

MARYLAND SENIOR OLYMPICS



2025 MSO REGISTRATION IS OPEN!

For men and women aged 50-plus. Out-of-state participants welcome.



Archery.....	Sept. 20
Badminton.....	Sept. 6
Basketball 3-on-3.....	June 21
Basketball Skills.....	June 21
Billiards.....	Oct. 4-5
Bocce (4-player teams).....	June 30
Bocce (singles, doubles).....	Oct. 10
Bowling.....	Aug. 18-19
Cornhole.....	Oct. 5
Cycling 10k Time Trials.....	May 7
Cycling 5k Time Trials.....	June 4
Disc Golf.....	June 14
Golf.....	Sept. 15
Horseshoes.....	Sept. 6
Pickleball.....	May 16-18
Powerlifting.....	Oct. 11
Racquetball.....	Sept. 3-4
Road Race 5k.....	Aug. 30
Road Race 10k.....	Oct. 26
Shuffleboard.....	June 7
Soccer 8v8.....	June 22
Softball.....	Sept. 6
Swimming.....	Sept. 6
Table Tennis.....	July 12
Tennis.....	Sept. 18-20
Track & Field.....	June 28-29
Trap Shooting.....	May 31
Triathlon.....	June 1
Volleyball.....	Aug. 23
Walking Events.....	June 28-29
Wii Bowling.....	Oct. 6

Dates subject to change



Details, Guide & Registration

mdseniorolympics.org

Call 240-777-4930 or email
info@mdseniorolympics.org

"TO PARTICIPATE IS TO WIN!"

