		90-04.00	27.53m
2 Limon, Susana	W63	University Park, MD		63-01.00	19.22m
3 Chase, Freda	W64	Columbia, MD		41-00.00	12.49m

M60 Other Frisbee Thro

=====					
60 MSO: \$ 130-06 2023		Raymond Limon, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Winkert, Tom	M62	Rockville, MD		93-00.00	28.34m
2 Murray, Alan	M64	Crofton, MD		67-00.00	20.42m
3 Butler, Michael	M63	Hagerstown, MD		51-00.00	15.54m

M60 Other Football Thr

=====					
60 MSO: \$ 154-00 2001		James Kenney, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Todd, Mark	M62	Silver Spring, MD		92-07.00	28.21m
2 Murray, Alan	M64	Crofton, MD		57-09.00	17.60m
3 Butler, Michael	M63	Hagerstown, MD		57-01.00	17.39m

M65 Other Softball Thr

=====					
65 MSO: \$ 223-09 2010		Martin Schnuit, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bryant, Tyrone	M68	Waldorf, MD		132-00.00	40.23m
2 Andrews, Philip	M67	Gaithersburg, MD		101-02.00	30.83m
3 Brooks, Doug	M65	Hampstead, MD		99-09.00	30.40m
4 Biagioni, Remo	M67	Englewood, NJ		88-08.00	27.02m
5 Thomas III, William	M69	New Windsor, MD		78-02.00	23.82m

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W65 Other Frisbee Thro**

=====					
65 MSO: \$ 66-00 2018 Patrica Brown, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Brace, Margaret	W66	MD		97-06.00	29.71m
2 Banes, Eloisa	W66	Hagerstown, MD		53-00.00	16.15m
3 Murray, Diana	W65	Crofton, MD		34-02.00	10.41m

M65 Other Frisbee Thro

=====					
65 MSO: \$ 150-01.75 2023 John Graham, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Andrews, Philip	M67	Gaithersburg, MD		102-00.00	31.08m
2 Bryant, Tyrone	M68	Waldorf, MD		54-07.00	16.63m

W65 Other Football Thr

=====					
65 MSO: \$ 75-08 2002 Nancy Callan, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Banes, Eloisa	W66	Hagerstown, MD		52-03.00	15.92m
2 Bacon, Myra	W65	Gaithersburg, MD		50-01.00	15.26m

M65 Other Football Thr

=====					
65 MSO: \$ 142-08.75 2024 Tyrone Bryant, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Bryant, Tyrone	M68	Waldorf, MD		99-01.00	30.20m
2 Biagioni, Remo	M67	Englewood, NJ		77-03.00	23.54m
3 Brooks, Doug	M65	Hampstead, MD		68-02.00	20.77m
4 Thomas III, William	M69	New Windsor, MD		6-02.00	1.87m

W65 Other Softball Thr

=====					
65 MSO: \$ 123-10 1999 Nancy Callan, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Banes, Eloisa	W66	Hagerstown, MD		63-07.00	19.38m
2 Murray, Diana	W65	Crofton, MD		51-03.00	15.62m

W70 Other Frisbee Thro

=====					
70 MSO: \$ 67-06 2013 Gloria Hong, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Rowens, Deborah	W72	Granstville, MD		42-06.00	12.95m

M70 Other Frisbee Thro

=====					
70 MSO: \$ 134-06.50 2022 Keith Mathis, MD					
Name	Age	Team	Seed	Finals	Points
=====					
1 Russell, Jeffrey	M74	Keedysville, MD		70-09.00	21.56m

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M70 Other Football Thr**

70 MSO: \$ 137-06.25 2011 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
1 Bush, Mike	M73	Hydes, MD		126-09.00	38.63m
2 Russell, Jeffrey	M74	Keedysville, MD		77-00.00	23.46m
3 Johnson, David	M74	Salisbury, MD		61-00.00	18.59m

M70 Other Softball Thr

70 MSO: \$ 201-01.25 2011 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
1 Bush, Mike	M73	Hydes, MD		122-00.00	37.18m
2 Johnson, David	M74	Salisbury, MD		90-00.00	27.43m
3 Russell, Jeffrey	M74	Keedysville, MD		72-09.00	22.17m

M75 Other Football Thr

75 MSO: \$ 111-09 2019 James Kenney, MD					
Name	Age	Team	Seed	Finals	Points
1 Ballard, William	M78	Pasadena, MD		87-07.00	26.69m
2 Schumacher, Fred	M79	Frederick, MD		71-05.00	21.76m

M75 Other Softball Thr

75 MSO: \$ 160-01.50 2013 Alan Reffkin, MD					
Name	Age	Team	Seed	Finals	Points
1 Ballard, William	M78	Pasadena, MD		105-08.00	32.20m
2 Schumacher, Fred	M79	Frederick, MD		76-00.00	23.16m
3 Schardt, David	M79	Bethesda, MD		55-00.00	16.76m

