



## 2024 5k Run Results

Medalists for the MSO 5k run qualifier for the 2025 National Senior Games, held Aug. 31 through the Kentlands/Lakelands 5k in Gaithersburg.

New records are in bold.

### Men

#### 50-54

*Gold* — Hasan Hobbs (Poolesville), 17:57  
*Silver* — Michael Chen (Gaithersburg), 20:45  
*Bronze* — Kam Yee (Gaithersburg), 21:13

#### 55-59

*Gold* — Pete Wergin (Gaithersburg), 18:13  
*Silver* — Gene Park (Kensington), 18:46  
*Bronze* — Peter Bandettini (Bethesda), 20:10

#### 60-64

*Gold* — Mark Neff (Derwood), 18:37  
*Silver* — Rob Hovermale (Smithsburg), 19:56  
*Bronze* — Paul Jacobson (Gaithersburg), 21:05

#### 65-69

*Gold* — Michael Kearney (Mt. Airy), 20:59  
*Silver* — Thomas Burke (California), 21:52  
*Bronze* — David White (Severna Park), 24:43

#### 70-74

*Gold* — Bruce Myles (Montgomery Village), 24:10  
*Silver* — Steve Sharpe (Westminster), 24:37  
*Bronze* — Eugene Myers (Columbia), 25:43

#### 75-79

*Gold* — Bill Senseney (Charles Town, W.V.), 25:25  
*Silver* — Emile Brouwers (Silver Spring), 27:  
*Bronze* — Bruce Kessler (Newville, Pa.), 32:16

#### 80-84

*Gold* — Frank Snyder (Gaithersburg), 30:03

*Silver* — Malcom O'Hagan (Chevy Chase), 32:17

*Bronze* — Arthur Gregory (Jefferson), 35:32

#### 85-89

*Gold* — Ronald Chiariello (Rockville), 34:28  
*Silver* — John Noble (Bethesda), 48:24

### Women

#### 50-54

*Gold* — Lisa Levin (Gaithersburg), 21:09  
*Silver* — Julie Sapper (Rockville), 21:55  
*Bronze* — Jennifer Nash (Gaithersburg), 24:48

#### 55-59

*Gold* — Ying Ford (Clarksburg), 24:14  
*Silver* — Ruth Taylor (Jefferson), 24:32  
*Bronze* — Marsha Demaree (Marriottsville), 24:49

#### 60-64

*Gold* — Karla Eckart (Bel Air), 23:16  
*Silver* — Robin Lerner (Bethesda), 24:29  
*Bronze* — Sarah McKechnie (Kensington), 25:04

#### 65-69

*Gold* — Claudia Kirkup (Annapolis), 27:10  
*Silver* — Carolyn Eichberg (Potomac), 27:36  
*Bronze* — Martha Martinez (Colorado City, Tex), 27:48

#### 70-74

*Gold* — Laurie Fisher (Hyattsville), 32:44  
*Silver* — Sheila Moore (Gaithersburg), 37:19  
*Bronze* — Terri Binder (Germantown), 41:29

**75-79**

**Gold — Alice Franks (Rockville), 28:10**

*Silver* — Lizzie Sadoff (Washington, D.C.), 30:15

*Bronze* — Janet McCarthy (Millsboro, Del.),

41:07

**80-84**

*Gold* — Merrilynn Kessler (Newville, Pa.), 40:16