

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W50 50 Meter Dash**

Name	Age	Team	Finals	Wind	H#
Finals					
1 #169 Scott, Marioky	W54	Alexandria, VA	8.29	+0.0	3

W55 50 Meter Dash

Finals					
1 #11 Battle, Tracey	W56	Silver Spring, MD	8.17	+0.0	3
2 #53 Gabourel, Paulette	W58	Gambrills, MD	8.27	+0.0	3
3 #60 Gibson, Dr. Koura	W59	Washington, DC	8.36	+0.0	3
4 #139 Ogrodnik, Jennifer	W58	Hillsborough, NJ	8.99	+0.0	3

W60 50 Meter Dash

Finals					
1 #151 Rath, Terri	W60	Reston, VA	8.22	0.3	2
2 #7 Banes, Eloisa	W63	Hagerstown, MD	9.92	0.3	2
3 #106 Limon, Susana	W60	University Park, MD	11.96	0.3	2
4 #163 Sappington, Angela	W60	Frederick, MD	24.01	0.3	2

W65 50 Meter Dash

Finals					
1 #73 Harris, Kimberly	W65	Hyattsville, MD	14.53	0.3	2
--- #76 Hayman, Denise R.	W68	Owings Mills, MD	DNS	0.3	2

W70 50 Meter Dash

Finals					
1 #150 Rankins, Claudia	W70	Powhatan, VA	10.04	1.7	
2 #50 Esumi, Noriko	W70	Lutherville, MD	10.70	1.7	
3 #41 Dew, Rosemary	W73	Woodbine, MD	11.34	1.7	

W75 50 Meter Dash

Finals					
1 #183 Talley, Shiann	W75	Frederick, MD	12.81	1.7	
2 #166 Schulman, Carol	W79	Bethesda, MD	13.25	1.7	
3 #20 Bowens, Sylvia	W78	Frederick, MD	15.13	1.7	
--- #202 White, Mary	W77	Arlington, VA	DNS	1.7	

W85 50 Meter Dash

Finals					
1 #66 Green, Rose	W85	Upper Marlboro, MD	10.93	1.7	

M50 50 Meter Dash

Finals					
1 #182 Talley, Shawn	M51	Columbia, MD	6.67	-0.1	7
2 #188 Thorne, Gavin	M52	Woodbridge, VA	6.80	-0.1	7
3 #206 Yee, Kam	M53	Gaithersburg, MD	7.63	-0.1	7
4 #2 Alexander, Paul	M52	Miami, FL	7.76	-0.1	7

M55 50 Meter Dash

Finals					
1 #86 jackson, lionel	M58	oxon hill, MD	7.00	0.6	6
2 #129 muhammad, Curtis	M58	Columbia, MD	7.22	0.6	6
3 #190 Torreon, Ben	M59	Annapolis, MD	7.86	0.6	6
4 #162 Samiec, James	M57	Trappe, MD	8.25	0.6	6

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M55 50 Meter Dash)**

5	#203 Wilcox, Timothy	M56	Ellicott City, MD	8.44	0.6	6
---	#130 Mulazim, Khalid	M57	Cleveland, OH	DNS	0.6	6
---	#71 Hanes, Norris	M56	Waldorf, MD	DNS	0.6	6

M60 50 Meter Dash**Finals**

1	#61 Gold, Jeff	M61	Odenton, MD	6.95	-0.8	4
2	#23 Brague, James	M60	Montoursville, PA	7.03	-0.8	4
3	#141 owens, keith	M60	Baltimore, MD	7.12	-0.8	4
4	#92 Jones, David	M63	Reston, VA	7.95	1.0	5
5	#62 Gottlieb, Matthew	M60	Fairfax, VA	7.98	1.0	5
6	#155 Roberts, Jeremy	M61	Beltsville, MD	8.11	-0.8	4
---	#189 Tolin, Zac	M62	Rockville, MD	DNS	1.0	5
---	#28 Burgess, Gary	M61	Snellville, GA	DNS	1.0	5
---	#10 Barrett, Owen	M61	Bronx, NY	DNS	1.0	5

M65 50 Meter Dash**Finals**

1	#176 Spruill, Willie	M65	ST Pauls, NC	7.26	0.7	3
2	#197 Waithe, Roland	M68	Unattached	7.90	0.7	3
3	#25 Brown, Franklin	M68	Salisbury, MD	8.12	0.7	3
4	#164 Saunier, Raymond	M65	Rockville, MD	10.14	0.7	3
5	#172 Seymour, John	M68	Kirkwood, DE	12.00	0.7	3

M70 50 Meter Dash**Finals**

1	#19 Bowen, Robert	M71	Martinsburg, WV	7.25	0.7	3
2	#173 Sharpe, Steve	M71	Westminster, MD	10.70	0.7	3
---	#24 Brown, Arnold	M73	Pikesville, MD	DNF	0.7	3

M75 50 Meter Dash**Finals**

1	#198 Warren, Don	M75	Chester, PA	7.40	0.8	2
2	#100 Koontz, Robert	M79	Waldorf, MD	8.06	0.8	2
3	#179 Strouss, Mack	M75	Annapolis, MD	8.71	0.8	2
4	#142 Pearce, James	M78	Columbia, MD	15.32	0.8	2
---	#207 Young, Jeff	M75	McLean, VA	DNS	0.8	2
---	#69 Guy, Joseph	M76	Leonardtown, MD	DNS	0.8	2
---	#30 Capozzoli, Peter	M75	Bel Air, MD	DNS	0.8	2
---	#121 McCall, James	M76	Halethorpe, MD	DNS	0.8	2

M80 50 Meter Dash**Finals**

1	#147 Polun, Nelson	M80	Bel air, MD	9.70	0.4	
2	#184 Teper, Stuart	M80	West Friendship, MD	10.75	0.4	
3	#161 Sadin, Edwin	M82	Hillsborough, NJ	12.80	0.4	
4	#87 Jacobson, Jace	M83	Emmaus, PA	15.56	0.4	

M85 50 Meter Dash**Finals**

---	#199 Watkins, Kent	M86	Bethesda, MD	DNS	0.4	
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M90 50 Meter Dash****Finals**

1	#187 Thompson, Marshall	M90 Windsor Mill, MD	10.42	0.4
2	#40 Dempster, Darrell	M94 Annapolis, MD	50.50	0.4

M95 50 Meter Dash**Finals**

---	#81 Hill, Jack	M97 Rockville, MD	DNS	0.4
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W50 100 Meter Dash**Finals**

1	#169 Scott, Marioky	W54 Alexandria, VA	15.87	-0.2	3
---	#116 Maxwell, Keely	W52 Takoma Park, MD	DNS	-0.2	3

W55 100 Meter Dash**Finals**

1	#53 Gabourel, Paulette	W58 Gambrills, MD	15.72	-0.2	3
2	#139 Ogrodnik, Jennifer	W58 Hillsborough, NJ	16.79	-0.2	3
---	#27 Bryan, JB	W56 Richmond, VA	DNS	-0.2	3