W85 Other Football Thr

85 MSO: \$ 34-05.75 2024 Gloria Hong, MD					
Name	Age	Team	Seed	Finals	Points
1 Hong, Gloria	W87	Clarksburg, MD		35-06.00	10.82m

W85 Other Softball Thr

85 MSO: \$ 51-01 2009 Wally Dashiell, MD					
Name	Age	Team	Seed	Finals	Points
1 Hong, Gloria	W87	Clarksburg, MD		43-10.00	13.36m

M85 Other Softball Thr

85 MSO: \$ 116-02 2010 Edward Murphy, MD					
Name	Age	Team	Seed	Finals	Points
1 Dorsey, Rodney	M86	Lanham, MD		66-00.00	20.11m

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W85 Other Frisbee Thro**

=====					
85 MSO: \$ 44-04	2010	Wally Dashiell, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Hong, Gloria		W87 Clarksburg, MD		37-00.00	11.27m

M90 Other Softball Thr

=====					
90 MSO: \$ 96-08	2015	Edward Murphy, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Blinchikoff, Herman		M92 Pikesville, MD		45-07.00	13.89m

M90 Other Football Thr

=====					
90 MSO: \$ 65-05	2014	Edward Murphy, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Blinchikoff, Herman		M92 Pikesville, MD		43-05.00	13.23m

W50 1 Mile Race Walk Power W

=====					
Name	Age	Team	Seed	Finals	H# Points
=====					
1 Dennis, Robin		W51 Chantilly, VA		11:37.44	2
2 Washington, Daphne		W54 Cockeysville, MD		11:46.02	2
3 Lieberson, Kathleen		W52 Damascus, MD		12:03.07	2
4 Cohen, Nicole		W54 Damascus, MD		14:08.23	2

M50 1 Mile Race Walk Power W

=====					
50 MSO: \$ 9:56.75	2002	Eugene Hoffman, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Tominack, Alan		M54 Ellicott City, MD		11:50.11	
2 Cohen, Yurii		M50 Damascus, MD		12:54.92	

M55 1 Mile Race Walk Power W

=====					
55 MSO: \$ 8:20.00	1992	Richard Burton, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bradecamp, Denny		M56 Fredericksburg, VA		9:24.51	
2 Karlin, Michael		M55 Bethesda, MD		10:32.00	
3 Yee, Kam		M56 Gaithersburg, MD		10:36.98	
4 Lieberson, Matt		M55 Damascus, MD		12:52.05	

W55 1 Mile Race Walk Power W

=====					
55 MSO: \$ 10:35.77	8/12/2018	Carol Otis, MD			
Name	Age	Team	Seed	Finals	H# Points
=====					
1 Homar, Joy		W59 Mc Henry, MD		11:13.15	2
2 Vetter, Stacey		W59 Owings, MD		11:14.72	2
3 Bauder, Connie		W57 MD		14:21.33	2

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M60 1 Mile Race Walk Precision Wa**

Name	Age Team	Seed	Finals	Points
1 Murray, Alan	M64 Crofton, MD		11:07.42	

W60 1 Mile Race Walk Power W

60 MSO: \$ 9:55.33	2023	Melinda McWilloiams, MD			
Name	Age Team	Seed	Finals	H#	Points
1 Limon, Susana	W63 University Park, MD		12:52.98	2	

M60 1 Mile Race Walk Power W

60 MSO: \$ 9:24.23	2022	Bruce Chandler, MD			
Name	Age Team	Seed	Finals	Points	
1 Murray, Alan	M64 Crofton, MD		11:55.35		

W65 1 Mile Race Walk Power W

65 MSO: \$ 10:51.73	2023	Beth Yu, MD			
Name	Age Team	Seed	Finals	H#	Points
1 Beckles, Beverley	W69 Una		11:43.71	2	
2 Carroll, Barb	W66 Arlington, VA		12:01.40	2	
3 Gardner, Mary	W66 Rosedale, MD		13:53.61	2	
4 Hampton, Carol	W67 Seat Pleasant, MD		14:16.74	2	
5 Bacon, Myra	W65 Gaithersburg, MD		15:24.13	2	
6 Murray, Diana	W65 Crofton, MD		17:14.39	2	

M65 1 Mile Race Walk Power W

65 MSO: \$ 9:38.00	2006	Robert Paulen, MD			
Name	Age Team	Seed	Finals	Points	
1 Chandler, Bruce	M67 MD		10:13.02		
2 Davis, James	M69 University Park, MD		11:46.63		

W65 1 Mile Race Walk Precision Wa

Name	Age Team	Seed	Finals	Points
1 Bacon, Myra	W65 Gaithersburg, MD		18:46.10	
2 Murray, Diana	W65 Crofton, MD		20:53.33	

