



2023 Running 10k Results

Results for the MSO 10k running race,
held Oct. 8 as part of the Race For Our Kids in Baltimore.
No new records were set in 2023.

Women

50-54

Gold—Jenny Glick (Baltimore), 1:24:41

55-59

Gold—Rita Mortellaro (Takoma Park), 50:56

Silver—Karen Werber (Olney), 56:27

60-64

Gold—Dana Lebo (Chapel Hill, N.C.), 48:43

Silver—Deborah Donohue (Towson), 55:20

Bronze—Linda Mullarkey (Quincy, Mass.), 1:09:23

65-69

Gold—Lucy Younes (Hyattsville), 1:34:56

70-74

Gold—Laurie Fisher (Hyattsville), 1:04:09

Men

50-54

Gold—Michael Chen (Gaithersburg), 41:27

Silver—Jeffrey Geller (Baltimore), 58:33

Bronze—Leonardo Figueroa (Forest Hill), 1:05:43

55-59

Gold—Brian Block (Pikesville), 43:19

Silver—Craig Carmichael (Baltimore), 48:05

Bronze—Kassa Mesfin (Silver Spring), 53:13

4.) Dawit Lakew (Burtonsville), 57:13

5.) David Flax (Baltimore), 59:48

60-64

Gold—Jim Mullarkey (Quincy, Mass.), 58:22

Silver—James Stewart (Ellicott City), 1:09:26

70-74

Gold—Tom Nolan (Kensington), 44:49

Silver—Wilson Trueheart (Baltimore), 1:30:37