W60 100 Meter Dash**Finals**

1	#151 Rath, Terri	W60 Reston, VA	15.24	-0.5	2
2	#91 Jasper, Lorraine	W62 Birchrunville, PA	16.45	-0.5	2
3	#7 Banes, Eloisa	W63 Hagerstown, MD	19.26	-0.5	2
4	#106 Limon, Susana	W60 University Park, MD	24.89	-0.5	2
5	#163 Sappington, Angela	W60 Frederick, MD	44.25	-0.5	2

W65 100 Meter Dash**Finals**

---	#76 Hayman, Denise R.	W68 Owings Mills, MD	DNS	-0.5	2
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W70 100 Meter Dash**Finals**

1	#150 Rankins, Claudia	W70 Powhatan, VA	19.63	-1.4
2	#50 Esumi, Noriko	W70 Lutherville, MD	20.41	-1.4
3	#41 Dew, Rosemary	W73 Woodbine, MD	22.88	-1.4

W75 100 Meter Dash**Finals**

1	#183 Talley, Shiann	W75 Frederick, MD	25.96	-1.4
2	#166 Schulman, Carol	W79 Bethesda, MD	25.99	-1.4
---	#202 White, Mary	W77 Arlington, VA	DNS	-1.4
---	#13 berger, nancy	W78 Hunt Valley, MD	DNS	-1.4

W85 100 Meter Dash**Finals**

1	#66 Green, Rose	W85 Upper Marlboro, MD	21.61	-1.4
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M50 100 Meter Dash**Finals**

1	#182 Talley, Shawn	M51 Columbia, MD	12.17	0.7
2	#188 Thorne, Gavin	M52 Woodbridge, VA	12.52	0.7
3	#2 Alexander, Paul	M52 Miami, FL	13.71	0.7

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M50 100 Meter Dash)**

4	#206 Yee, Kam	M53	Gaithersburg, MD	14.26	0.7
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M55 100 Meter Dash**Finals**

1	#130 Mulazim, Khalid	M57	Cleveland, OH	12.22	-0.8
2	#86 jackson, lionel	M58	oxon hill, MD	12.91	-0.8
3	#129 muhammad, Curtis	M58	Columbia, MD	14.00	-0.8
4	#162 Samiec, James	M57	Trappe, MD	15.17	-0.8
5	#203 Wilcox, Timothy	M56	Ellicott City, MD	15.99	-0.8
---	#71 Hanes, Norris	M56	Waldorf, MD	DNS	-0.8

M60 100 Meter Dash**Finals**

1	#189 Tolin, Zac	M62	Rockville, MD	12.97	-1.9
2	#23 Brague, James	M60	Montoursville, PA	12.99	-1.9
3	#92 Jones, David	M63	Reston, VA	14.95	-1.9
4	#88 Jain, Sandeep	M61	Gaithersburg, MD	18.06	-1.9
---	#10 Barrett, Owen	M61	Bronx, NY	DNS	-1.9
---	#61 Gold, Jeff	M61	Odenton, MD	DNS	-1.9
---	#28 Burgess, Gary	M61	Snellville, GA	DNS	-1.9

M65 100 Meter Dash**Finals**

1	#176 Spruill, Willie	M65	ST Pauls, NC	13.52	0.5
2	#197 Waithe, Roland	M68	Unattached	13.98	0.5
3	#25 Brown, Franklin	M68	Salisbury, MD	15.27	0.5
4	#55 Gant, Bernard	M67	Lumberton, NC	15.90	0.5
5	#18 Bourg, Steven	M68	Annapolis, MD	15.90	0.5
6	#164 Saunier, Raymond	M65	Rockville, MD	18.79	0.5

M70 100 Meter Dash**Finals**

1	#19 Bowen, Robert	M71	Martinsburg, WV	13.71	-1.4
2	#173 Sharpe, Steve	M71	Westminster, MD	15.60	-1.4
3	#3 allen, glen	M72	Baltimore, MD	16.48	-1.4
---	#24 Brown, Arnold	M73	Pikesville, MD	DNS	-1.4

M75 100 Meter Dash**Finals**

1	#198 Warren, Don	M75	Chester, PA	14.18	0.5	2
2	#100 Koontz, Robert	M79	Waldorf, MD	15.48	0.5	2
3	#179 Strouss, Mack	M75	Annapolis, MD	16.58	0.5	2
4	#68 Guinn, Michael	M78	Rockingham, VA	17.19	0.5	2
5	#207 Young, Jeff	M75	McLean, VA	17.69	0.5	2
---	#69 Guy, Joseph	M76	Leonardtown, MD	DNS	0.5	2
---	#30 Capozzoli, Peter	M75	Bel Air, MD	DNS	0.5	2
---	#121 McCall, James	M76	Halethorpe, MD	DNS	0.5	2

M80 100 Meter Dash**Finals**

1	#147 Polun, Nelson	M80	Bel air, MD	19.29	-1.0
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M80 100 Meter Dash)**

2	#184 Teper, Stuart	M80 West Friendship, MD	22.13	-1.0
3	#168 Schwartz, Phillip	M82 Rockville, MD	31.21	-1.0
---	#161 Sadin, Edwin	M82 Hillsborough, NJ	DNS	-1.0
---	#193 Tutt, Louis	M81 Hyattsville, MD	DNS	-1.0

M85 100 Meter Dash**Finals**

---	#199 Watkins, Kent	M86 Bethesda, MD	DNS	-1.0
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M90 100 Meter Dash**Finals**

1	#187 Thompson, Marshall	M90 Windsor Mill, MD	21.31	-1.0
2	#40 Dempster, Darrell	M94 Annapolis, MD	1:42.53	-1.0

W50 200 Meter Dash**Finals**

1	#169 Scott, Marioky	W54 Alexandria, VA	33.40	-0.9	2
---	#136 Nemmers, Erica	W52 Alexandria, VA	DNS	-0.9	2
---	#116 Maxwell, Keely	W52 Takoma Park, MD	DNS	-0.9	2

W55 200 Meter Dash**Finals**

1	#4 Anderson, Kimberly	W58 Dillsburg, PA	35.52	-0.9	2
2	#139 Ogradnik, Jennifer	W58 Hillsborough, NJ	38.19	-0.9	2

W60 200 Meter Dash**Finals**

1	#91 Jasper, Lorraine	W62 Birchrunville, PA	33.38	-0.9	2
2	#45 Egli-Flanagan, Debra	W64 Mechanicsburg, PA	37.27	-0.9	2
3	#7 Banes, Eloisa	W63 Hagerstown, MD	42.76	-0.9	2

W70 200 Meter Dash**Finals**

1	#50 Esumi, Noriko	W70 Lutherville, MD	43.29	-1.0
2	#150 Rankins, Claudia	W70 Powhatan, VA	45.15	-1.0
3	#78 Heidel-Gontasz, Sharon	W73 Baltimore, MD	58.14	-1.0

