



## 2026 Cycling Results

Results and medalists for the MSO cycling 10k time trials,  
held June 3 in Davidsonville.

**New MSO Records are in bold.**

### Women

#### 55-59

*Gold* — Erika Griffith (Odenton), 20:21  
*Silver* — Layla Dorman (Washington, D.C.), 20:51  
*Silver* — Katherine Sye (Bethesda), 23:58  
*Bronze* — Keely Maxwell (Takoma Park), 25:57  
4.) Joy Homar (McHenry), 31:59

#### 60-64

*Gold* — Anne Knowler (Aberdeen), 21:26  
*Silver* — Amy Levinrad (Ashburn, Va.), 25:17

#### 70-74

*Gold* — Sharon Shellenberger (Carlisle, Pa.), 22:21  
*Silver* — R.L. Goodman-Powery (Ashburn, Va.), 31:50

#### 75-79

*Gold* — Alease Wright (Springdale), 38:09

### Men

#### 50-54

*Gold* — Antonio Abadia (Crofton), 17:46

#### 55-59

*Gold* — Stephen Sambrano (Lansdale, Pa.), 17:42  
*Gold* — Lars Myren (Williamsport), 18:03  
*Silver* — Dewayne Clacks (Hyattsville), 18:20  
*Bronze* — Robert Burgee (Lothian), 20:28

#### 60-64

*Gold* — Steve Owens (Littlestown, Pa.), 17:08  
*Gold* — Irvin Green (Baltimore), 17:49  
*Bronze* — Mark Melanson (Falling Waters, W.V.), 18:34  
*Silver* — Kasempath Meesuk (Millersville), 18:35  
*Bronze* — Dewayne Hudson (New Carrollton), 18:49  
6.) Michael Ryan (Selbyville, Del.), 21:55  
4.) Michael Canary (Rockville), 26:58

#### 65-69

*Gold* — Andrew Bonheyo (Frederick), 16:21  
*Silver* — William McComack (Joy, Pa.), 18:04  
*Silver* — Harris Bernstein (Potomac), 19:57  
*Bronze* — James McTernan (Sandy Spring), 20:12  
4.) Ivan Place Jr. (Upper Marlboro), 20:14  
5.) Karl Bugenhagen (Chesapeake Beach), 21:07  
6.) Michael Maddox (Middle River), 22:56  
7.) Elliott Hamilton (Hyattsville), 23:51  
8.) David Stinson (North Beach), 23:51  
10.) Raymond Brice (Reston, Va.), 28:57

#### 70-74

*Gold* — Timothy Rohrbaugh (Spring Grove, Pa.), 17:34  
*Gold* — Richard Paukstis (Gambrills), 17:46  
*Silver* — Edward Caldeira (Crofton), 18:19  
*Bronze* — Steve Esmacher (Crownsville), 18:53  
4.) Andrew Kundra (Laurel), 20:26  
6.) Gary Wilson (Hanover, Pa.), 21:11  
5.) Lou Viner (Bethesda), 21:35

- 6.) Joseph Weiss (Millersville), 23:18
- 7.) George Smith (Bethesda), 23:32
- 10.) John Jeffers (Springfield, Va.), 26:21
- 8.) Bernard Miller (Bowie), 32:00

#### **75-79**

- Gold* — Mark Holt (Williamsburg, Va.), 17:33
- Gold* — Don Forgione (Ellicott City), 18:39
- Bronze* — Wesley Scholz (Washington, D.C.), 18:59
- Silver* — Paul Lally (Silver Spring), 21:40
- Bronze* — Myron Segal (Silver Spring), 25:47
- 4.) Kenneth Drier (Rising Sun), 26:54
- 5.) Maurice Klein (Smithsburg), 56:07

#### **80-84**

- Gold* — Bruce Kessler (Newville, Pa.), 21:14
- Gold* — John Cox (Parkville), 21:43
- Silver* — Franklin Nutter (Port Republic), 22:28
- 4.) David Hammond (Washington, D.C.), 23:32
- Bronze* — Dennis Benson (Cabin John), 25:33

#### **85-89**

- Gold* — Marlyn Hahn (York, Pa.), 28:08
- Gold* — James Kelley (Ellicott City), 28:17
- Silver* — James Crafton (Silver Spring), 29:00

#### **90-94**

- Gold* — James Dupree (Bethesda), 32:27**

### **Recumbent**

#### **Men**

#### **50-54**

- Gold* — Doran Flowers (Bethesda), 27:27