



2024 Cycling 10k Results

Held May 1 in Davidsonville, MD

Women

50-54

Gold—Layla Doman (Washington, D.C.), 21:28

Gold—Erika Griffith (Odenton), 21:54

Silver—Elizabeth Evans (Manchester, PA), 23:31

Silver—Keely Maxwell (Takoma Park), 24:49

55-59

Gold— Elizabeth Foxx (Williamsburg, VA), 17:08

Gold— Stephanie McMahill (Edgewater), 20:42

65-69

Gold— Julie Evans (Silver Spring), 22:50

70-74

Gold— Sharon Shellenberger (Carlisle, PA) 21:49

Gold— Diane Harris (Fort Washington), 22:28

Silver— Tracy Lea (Taneytown), 24:05

Bronze— Francoise Ramsey (Kensington), 36:50

Men

50-54

Gold— Matthew Emeott (Baltimore), 16:58

Silver— Antonio Abadia (Crofton), 17:35

55-59

Gold— Lance Fargo (Reisterstown), 16:17

Silver— Andrew Kolaja (North Beach), 17:22

60-64

Gold— Andrew Bonheyo (Frederick), 16:10

Silver— Steve Owens (Friendship), 16:52
Bronze— David Brodmann (Hagerstown), 17:42
4.) Kasempath Meesuk (Millersville), 18:09
5.) Paul Garza (Odenton), 19:19
6.) Calvin Ball (Huntingtown), 20:55
7.) Michael Miller (Waldorf), 1:05:59

65-69

Gold— Jim Crowley (Alexandria, VA), 17:14
Silver— Peter Czapiewski (Alexandria, VA), 18:54,
Bronze— Scott Daubert (Hanover, PA), 19:00
Gold— Jeffrey Andrews (Chevy Chase), 21:00
5.) John Jeffers (Springfield, PA), 26:42

70-74

Gold— Mark Holt (Williamsburg, VA), 17:12
Gold— Paul Feldman (Crownsville), 17:47
Silver— Chris Barritt (Mt. Airy), 18:11
Bronze— Don Forgione (Ellicott City), 18:15
4.) Michael Fitzsimmons (Sykesville), 18:36
6.) Wesley Scholz (Washington, D.C.), 18:47
5.) Keith Shuey (Halethorpe), 18:49
6.) Edward Caldeira (Crofton), 18:56
9.) Gary Wilson (Hanover, PA), 19:15
7.) Jerry Yetter (Columbia), 19:32
8.) Paul Lally (Silver Spring), 20:08
9.) Richard Viner (Bethesda), 20:20
10.) Ron Hill (Laurel), 21:52
11.) Geroge Smith (Bethesda), 22:40

75-79

Gold—James Hartnett (Gettysburg, PA), 19:37
Gold—John Cox (Parkville), 19:50
Bronze—Bruce Kessler (Newville, PA), 21:20
Silver— Franklin Nutter (Port Republic), 23:09
Bronze— Myron Segal (Silver Spring), 23:27

80-84

Gold— Douglas Corby (Edgewater), 22:29
Silver— James Miner (Annapolis), 23:18
Bronze— Marlyn Hahn (York, PA), 24:50
Bronze— Charles Rogers (Annapolis), 29:04

90-94

Gold— James Dupree (Bethesda), 31:50

Men's Recumbent

50-54

Gold— David Kern (Potomac), 26:35

70-74

Gold— Ronald Keech (Rockville), 20:36