W75 200 Meter Dash**Finals**

1	#166 Schulman, Carol	W79 Bethesda, MD	1:03.14	-1.0
---	#202 White, Mary	W77 Arlington, VA	DNS	-1.0
---	#13 berger, nancy	W78 Hunt Valley, MD	DNS	-1.0

W85 200 Meter Dash**Finals**

1	#66 Green, Rose	W85 Upper Marlboro, MD	51.69	-1.0
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M50 200 Meter Dash**Finals**

1	#182 Talley, Shawn	M51 Columbia, MD	24.39	0.3	5
2	#206 Yee, Kam	M53 Gaithersburg, MD	30.59	0.3	5
---	#188 Thorne, Gavin	M52 Woodbridge, VA	DNS	0.3	5

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M50 200 Meter Dash)**

---	#2 Alexander, Paul	M52	Miami, FL	DNS	0.3	5
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M55 200 Meter Dash**Finals**

1	#130 Mulazim, Khalid	M57	Cleveland, OH	24.60	0.3	5
2	#203 Wilcox, Timothy	M56	Ellicott City, MD	35.03	0.3	5
---	#71 Hanes, Norris	M56	Waldorf, MD	DNS	0.3	5
---	#75 Harvey, Richard	M55	Westminster, MD	DNS	0.3	5

M60 200 Meter Dash**Finals**

1	#10 Barrett, Owen	M61	Bronx, NY	26.96	0.6	
2	#23 Brague, James	M60	Montoursville, PA	27.47	0.6	
3	#80 Hickey, Christopher	M60	Alexandria, VA	27.89	0.6	
4	#92 Jones, David	M63	Reston, VA	31.11	0.6	
5	#205 Wolniak, Matthew	M64	Cockeysville, MD	34.80	0.6	
6	#56 Garvey, Michael	M61	Vienna, VA	46.63	0.6	
---	#186 Thomas, Frederick	M64	Arlington, VA	SCR		
---	#72 Harris, Allen	M61	Bowie, MD	SCR		
---	#133 Murray, Alan	M61	Crofton, MD	SCR		

M60 200 Meter Dash**Finals**

1	#186 Thomas, Frederick	M64	Arlington, VA	33.05	1.0	
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M65 200 Meter Dash**Finals**

1	#176 Spruill, Willie	M65	ST Pauls, NC	28.18	+0.0	4
2	#197 Waithe, Roland	M68	Unattached	28.95	+0.0	4
3	#111 Markley, Anthony	M69	Boston, VA	29.21	+0.0	4
4	#55 Gant, Bernard	M67	Lumberton, NC	32.60	+0.0	4
5	#146 Pirozzi, Ralph	M67	Baltimore, MD	39.12	+0.0	4
---	#25 Brown, Franklin	M68	Salisbury, MD	DNS	+0.0	4
---	#89 James, Bennie	M67	Honeoye Falls, NY	DNS	+0.0	4

M70 200 Meter Dash**Finals**

1	#159 Ruoizzi, Richard	M72	Singers Glen, VA	36.24	0.9	2
---	#19 Bowen, Robert	M71	Martinsburg, WV	DNS	-0.6	3
---	#3 allen, glen	M72	Baltimore, MD	DNS	-0.6	3

M75 200 Meter Dash**Finals**

1	#100 Koontz, Robert	M79	Waldorf, MD	33.03	0.9	2
2	#179 Strouss, Mack	M75	Annapolis, MD	36.29	0.9	2
3	#68 Guinn, Michael	M78	Rockingham, VA	36.94	0.9	2
4	#110 Longley, Eric	M75	Indian Head, MD	41.05	0.9	2
5	#135 Myslinski, Norbert	M76	Ellicott City, MD	49.41	0.9	2
6	#167 Schumacher, Fred	M76	Frederick, MD	50.00	0.9	2
---	#105 lichtman, allan	M76	Bethesda, MD	DNS	1.0	1

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M80 200 Meter Dash****Finals**

1	#193 Tutt, Louis	M81 Hyattsville, MD	43.00	1.0
2	#174 Simmons, Edwin	M81 Baltimore, MD	44.73	1.0
3	#184 Teper, Stuart	M80 West Friendship, MD	46.78	1.0

M85 200 Meter Dash**Finals**

1	#211 Levasseur, James	M85 MD	1:00.98	0.9	2
2	#17 Blinchikoff, Herman	M89 Pikesville, MD	1:08.17	1.0	1

M90 200 Meter Dash**Finals**

1	#187 Thompson, Marshall	M90 Windsor Mill, MD	51.38	1.0
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W50 400 Meter Dash**Finals**

---	#136 Nemmers, Erica	W52 Alexandria, VA	DNS	2
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W60 400 Meter Dash**Finals**

1	#91 Jasper, Lorraine	W62 Birchrunville, PA	1:11.06	2
2	#151 Rath, Terri	W60 Reston, VA	1:11.31	2
3	#94 Kelley, Louise	W60 Potomac, MD	1:14.19	2
4	#7 Banes, Eloisa	W63 Hagerstown, MD	1:50.87	2

W70 400 Meter Dash**Finals**

1	#50 Esumi, Noriko	W70 Lutherville, MD	1:52.77
2	#78 Heidel-Gontasz, Sharon	W73 Baltimore, MD	2:18.39

W75 400 Meter Dash**Finals**

---	#13 berger, nancy	W78 Hunt Valley, MD	DNS
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W85 400 Meter Dash**Finals**

---	#66 Green, Rose	W85 Upper Marlboro, MD	DNS
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M50 400 Meter Dash**Finals**

1	#2 Alexander, Paul	M52 Miami, FL	1:05.75	5
2	#206 Yee, Kam	M53 Gaithersburg, MD	1:06.24	5
---	#182 Talley, Shawn	M51 Columbia, MD	DNS	5

M55 400 Meter Dash**Finals**

1	#130 Mulazim, Khalid	M57 Cleveland, OH	56.24	5
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M60 400 Meter Dash**Finals**

1	#10 Barrett, Owen	M61 Bronx, NY	1:00.24	4
2	#186 Thomas, Frederick	M64 Arlington, VA	1:11.80	4
3	#23 Brague, James	M60 Montoursville, PA	1:18.97	4

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M60 400 Meter Dash)**

4	#72 Harris, Allen	M61 Bowie, MD	1:22.29	4
5	#88 Jain, Sandeep	M61 Gaithersburg, MD	1:41.87	4
---	#133 Murray, Alan	M61 Crofton, MD	DNS	4
---	#145 Pinkham, David	M60 Stevensville, MD	DNS	4

M65 400 Meter Dash**Finals**

1	#195 Vanderhoof, Gary	M67 Washington, DC	1:07.69	3
2	#176 Spruill, Willie	M65 ST Pauls, NC	1:08.65	3
3	#197 Waithe, Roland	M68 Unattached	1:13.04	3
4	#55 Gant, Bernard	M67 Lumberton, NC	1:17.52	3
5	#146 Pirozzi, Ralph	M67 Baltimore, MD	1:25.59	3
---	#89 James, Bennie	M67 Honeoye Falls, NY	DNS	3

