We look forward to seeing you this weekend (June 28 and 29) for our 2025 Maryland Senior Olympics USATF-Sanctioned Track and Field meet! Please look closely at the revised schedule of events, many times have changed:

MSO Revised Schedule

Heat sheets/live results link: Maryland Senior Olympics T&F 2025 - Jun 28 – 29, 2025 | QW Timing

Location/Directions/Parking/Maps: Howard Community College 10901 Little Patuxent Parkway Columbia, MD 21044

HCC Directions HCC Athletic Fields Map HCC Campus Map

The small dirt lot next to the track is for officials only. Parking is located off Campus Drive in any of the several lots. There is a walkway to take down to the athletic fields. Plan on arriving with enough time (no later than 30 minutes) to check in with Maryland Senior Olympics then at your event location. You'll receive a bib *#*, hold on to it for both days if you are returning on Sunday.

Please check out the athletic fields map to see where the Maryland Senior Olympics check in tent is located. That is also where the final results will be posted and awards available.

Times are subject to change. We encourage you to check your email and at sign-in on the day of your event for potential time changes.

Sorry, there will not be food on site, please come prepared! We will have plenty of water and suggest you bring a reusable water bottle to fill. There will be portable restrooms on-site. We do not have access to campus restrooms.

Gold, silver, and bronze medals and ribbons for 4th through 6th-place finish will be awarded to each age group.

If at any time you need assistance while at the meet, please do not hesitate to ask any of the Montgomery County Recreation employees (all will be in staff t-shirts).

Thank you for choosing to participate with us, we look forward to seeing you! Maryland Senior Olympics 240-777-4930