M70 1 Mile Race Walk Precision Wa

Name	Age Team	Seed	Finals	Points
1 Dubovitsky, Gennady	M74 Rockville, MD		10:47.28	
2 Johnson, David	M74 Salisbury, MD		17:06.32	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W70 1 Mile Race Walk Power W**

=====						
70 MSO: \$ 9:10.51	2024	Adele Wagner, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Reighard, Deborah	W70	Bradenton, FL		11:14.02	2	
2 Lund, Bodil	W70	Leesburg, VA		12:33.19	2	
3 Holder, Angela	W73	Una		13:50.00	2	
4 Segal, Connie	W70	Silver Spring, MD		13:57.33	2	
5 Staats, Valerie	W71	Baltimore, MD		14:59.27	2	

M75 1 Mile Race Walk Power W

=====						
75 MSO: \$ 10:33.44	2023	John Morrison, MD				
Name	Age	Team	Seed	Finals	Points	
=====						
1 Morrison, John	M78	Essex, MD		11:26.51		

W75 1 Mile Race Walk Power W

=====						
75 MSO: \$ 26:58.60	8/13/2017	Priscilla Sabino, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Abiera, Wandagean	W77	Finksburg, MD		13:12.84	2	

W80 1 Mile Race Walk Power W

=====						
80 MSO: \$ 12:10.57	8/12/2018	Youngja Lee, MD				
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 Juran, Carol	W84	Rockville, MD		17:29.65	2	
2 McKenna, Mary	W81	MD		17:39.32	2	

M80 1 Mile Race Walk Power W

=====						
80 MSO: \$ 11:06.36	2023	Stuart Teper, MD				
Name	Age	Team	Seed	Finals	Points	
=====						
1 Cochran, John	M81	Annapolis, MD		18:35.64		

M80 1 Mile Race Walk Precision Wa

=====						
Name	Age	Team	Seed	Finals	Points	
=====						
1 Teper, Stuart	M83	West Friendship, MD		13:42.84		

W85 1 Mile Race Walk Precision Wa

=====						
Name	Age	Team	Seed	Finals	Points	
=====						
1 Elfenbein, Myra	W88	Laurel, MD		14:43.28		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****M85 1 Mile Race Walk Power W**

85 MSO: \$ 11:31.77	2022	Robert Paulen, MD			
Name	Age Team	Seed	Finals	Points	
1 Juran, Donald	M85 Rockville, MD		17:57.71		

M90 1 Mile Race Walk Precision Wa

Name	Age Team	Seed	Finals	Points	
1 Grant, Dale	M93 Bowie, MD		23:58.89		

W90 1 Mile Race Walk Power W

Name	Age Team	Seed	Finals	H#	Points
1 Lee, Youngja	W90 Annapolis, MD		17:16.19	2	

M90 1 Mile Race Walk Power W

90 MSO: \$ 14:30.19	2023	Dale Grant, MD			
Name	Age Team	Seed	Finals	Points	
1 Cohen, Gary	M90 Myerstown, PA		17:09.17		
2 Grant, Dale	M93 Bowie, MD		18:52.83		

W50 1500 Meter Race Walk

50 MSO: \$ 9:23.14	2004	Deborah Vandover, MD			
Name	Age Team	Seed	Finals	Points	
1 Dennis, Robin	W51 Chantilly, VA		11:24.29		

W55 1500 Meter Race Walk

55 MSO: \$ 8:19.00	1994	Nancy Whitney, MD			
Name	Age Team	Seed	Finals	Points	
1 Vetter, Stacey	W59 Owings, MD		10:39.46		

W60 1500 Meter Race Walk

60 MSO: \$ 9:04.83	2002	Lois Dicker, MD			
Name	Age Team	Seed	Finals	Points	
1 Hanna, Monica	W62 Kensington, MD		10:59.78		

W65 1500 Meter Race Walk

65 MSO: \$ 9:41.11	2004	Lois Dicker, MD			
Name	Age Team	Seed	Finals	Points	
1 Good, Keg	W69 Woodstock, VA		12:10.76		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W70 1500 Meter Race Walk**

=====					
70 MSO: \$ 9:27.07	2010	Lois Dicker, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Greco, Katherine		W72 Youngsville, NC		19:42.81	

M70 1500 Meter Race Walk

=====					
Name	Age	Team	Seed	Finals	Points
=====					
1 Chelius, Timothy		M70 Brookhaven, PA		11:02.46	

M75 1500 Meter Race Walk

=====					
Name	Age	Team	Seed	Finals	Points
=====					
1 Morrison, John		M78 Essex, MD		11:13.85	
2 Gersh, John		M79 Columbia, MD		11:33.01	
3 Augustine, Thomas		M76 MD		11:34.82	
4 gyaki, eric		M78 glen burnie, MD		11:50.85	
5 Mink, Alan		M79 Ellicott City, MD		18:44.03	