M70 400 Meter Dash**Finals**

1	#84 Hower, Richard	M72 Reston, VA	1:11.26	2
2	#159 Ruoizzi, Richard	M72 Singers Glen, VA	1:25.45	2
---	#3 allen, glen	M72 Baltimore, MD	DNS	2

M75 400 Meter Dash**Finals**

1	#68 Guinn, Michael	M78 Rockingham, VA	1:26.45	2
2	#74 Hartsock, Robert	M76 Towson, MD	1:50.53	2
3	#135 Myslinski, Norbert	M76 Ellicott City, MD	2:08.98	2
4	#167 Schumacher, Fred	M76 Frederick, MD	2:14.62	2
---	#105 lichtman, allan	M76 Bethesda, MD	DNS	2

M80 400 Meter Dash**Finals**

1	#174 Simmons, Edwin	M81 Baltimore, MD	1:54.64
2	#184 Teper, Stuart	M80 West Friendship, MD	2:02.01
---	#193 Tutt, Louis	M81 Hyattsville, MD	DNS

M85 400 Meter Dash**Finals**

1	#17 Blinchikoff, Herman	M89 Pikesville, MD	2:43.42
---	#48 Elliott, John	M85 Columbia, MD	DNS

W50 800 Meter Run**Finals**

1	#22 Bradecamp, Etta	W50 Fredericksburg, VA	3:13.73
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W55 800 Meter Run**Finals**

1	#4 Anderson, Kimberly	W58 Dillsburg, PA	2:55.15
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W60 800 Meter Run**Finals**

1	#91 Jasper, Lorraine	W62 Birchrunville, PA	2:44.71
2	#94 Kelley, Louise	W60 Potomac, MD	2:47.49
3	#45 Egli-Flanagan, Debra	W64 Mechanicsburg, PA	3:22.28

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (W60 800 Meter Run)**

4	#7 Banes, Eloisa	W63 Hagerstown, MD	4:14.19	
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W65 800 Meter Run**Finals**

1	#118 Mayhugh, Mary Lowe	W67 Washington, DC	3:30.00	
2	#46 Eichberg, Carolyn	W65 Potomac, MD	3:34.69	

W70 800 Meter Run**Finals**

1	#78 Heidel-Gontasz, Sharon	W73 Baltimore, MD	5:18.46	
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W75 800 Meter Run**Finals**

---	#13 berger, nancy	W78 Hunt Valley, MD	DNS	
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M50 800 Meter Run**Finals**

1	#206 Yee, Kam	M53 Gaithersburg, MD	2:47.42	2
---	#5 Ashley, Alan	M54 Walkersville, MD	DNS	2

M55 800 Meter Run**Finals**

1	#51 Flax, David	M57 Baltimore, MD	3:37.63	2
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M60 800 Meter Run**Finals**

1	#145 Pinkham, David	M60 Stevensville, MD	2:23.35	2
2	#205 Wolniak, Matthew	M64 Cockeysville, MD	3:16.59	2
---	#10 Barrett, Owen	M61 Bronx, NY	DNS	2
---	#133 Murray, Alan	M61 Crofton, MD	DNS	2
---	#72 Harris, Allen	M61 Bowie, MD	DNS	2

M65 800 Meter Run**Finals**

1	#146 Pirozzi, Ralph	M67 Baltimore, MD	3:09.95	2
2	#65 Greco, Christopher	M68 Youngsville, NC	3:28.55	2
---	#195 Vanderhoof, Gary	M67 Washington, DC	DNS	2

M70 800 Meter Run**Finals**

1	#159 Ruoizzi, Richard	M72 Singers Glen, VA	3:20.02	
---	#84 Hower, Richard	M72 Reston, VA	DNS	
---	#3 allen, glen	M72 Baltimore, MD	DNS	

M75 800 Meter Run**Finals**

1	#68 Guinn, Michael	M78 Rockingham, VA	3:37.06	
2	#135 Myslinski, Norbert	M76 Ellicott City, MD	5:25.58	
---	#105 lichtman, allan	M76 Bethesda, MD	DNS	

M80 800 Meter Run**Finals**

1	#174 Simmons, Edwin	M81 Baltimore, MD	5:47.35	
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M85 800 Meter Run****Finals**

---	#48 Elliott, John	M85 Columbia, MD	DNS
---	#17 Blinchikoff, Herman	M89 Pikesville, MD	DNS

W50 1500 Meter Run**Finals**

1	#22 Bradecamp, Etta	W50 Fredericksburg, VA	6:55.54
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W60 1500 Meter Run**Finals**

1	#91 Jasper, Lorraine	W62 Birchrunville, PA	5:49.10
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W65 1500 Meter Run**Finals**

1	#118 Mayhugh, Mary Lowe	W67 Washington, DC	7:07.20
2	#46 Eichberg, Carolyn	W65 Potomac, MD	7:14.73

W70 1500 Meter Run**Finals**

1	#78 Heidel-Gontasz, Sharon	W73 Baltimore, MD	10:25.62
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W75 1500 Meter Run**Finals**

---	#13 berger, nancy	W78 Hunt Valley, MD	DNS
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M50 1500 Meter Run**Finals**

1	#206 Yee, Kam	M53 Gaithersburg, MD	5:28.53
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M55 1500 Meter Run**Finals**

1	#51 Flax, David	M57 Baltimore, MD	7:08.43
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M60 1500 Meter Run**Finals**

1	#145 Pinkham, David	M60 Stevensville, MD	4:57.80
2	#175 Spalding, Robert	M61 Gaithersburg, MD	5:37.99
---	#133 Murray, Alan	M61 Crofton, MD	DNS

M65 1500 Meter Run**Finals**

1	#146 Pirozzi, Ralph	M67 Baltimore, MD	6:46.76
2	#65 Greco, Christopher	M68 Youngsville, NC	7:12.19

M70 1500 Meter Run**Finals**

1	#159 Ruoizzi, Richard	M72 Singers Glen, VA	7:49.55
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M75 1500 Meter Run**Finals**

1	#135 Myslinski, Norbert	M76 Ellicott City, MD	11:27.53
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M80 1500 Meter Run****Finals**

1	#168 Schwartz, Phillip	M82 Rockville, MD		11:17.30
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M85 1500 Meter Run**Finals**

---	#48 Elliott, John	M85 Columbia, MD		DNS
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W50 High Jump**Finals**

1	#169 Scott, Marioky	W54 Alexandria, VA	1.25m	4-01.25
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W55 High Jump**Finals**

1	#77 Haynes, Julia	W59 York, PA	J1.10m	3-07.25
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W60 High Jump**Finals**

1	#163 Sappington, Angela	W60 Frederick, MD	J1.05m	3-05.25
2	#34 Class, Emilie	W62 Freeland, MD	J1.05m	3-05.25

M50 High Jump**Finals**

---	#5 Ashley, Alan	M54 Walkersville, MD		DNS
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M55 High Jump**Finals**

1	#203 Wilcox, Timothy	M56 Ellicott City, MD	1.15m	3-09.25
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M60 High Jump**Finals**

