

SOCCKER – OPEN (Women/Men) 8 v 8

QUALIFYING RULES

1. For 2025, Soccer event will be classified as an “OPEN” sport. Teams do not need to qualify at a 2024 qualifier.

ENTRY REGULATIONS

1. Teams must be all one gender.
2. Team rosters shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel. No players will be added to the roster during the tournament.
3. Teams are not limited to the number of out-of-state players on their rosters; however, roster changes shall be allowed only as permitted under Rule F. It is the captain’s responsibility to declare team residency subject to NSGA approval, at the time of registration. Team roster participants who are unable to compete may be replaced after the official registration deadline for valid medical reasons only. Determining valid change requests are at the discretion of the NSGA and may be made after the advertised registration deadline.
4. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel.
5. At the National Senior Games, athletes may compete on up to two teams per sport providing that the teams are in different age divisions that are scheduled to play in completely separate sessions.
6. Age divisions for all team competition will be determined by the age of the youngest team player as of December 31, 2025.

FORMAT

1. The number of entries in each division will determine the format of the competition.
2. Any game missed/forfeited during bracket play will be considered a loss.
3. Awards will be presented for 1st through 4th place for each event within each age division.
4. The NSGA and LOC reserve the right to change the tournament format for any age division based on entry numbers, space restrictions, or other circumstance.

SPORT RULES

1. This tournament will be conducted in accordance with the United States Adult Soccer Association rules, except as modified herein.
2. All games in a competition will follow the FIFA Laws of the Game in effect at the time of the competition.
3. Length of the field shall not be more than 80 X 50 yards.
4. Playing time will be two halves of 30 minutes.
5. Goal nets shall be used – 7’ x 21’
6. Fields shall be properly marked. A flag on a post not less than five (5) feet high & having a non-pointed top, shall be placed at each corner.
7. Substitutions shall be unlimited.
8. In the event of the score being tied at the end of regulation periods, in a group round match the tie score will stand. In the event a semifinal or final round match is tied at the end of regulation periods, the winner will be determined according to the FIFA method of obtaining a result in knock---out competition in effect at the time of the competition. In the event of a playoff game being tied at the end of the regulation periods, a ten (10) minute overtime period, which is divided into two (2) periods of five (5) minutes, shall be played. Tied playoff games after overtime will be decided by penalty kicks.
9. Tie Breaks – the following sequence shall be used to break ties in the standings. For a three or more way tie; after the first time is broken, the tiebreaker shall start at the beginning to break the next tie.
 - a) Head to Head
 - b) Goals against
 - c) Goals for
 - d) Fair Play
 - e) Toss of a coin
10. Uniforms:
 - a) Team clothing must be of like design and color.
 - b) Teams must have both “home” and “away” uniforms with permanently attached numbers. The numbers must be 4” on the front and 6” on the back in the center of the jersey.



- c) Sponsors may be added to uniforms, but cannot interfere with number placement.
- d) Uniforms shall be free of inappropriate symbols or wording.
- e) Teams must provide their own goalie jersey and equipment.