M80 1500 Meter Race Walk

=====					
Name	Age	Team	Seed	Finals	Points
=====					
1 Klouda, Kenneth		M84 New Hope, PA		13:05.97	

W80 1500 Meter Race Walk

=====					
80 MSO: \$ 13:03.12	1995	Mary Bittner, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 McKenna, Mary		W81 MD		18:43.22	

M85 1500 Meter Race Walk

=====					
Name	Age	Team	Seed	Finals	Points
=====					
1 Eisner, Manny		M86 Baltimore, MD		15:11.19	

M55 5000 Meter Race Walk Power Walk

=====					
55 MSO: \$ 39:35.01	2021	Alan Murray, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Bradecamp, Denny		M56 Fredericksburg, VA		31:26.31	

M60 5000 Meter Race Walk Power Walk

=====					
60 MSO: \$ 34:57.94	2022	Bruce Chandler, MD			
Name	Age	Team	Seed	Finals	Points
=====					
1 Mickalonis, David		M61 Burke, VA		33:07.99	

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W60 5000 Meter Race Walk Power Walk**

=====					
60 MSO: \$ 37:52.77	2023	Beth Yu, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Limon, Susana	W63 University Park, MD		42:56.64		

M65 5000 Meter Race Walk Power Walk

=====					
65 MSO: \$ 36:44.89	2021	Charles Geyer Jr., MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Joseph, Stuart	M66 Rockaway, NJ		33:13.53		
2 Chandler, Bruce	M67 MD		34:28.08		

W65 5000 Meter Race Walk Power Walk

=====					
65 MSO: \$ 35:09.78	2024	Adele Wagner, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Beckles, Beverley	W69 Una		38:55.05		
2 Carroll, Barb	W66 Arlington, VA		40:49.12		
3 Romano, Catherine	W66 Brookville, MD		44:29.64		
4 Gotay, Idali	W68 Brookville, MD		45:17.69		

M70 5000 Meter Race Walk Power Walk

=====					
70 MSO: \$ 35:38.99	2021	Frank Ng, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Singh, Shabeg	M74 Haymarket, VA		34:51.92		
2 Dubovitsky, Gennady	M74 Rockville, MD		35:41.96		
3 Lerner, James	M70 Bethesda, MD		46:29.41		

W70 5000 Meter Race Walk Power Walk

=====					
70 MSO: \$ 44:56.69	2024	Deborah Rowens, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Reighard, Deborah	W70 Bradenton, FL		37:52.74		
2 Lund, Bodil	W70 Leesburg, VA		41:24.81		
3 Staats, Valerie	W71 Baltimore, MD		48:14.89		

M75 5000 Meter Race Walk Power Walk

=====					
75 MSO: \$ 37:38.32	2023	John Morrison, MD			
Name	Age Team	Seed	Finals	Points	
=====					
1 Morrison, John	M78 Essex, MD		38:38.05		
2 Augustine, Thomas	M76 MD		41:29.83		
3 Mink, Alan	M79 Ellicott City, MD		55:49.88		

2026 Maryland Senior Olympics - 8/1/2026 to 8/2/2026**MSO 2023****Howard Community College****Results****W75 5000 Meter Race Walk Power Walk**

=====				
75 MSO: \$ 10:58.43				
Name	Age Team	Seed	Finals	Points
=====				
1 Abiera, Wandagean	W77 Finksburg, MD		41:48.38	

M80 5000 Meter Race Walk Power Walk

=====				
80 MSO: \$ 39:16.67 2023 John Ord, MD				
Name	Age Team	Seed	Finals	Points
=====				
1 Teper, Stuart	M83 West Friendship, MD		44:09.85	
2 Klouda, Kenneth	M84 New Hope, PA		45:07.58	

W80 5000 Meter Race Walk Power Walk

=====				
Name	Age Team	Seed	Finals	Points
=====				
1 McKenna, Mary	W81 MD		55:49.05	

M85 5000 Meter Race Walk Power Walk

=====				
85 MSO: \$ 47:04.24 2024 Alan Firlein, MD				
Name	Age Team	Seed	Finals	Points
=====				
1 Juran, Donald	M85 Rockville, MD		59:53.02	

W85 5000 Meter Race Walk Power Walk

=====				
85 MSO: \$ 45:03.34 2022 Youngja Lee, MD				
Name	Age Team	Seed	Finals	Points
=====				
1 Doane, Patricia	W85 Rockville, MD		52:43.45	

W90 5000 Meter Race Walk Power Walk

=====				
Name	Age Team	Seed	Finals	Points
=====				
1 Lee, Youngja	W90 Annapolis, MD		53:14.08	