1	#23 Bague, James	M60 Montoursville, PA	1.40m	4-07.00
2	#212 Akkoyunlu, Mustafa	M63 MD	1.35m	4-05.00
3	#133 Murray, Alan	M61 Crofton, MD	1.20m	3-11.25

M65 High Jump**Finals**

1	#119 McBarnette, Bruce	M66 Sterling, VA	1.68m	5-06.00
2	#111 Markley, Anthony	M69 Boston, VA	1.30m	4-03.25
3	#213 Graham, John	M66 MD	1.25m	4-01.25
4	#146 Pirozzi, Ralph	M67 Baltimore, MD	1.10m	3-07.25
5	#65 Greco, Christopher	M68 Youngsville, NC	1.00m	3-03.25

M70 High Jump**Finals**

1	#200 Weaver, Jack	M71 Mechanicsburg, PA	1.36m	4-05.50
2	#101 Kopp, Steven	M70 Harrisonburg, VA	1.17m	3-10.00
3	#113 Mathis, William	M71 Sykesville, MD	1.10m	3-07.25

M75 High Jump**Finals**

1	#108 Lin, Joseph	M75 Potomac, MD	J0.90m	2-11.50
2	#180 Suleymon, Gharemon	M75 McLean, VA	J0.90m	2-11.50
---	#207 Young, Jeff	M75 McLean, VA		DNS

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M80 High Jump****Finals**

---	#112 Marovich, David	M80 Chalfont, PA		DNS
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M85 High Jump**Finals**

---	#199 Watkins, Kent	M86 Bethesda, MD		DNS
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W75 Pole Vault**Finals**

---	#13 berger, nancy	W78 Hunt Valley, MD		DNS
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M65 Pole Vault**Finals**

1	#127 Mortensen, Ted	M65 Hershey, PA	2.46m	8-00.75
2	#65 Greco, Christopher	M68 Youngsville, NC	0.95m	3-01.25

M70 Pole Vault**Finals**

---	#113 Mathis, William	M71 Sykesville, MD		NH
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M75 Pole Vault**Finals**

1	#108 Lin, Joseph	M75 Potomac, MD	0.95m	3-01.25
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W55 Long Jump Running**Finals**

1	#11 Battle, Tracey	W56 Silver Spring, MD	3.79m	12-05.25	NWI
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W55 Long Jump Standing**Finals**

1	#11 Battle, Tracey	W56 Silver Spring, MD	1.96m	6-05.25	NWI
2	#60 Gibson, Dr. Koura	W59 Washington, DC	1.90m	6-03.00	NWI

W60 Long Jump Standing**Finals**

1	#163 Sappington, Angela	W60 Frederick, MD	1.54m	5-00.75	NWI
2	#7 Banes, Eloisa	W63 Hagerstown, MD	1.29m	4-02.75	NWI

W60 Long Jump Running**Finals**

1	#163 Sappington, Angela	W60 Frederick, MD	3.45m	11-04.00	NWI
2	#34 Class, Emilie	W62 Freeland, MD	3.07m	10-01.00	NWI
3	#91 Jasper, Lorraine	W62 Birchrunville, PA	3.06m	10-00.50	NWI
4	#7 Banes, Eloisa	W63 Hagerstown, MD	2.26m	7-05.00	NWI

W70 Long Jump Running**Finals**

1	#50 Esumi, Noriko	W70 Lutherville, MD	2.56m	8-04.75	NWI
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W70 Long Jump Standing**Finals**

1	#50 Esumi, Noriko	W70 Lutherville, MD	1.56m	5-01.50	NWI
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W75 Long Jump Running****Finals**

1	#183 Talley, Shiann	W75	Frederick, MD	1.47m	4-10.00	NWI
---	#13 berger, nancy	W78	Hunt Valley, MD	DNS		NWI

W75 Long Jump Standing**Finals**

1	#183 Talley, Shiann	W75	Frederick, MD	0.93m	3-00.75	NWI
---	#13 berger, nancy	W78	Hunt Valley, MD	DNS		NWI

W85 Long Jump Standing**Finals**

---	#144 Perry, Diane	W89	Taneytown, MD	DNS		NWI
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W85 Long Jump Running**Finals**

1	#144 Perry, Diane	W89	Taneytown, MD	0.88m	2-10.75	NWI
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W90 Long Jump Running**Finals**

---	#102 Krug, Gloria	W92	New Oxford, PA	DNS		NWI
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M50 Long Jump Running**Finals**

1	#182 Talley, Shawn	M51	Columbia, MD	4.77m	15-07.75	NWI
2	#5 Ashley, Alan	M54	Walkersville, MD	4.01m	13-02.00	NWI
---	#181 Taitt, Tyrell	M52	Laurel, MD	DNS		NWI

M50 Long Jump Standing**Finals**

1	#182 Talley, Shawn	M51	Columbia, MD	2.39m	7-10.25	NWI
2	#5 Ashley, Alan	M54	Walkersville, MD	2.37m	7-09.50	NWI
---	#181 Taitt, Tyrell	M52	Laurel, MD	DNS		NWI

M55 Long Jump Running**Finals**

1	#162 Samiec, James	M57	Trappe, MD	4.05m	13-03.50	NWI
2	#203 Wilcox, Timothy	M56	Ellicott City, MD	3.63m	11-11.00	NWI

M55 Long Jump Standing**Finals**

1	#162 Samiec, James	M57	Trappe, MD	2.26m	7-05.00	NWI
2	#203 Wilcox, Timothy	M56	Ellicott City, MD	2.12m	6-11.50	NWI

M60 Long Jump Standing**Finals**

1	#189 Tolin, Zac	M62	Rockville, MD	2.63m	8-07.50	NWI
2	#23 Brague, James	M60	Montoursville, PA	2.50m	8-02.50	NWI
3	#14 Biagioni, Remo	M64	Englewood, NJ	2.09m	6-10.25	NWI

M60 Long Jump Running**Finals**

1	#23 Brague, James	M60	Montoursville, PA	3.98m	13-00.75	NWI
2	#133 Murray, Alan	M61	Crofton, MD	2.98m	9-09.50	NWI

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M60 Long Jump Running)**

---	#185 Terry, Aaron	M63	Hyattsville, MD	DNS		NWI
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M65 Long Jump Standing**Finals**

1	#172 Seymour, John	M68	Kirkwood, DE	2.14m	7-00.25	NWI
2	#25 Brown, Franklin	M68	Salisbury, MD	2.10m	6-10.75	NWI
3	#146 Pirozzi, Ralph	M67	Baltimore, MD	1.59m	5-02.75	NWI

M65 Long Jump Running**Finals**

1	#25 Brown, Franklin	M68	Salisbury, MD	3.99m	13-01.25	NWI
2	#12 Battle, Marcus	M65	Silver Spring, MD	3.89m	12-09.25	NWI
3	#172 Seymour, John	M68	Kirkwood, DE	3.39m	11-01.50	NWI
4	#146 Pirozzi, Ralph	M67	Baltimore, MD	2.71m	8-10.75	NWI
5	#164 Saunier, Raymond	M65	Rockville, MD	2.45m	8-00.50	NWI
---	#26 Brown, Michael	M66	Washington, DC	DNS		NWI

