

# MARYLAND SENIOR OLYMPICS



## 2026 MSO EVENTS, SCHEDULE & INFO!

For men and women aged 50-plus. | 30 sports, April 26–Oct. 31

Archery.....	Sept. 26
Badminton.....	July 12
Basketball 3-on-3.....	Aug. 15
Basketball Skills.....	Aug. 15
Billiards.....	Oct. 3-4
Bocce (Columbia 4-player teams).....	June 15
Bocce (Frederick singles, doubles).....	Sept. 5
Bocce (Gaithersburg singles, doubles).....	Oct. 9
Bowling.....	Aug. 17-18
Cornhole.....	Oct. 4
Cycling 10k Time Trials.....	May 6
Cycling 5k Time Trials.....	June 3
Disc Golf.....	June 28
Golf.....	Sept. 14
Horseshoes.....	July 11
Pickleball.....	May 28-31
Pistol Shooting.....	Aug. 8
Powerlifting.....	Oct. 10
Racquetball.....	Sept. 9-10
Road Race 5k.....	Sept. 5
Road Race 10k.....	April 26
Shuffleboard.....	Aug. 9
Soccer 8v8.....	Oct. 5
Softball.....	Sept. 19
Swimming.....	Sept. 26
Table Tennis.....	June 27
Tennis.....	Sept. 17-19
Track & Field.....	Aug. 1-2
Trap Shooting.....	Oct. 31
Triathlon.....	May 31
Volleyball.....	Aug. 29-30
Walking Events.....	Aug. 1-2
Wii Bowling.....	Oct. 23

*Dates subject to change*



### Complete Details & Registration

[mdseniorolympics.org](https://mdseniorolympics.org)



Call 240-777-4930 or email to:  
[info@mdseniorolympics.org](mailto:info@mdseniorolympics.org)

