



2026 Basketball Skills Results

Results and medalists for the MSO basketball skills competition,
held Aug. 15 at Meadowbrook Athletic Complex in Ellicott City.

Floor Shots

Women

50-54

Gold — Latonia Brown (Raleigh, N.C.)
Gold — Andrea Holmes (Arlington, Va.)

55-59

Gold — Angela Romano (Kensington)

60-64

Gold — Lauren Freedman (Germantown)
Silver — Sandra Barrett (Bowie)
Bronze — Belinda Bauman (Westminster)

Men

55-59

Gold — John Melton (Frederick)
Gold — Afshin Molavi (Washington, D.C.)
Silver — Robert Jackson (Idlewyld)
Bronze — Timothy Wilcox (Ellicott City)

60-64

Gold — Omar Bilal (Bowie)
Silver — Constantine Pergantis (Bethesda)

65-69

Gold — William Davis (Annapolis)
Silver — Dan Hendley (Wexford, Pa.)
Silver — John Metzger (Clarksburg)
Bronze — Richard Perkins (Cumberland)

70-74

Gold — Richard White (La Plata)
Silver — Rodney Evans (Baltimore)
Bronze — Ronald Craig (Temple Hills)
4.) Jeffrey Russell (Keedysville)

75-79

Gold — Howard Mann (Martinsburg, W.V.)
Gold — Michael Galligan-Stierle (Deale)
Silver — Hakim Rashid (Silver Spring)
Bronze — Eric Gyaki (Glen Burnie)
4.) James DeBoy (Lancaster, Pa.)

80-84

Gold — Allan Kellum (McLean, Va.)

Free Shots

Women

50-54

Gold — Andrea Holmes (Arlington, Va.)
Silver — Latonia Brown (Raleigh, N.C.)

55-59

Gold — Angela Romano (Kensington)

60-64

Gold — Lauren Freedman (Germantown)
Silver — Belinda Bauman (Westminster)
Bronze — Sandra Barrett (Bowie)

Men

55-59

Gold — Afshin Molavi (Washington, D.C.)

Gold — Robert Jackson (Idlewylde)

Gold — John Melton (Frederick)

Silver — Timothy Wilcox (Ellicott City)

60-64

Gold — Constantine Pergantis (Bethesda)

Silver — Omar Bilal (Bowie)

65-69

Gold — Dan Hendley (Wexford, Pa.)

Gold — John Metzger (Clarksburg)

Silver — Richard Perkins (Cumberland)

70-74

Gold — Ronald Craig (Temple Hills)

Gold — Richard White (La Plata)

Silver — Jeffrey Russell (Keedysville)

Bronze — Rodney Evans (Baltimore)

75-79

Gold — Howard Mann (Martinsburg, W.V.)

Gold — Michael Galligan-Stierle (Deale)

Silver — Hakim Rashid (Silver Spring)

Bronze — Eric Gyaki (Glen Burnie)

80-84

Gold — Alan Kellum (McLean, Va.)

Gold — Wesley Barkley (Baltimore)

Foul Shots

Women

50-54

Gold — Latonia Brown (Raleigh, N.C.)

Silver — Andrea Holmes (Arlington, Va.)

55-59

Gold — Angela Romano (Kensington)

60-64

Gold — Belinda Bauman (Westminster)

Silver — Lauren Freedman (Germantown)

Bronze — Sandra Barrett (Bowie)

Men

50-54

Gold — Robert Jackson (Idlewylde)

Silver — Afshin Molavi (Washington, D.C.)

Silver — Timothy Wilcox (Ellicott City)

Bronze — John Melton (Frederick)

60-64

Gold — Omar Bilal (Bowie)

Silver — Constantine Pergantis (Bethesda)

65-69

Gold — John Metzger (Clarksburg)

Silver — Robert Topp (Arnold)

Bronze — William Davis (Annapolis)

4.) Dan Hendley (Wexford, Pa.)

4.) Richard Perkins (Cumberland)

70-74

Gold — Richard White (La Plata)

Silver — Ronald Craig (Temple Hills)

Bronze — Rodney Evans (Baltimore)

4.) Jeffrey Russell (Keedysville)

75-79

Gold — Michael Galligan-Stierle (Deale)

Silver — James DeBoy (Lancaster, Pa.)

Bronze — Howard Mann (Martinsburg, W.V.)

Silver — Eric Gyaki (Glen Burnie)

Silver — Hakim Rashid (Silver Spring)

80-84

Gold — Allan Kellum (McLean, Va.)