M70 Long Jump Running**Finals**

---	#113 Mathis, William	M71	Sykesville, MD	DNS		NWI
---	#3 allen, glen	M72	Baltimore, MD	DNS		NWI

M75 Long Jump Standing**Finals**

1	#108 Lin, Joseph	M75	Potomac, MD	1.86m	6-01.25	NWI
2	#44 Dyson, Lawrence	M75	White Plains, MD	1.84m	6-00.50	NWI
---	#180 Suleymon, Gharemon	M75	McLean, VA	DNS		NWI

M75 Long Jump Running**Finals**

1	#207 Young, Jeff	M75	McLean, VA	3.19m	10-05.75	NWI
2	#44 Dyson, Lawrence	M75	White Plains, MD	2.65m	8-08.50	NWI
3	#108 Lin, Joseph	M75	Potomac, MD	2.47m	8-01.25	NWI

M80 Long Jump Standing**Finals**

---	#112 Marovich, David	M80	Chalfont, PA	DNS		NWI
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M80 Long Jump Running**Finals**

1	#87 Jacobson, Jace	M83	Emmaus, PA	1.72m	5-07.75	NWI
---	#112 Marovich, David	M80	Chalfont, PA	DNS		NWI

M85 Long Jump Running**Finals**

1	#17 Blinchikoff, Herman	M89	Pikesville, MD	1.67m	5-05.75	NWI
---	#199 Watkins, Kent	M86	Bethesda, MD	DNS		NWI

M85 Long Jump Standing**Finals**

1	#17 Blinchikoff, Herman	M89	Pikesville, MD	0.98m	3-02.75	NWI
---	#79 Hemler, Joseph	M89	Bel Air, MD	DNS		NWI

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M90 Long Jump Standing****Finals**

1	#187 Thompson, Marshall	M90 Windsor Mill, MD	1.38m	4-06.50	NWI
2	#40 Dempster, Darrell	M94 Annapolis, MD	0.09m	3.50	NWI

M90 Long Jump Running**Finals**

1	#187 Thompson, Marshall	M90 Windsor Mill, MD	2.50m	8-02.50	NWI
2	#40 Dempster, Darrell	M94 Annapolis, MD	0.29m	11.50	NWI

W55 Triple Jump**Finals**

1	#11 Battle, Tracey	W56 Silver Spring, MD	8.83m	28-11.75	NWI
2	#60 Gibson, Dr. Koura	W59 Washington, DC	8.26m	27-01.25	NWI

W60 Triple Jump**Finals**

1	#163 Sappington, Angela	W60 Frederick, MD	3.14m	10-03.75	NWI
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W65 Triple Jump**Finals**

1	#118 Mayhugh, Mary Lowe	W67 Washington, DC	3.56m	11-08.25	NWI
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W75 Triple Jump**Finals**

---	#13 berger, nancy	W78 Hunt Valley, MD	DNS		NWI
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W85 Triple Jump**Finals**

1	#144 Perry, Diane	W89 Taneytown, MD	1.04m	3-05.00	NWI
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W90 Triple Jump**Finals**

---	#102 Krug, Gloria	W92 New Oxford, PA	DNS		NWI
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M50 Triple Jump**Finals**

1	#181 Taitt, Tyrell	M52 Laurel, MD	11.82m	38-09.50	NWI	2
2	#8 Barnes, Emmanuel	M50 Clinton, MD	11.76m	38-07.00	NWI	2
---	#5 Ashley, Alan	M54 Walkersville, MD	DNS		NWI	2

M55 Triple Jump**Finals**

---	#203 Wilcox, Timothy	M56 Ellicott City, MD	DNS		NWI	2
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M60 Triple Jump**Finals**

1	#72 Harris, Allen	M61 Bowie, MD	8.42m	27-07.50	NWI
2	#133 Murray, Alan	M61 Crofton, MD	6.11m	20-00.50	NWI

M65 Triple Jump**Finals**

1	#12 Battle, Marcus	M65 Silver Spring, MD	9.46m	31-00.50	NWI
2	#111 Markley, Anthony	M69 Boston, VA	8.33m	27-04.00	NWI

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M65 Triple Jump)**

3	#146 Pirozzi, Ralph	M67	Baltimore, MD	5.75m	18-10.50	NWI
---	#90 James, Jeff	M65	Purcellville, VA	DNS		NWI

M70 Triple Jump**Finals**

1	#113 Mathis, William	M71	Sykesville, MD	6.37m	20-10.75	NWI
---	#159 Ruoizzi, Richard	M72	Singers Glen, VA	DNS		NWI

M75 Triple Jump**Finals**

1	#207 Young, Jeff	M75	McLean, VA	6.49m	21-03.50	NWI
2	#108 Lin, Joseph	M75	Potomac, MD	5.10m	16-08.75	NWI

M80 Triple Jump**Finals**

---	#112 Marovich, David	M80	Chalfont, PA	DNS		NWI
---	#87 Jacobson, Jace	M83	Emmaus, PA	DNS		NWI

W50 Shot Put**Finals**

1	#169 Scott, Marioky	W54	Alexandria, VA	8.64m	28-04.25	
2	#132 Murphy, Kerry	W51	Eldersburg, MD	8.18m	26-10.00	

W55 Shot Put**Finals**

1	#77 Haynes, Julia	W59	York, PA	9.06m	29-08.75	
---	#27 Bryan, JB	W56	Richmond, VA	DNS		

W60 Shot Put**Finals**

1	#34 Class, Emilie	W62	Freeland, MD	9.56m	31-04.50	
2	#171 Senn-Griffiths, Caryl	W62	Massapequa PK, NY	9.15m	30-00.25	
3	#37 Dajia, Kristen	W60	Aurora, ON	8.83m	28-11.75	
4	#204 Wilkins, mary	W62	district heights, MD	8.33m	27-04.00	
5	#95 kelly, linda	W63	Williamsburg, VA	7.10m	23-03.50	
6	#210 Chase, Freda	W61	MD	6.37m	20-10.75	

W65 Shot Put**Finals**

1	#158 Rowens, Deborah	W69	Granstville, MD	5.98m	19-07.50	
2	#118 Mayhugh, Mary Lowe	W67	Washington, DC	5.28m	17-04.00	
---	#9 Barrett, Donna	W67	Upper Marlboro, MD	DNS		

W70 Shot Put**Finals**

1	#1 Abiera, Wandagean	W74	Finksburg, MD	6.02m	19-09.00	
2	#150 Rankins, Claudia	W70	Powhatan, VA	5.69m	18-08.00	
3	#43 Dvorak, Kathleen	W71	McGaheysville, VA	4.19m	13-09.00	

W80 Shot Put**Finals**

1	#165 Scheminant, Lois	W83	Annapolis, MD	5.17m	16-11.50	
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W85 Shot Put****Finals**

1	#66 Green, Rose	W85 Upper Marlboro, MD	5.12m	16-09.75
2	#144 Perry, Diane	W89 Taneytown, MD	3.98m	13-00.75

W90 Shot Put**Finals**

---	#102 Krug, Gloria	W92 New Oxford, PA	DNS	
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W100 Shot Put**Finals**

1	#38 Dashiell, Wally	W100 Stevensville, MD	1.76m	5-09.25
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M50 Shot Put**Finals**

1	#138 Odom, Rahsaan	M51 Ellicott City, MD	10.94m	35-10.75
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M55 Shot Put**Finals**

1	#152 Reaves Jr, Douglas	M57 Littlestown, PA	10.13m	33-03.00
2	#129 muhammad, Curtis	M58 Columbia, MD	9.41m	30-10.50

M60 Shot Put**Finals**

1	#201 Werber, Scott	M60 Olney, MD	12.22m	40-01.25
2	#23 Brague, James	M60 Montoursville, PA	12.15m	39-10.50
3	#33 Cimba, Michael	M60 Monroeville, PA, PA	10.97m	36-00.00
4	#52 Foianini, Curt	M63 California, MD	10.39m	34-01.25
5	#58 Georgiou, Andreas	M63 Darnestown, MD	7.67m	25-02.00
---	#191 Tozer, Jr., Bentz	M64 Lewisberry, PA	DNS	
---	#62 Gottlieb, Matthew	M60 Fairfax, VA	DNS	
---	#156 Rosen, Lawrence	M64 Bethesda, MD	DNS	

M65 Shot Put**Finals**

1	#194 Urdahl Sr, John	M66 Owings, MD	10.31m	33-10.00
2	#111 Markley, Anthony	M69 Boston, VA	8.05m	26-05.00
3	#176 Spruill, Willie	M65 ST Pauls, NC	7.22m	23-08.25
4	#146 Pirozzi, Ralph	M67 Baltimore, MD	5.45m	17-10.75
---	#49 English, Glenn	M68 Forest hill, MD	DNS	

M70 Shot Put**Finals**

1	#200 Weaver, Jack	M71 Mechanicsburg, PA	11.27m	36-11.75
2	#113 Mathis, William	M71 Sykesville, MD	7.99m	26-02.75
2	#36 Covolus SR, Michael	M74 Glen Mills, PA	7.99m	26-02.75
4	#160 Russell, Jeffrey	M71 Keedysville, MD	7.95m	26-01.00

M75 Shot Put**Finals**

1	#207 Young, Jeff	M75 McLean, VA	10.22m	33-06.50
2	#44 Dyson, Lawrence	M75 White Plains, MD	9.38m	30-09.25
3	#180 Suleymon, Gharemon	M75 McLean, VA	9.33m	30-07.50

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M75 Shot Put)**

4	#157 Routh, Andre	M75	Medford, NJ	8.88m	29-01.75
5	#167 Schumacher, Fred	M76	Frederick, MD	7.80m	25-07.25
6	#135 Myslinski, Norbert	M76	Ellicott City, MD	6.95m	22-09.75
---	#54 gainey, william	M76	clements, MD	DNS	
---	#142 Pearce, James	M78	Columbia, MD	DNS	
---	#115 Matthies, Frederick	M75	New Kent, VA	DNS	

M80 Shot Put**Finals**

1	#196 Vasholz, David	M80	Columbia, MD	7.74m	25-04.75
2	#117 Mayer, Ronald	M80	Columbia, MD	6.98m	22-11.00
3	#82 Holmes, James	M80	Stephen City, VA	6.36m	20-10.50
---	#112 Marovich, David	M80	Chalfont, PA	DNS	
---	#104 Levendis, George	M81	Arlington, VA	DNS	
---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	
---	#120 McCabe, Lee	M84	Ellicott City, MD	DNS	

M85 Shot Put**Finals**

1	#79 Hemler, Joseph	M89	Bel Air, MD	7.61m	24-11.75
2	#199 Watkins, Kent	M86	Bethesda, MD	5.82m	19-01.25
---	#211 Levasseur, James	M85	MD	DNS	
---	#209 Beaton, Robert	M87	VA	DNS	

M90 Shot Put**Finals**

1	#97 kent, geoffrey	M90	washington, DC	7.47m	24-06.25
2	#40 Dempster, Darrell	M94	Annapolis, MD	3.18m	10-05.25

M95 Shot Put**Finals**

1	#131 Murphy, Edward	M99	Rockville, MD	5.37m	17-07.50
2	#67 Grier, Reginald	M95	Forestville, MD	1.96m	6-05.25
---	#81 Hill, Jack	M97	Rockville, MD	DNS	

W50 Discus Throw**Finals**

1	#132 Murphy, Kerry	W51	Eldersburg, MD	22.74m	74-07
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W55 Discus Throw**Finals**

1	#77 Haynes, Julia	W59	York, PA	23.33m	76-06
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W60 Discus Throw**Finals**

1	#34 Class, Emilie	W62	Freeland, MD	27.43m	90-00
2	#37 Dajia, Kristen	W60	Aurora, ON	27.38m	89-10
3	#171 Senn-Griffiths, Caryl	W62	Massapequa PK, NY	23.46m	77-00
4	#210 Chase, Freda	W61	MD	17.12m	56-02
5	#95 kelly, linda	W63	Williamsburg, VA	13.34m	43-09

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W65 Discus Throw****Finals**

1	#158 Rowens, Deborah	W69	Granstville, MD	15.47m	50-09
---	#9 Barrett, Donna	W67	Upper Marlboro, MD	DNS	

W70 Discus Throw**Finals**

1	#1 Abiera, Wandagean	W74	Finksburg, MD	11.84m	38-10
2	#43 Dvorak, Kathleen	W71	McGaheysville, VA	6.29m	20-08

W80 Discus Throw**Finals**

1	#83 Hong, Gloria	W84	Rockville, MD	10.93m	35-10
2	#165 Scheminant, Lois	W83	Annapolis, MD	10.07m	33-00

W85 Discus Throw**Finals**

---	#144 Perry, Diane	W89	Taneytown, MD	DNS	
---	#66 Green, Rose	W85	Upper Marlboro, MD	DNS	

W90 Discus Throw**Finals**

---	#102 Krug, Gloria	W92	New Oxford, PA	DNS	
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W100 Discus Throw**Finals**

1	#38 Dashiell, Wally	W100	Stevensville, MD	3.86m	12-08
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M50 Discus Throw**Finals**

1	#138 Odom, Rahsaan	M51	Ellicott City, MD	32.69m	107-03
---	#5 Ashley, Alan	M54	Walkersville, MD	DNS	

M55 Discus Throw**Finals**

1	#152 Reaves Jr, Douglas	M57	Littlestown, PA	28.65m	94-00
2	#203 Wilcox, Timothy	M56	Ellicott City, MD	20.03m	65-08

M60 Discus Throw**Finals**

1	#52 Foianini, Curt	M63	California, MD	43.43m	142-06
2	#201 Werber, Scott	M60	Olney, MD	40.53m	133-00
3	#33 Cimba, Michael	M60	Monroeville, PA, PA	33.46m	109-09
4	#14 Biagioni, Remo	M64	Englewood, NJ	33.45m	109-09
5	#23 Brague, James	M60	Montoursville, PA	30.76m	100-11
6	#58 Georgiou, Andreas	M63	Darnestown, MD	24.45m	80-02
---	#156 Rosen, Lawrence	M64	Bethesda, MD	DNS	
---	#191 Tozer, Jr., Bentz	M64	Lewisberry, PA	DNS	
---	#185 Terry, Aaron	M63	Hyattsville, MD	DNS	

M65 Discus Throw**Finals**

1	#93 Kalnas, John	M68	Gibbstown, NJ	35.03m	114-11
2	#194 Urdahl Sr, John	M66	Owings, MD	30.70m	100-09

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M65 Discus Throw)**

3	#49 English, Glenn	M68	Forest hill, MD	25.71m	84-04
4	#176 Spruill, Willie	M65	ST Pauls, NC	16.18m	53-01
5	#146 Pirozzi, Ralph	M67	Baltimore, MD	13.91m	45-08
---	#90 James, Jeff	M65	Purcellville, VA	DNS	

M70 Discus Throw**Finals**

1	#200 Weaver, Jack	M71	Mechanicsburg, PA	36.85m	120-11
2	#36 Covolus SR, Michael	M74	Glen Mills, PA	25.32m	83-01
3	#160 Russell, Jeffrey	M71	Keedysville, MD	25.27m	82-11
---	#3 allen, glen	M72	Baltimore, MD	DNS	
---	#113 Mathis, William	M71	Sykesville, MD	DNS	

M75 Discus Throw**Finals**

1	#44 Dyson, Lawrence	M75	White Plains, MD	29.69m	97-05
2	#180 Suleymon, Gharemon	M75	McLean, VA	26.10m	85-07
3	#157 Routh, Andre	M75	Medford, NJ	21.26m	69-09
4	#135 Myslinski, Norbert	M76	Ellicott City, MD	20.38m	66-10
---	#115 Matthies, Frederick	M75	New Kent, VA	DNS	
---	#54 gainey, william	M76	clements, MD	DNS	
---	#142 Pearce, James	M78	Columbia, MD	DNS	

M80 Discus Throw**Finals**

1	#148 Pratt, Larry	M82	Newark, DE	24.82m	81-05
2	#82 Holmes, James	M80	Stephen City, VA	15.67m	51-05
3	#117 Mayer, Ronald	M80	Columbia, MD	13.74m	45-01
---	#112 Marovich, David	M80	Chalfont, PA	DNS	
---	#104 Levendis, George	M81	Arlington, VA	DNS	
---	#120 McCabe, Lee	M84	Ellicott City, MD	DNS	
---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	

M85 Discus Throw**Finals**

1	#79 Hemler, Joseph	M89	Bel Air, MD	17.75m	58-03
2	#199 Watkins, Kent	M86	Bethesda, MD	9.97m	32-08
---	#211 Levasseur, James	M85	MD	DNS	
---	#209 Beaton, Robert	M87	VA	DNS	

M90 Discus Throw**Finals**

1	#97 kent, geoffrey	M90	washington, DC	16.10m	52-10
2	#40 Dempster, Darrell	M94	Annapolis, MD	7.22m	23-08

M95 Discus Throw**Finals**

1	#131 Murphy, Edward	M99	Rockville, MD	10.83m	35-06
2	#67 Grier, Reginald	M95	Forestville, MD	5.07m	16-08

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W50 Hammer Throw****Finals**

1	#132 Murphy, Kerry	W51 Eldersburg, MD	21.75m	71-04
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W55 Hammer Throw**Finals**

1	#77 Haynes, Julia	W59 York, PA	27.81m	91-03
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W60 Hammer Throw**Finals**

1	#37 Dajia, Kristen	W60 Aurora, ON	35.23m	115-07
2	#204 Wilkins, mary	W62 district heights, MD	29.39m	96-05
3	#171 Senn-Griffiths, Caryl	W62 Massapequa PK, NY	26.16m	85-10
4	#34 Class, Emilie	W62 Freeland, MD	23.79m	78-01
5	#95 kelly, linda	W63 Williamsburg, VA	22.25m	73-00
6	#210 Chase, Freda	W61 MD	14.63m	48-00

W65 Hammer Throw**Finals**

1	#118 Mayhugh, Mary Lowe	W67 Washington, DC	11.89m	39-00
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W80 Hammer Throw**Finals**

1	#165 Scheminant, Lois	W83 Annapolis, MD	15.68m	51-05
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W90 Hammer Throw**Finals**

---	#102 Krug, Gloria	W92 New Oxford, PA	DNS	
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M55 Hammer Throw**Finals**

---	#122 McLaughlin, Dennis	M59 columbus, NJ	DNS	
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M55 Hammer Throw**Finals**

1	#122 McLaughlin, Dennis	M59 columbus, NJ	26.79m	87-11
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M60 Hammer Throw**Finals**

1	#137 Noyes, Edward	M62 Elverson, PA	45.27m	148-06
2	#191 Tozer, Jr., Bentz	M64 Lewisberry, PA	35.23m	115-07
3	#52 Foianini, Curt	M63 California, MD	34.19m	112-02
4	#201 Werber, Scott	M60 Olney, MD	31.84m	104-05

M65 Hammer Throw**Finals**

1	#194 Urdahl Sr, John	M66 Owings, MD	21.37m	70-01
2	#49 English, Glenn	M68 Forest hill, MD	16.77m	55-00
3	#146 Pirozzi, Ralph	M67 Baltimore, MD	12.38m	40-07

M70 Hammer Throw**Finals**

1	#113 Mathis, William	M71 Sykesville, MD	19.92m	65-04
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M75 Hammer Throw****Finals**

1	#128 Moss, Ken	M76	Leesburg, VA	50.52m	165-09
2	#44 Dyson, Lawrence	M75	White Plains, MD	22.23m	72-11
3	#157 Routh, Andre	M75	Medford, NJ	19.68m	64-07
---	#180 Suleymon, Gharemon	M75	McLean, VA	DNS	
---	#54 gainey, william	M76	clements, MD	DNS	
---	#142 Pearce, James	M78	Columbia, MD	DNS	

M80 Hammer Throw**Finals**

1	#42 donnelly, edward	M82	drexel hill, PA	25.69m	84-03
2	#125 Morgan, Curtis	M81	Falls Church, VA	23.05m	75-07
---	#112 Marovich, David	M80	Chalfont, PA	DNS	
---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	

M85 Hammer Throw**Finals**

1	#209 Beaton, Robert	M87	VA	20.68m	67-10
---	#199 Watkins, Kent	M86	Bethesda, MD	DNS	

M90 Hammer Throw**Finals**

1	#40 Dempster, Darrell	M94	Annapolis, MD	5.39m	17-08
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M95 Hammer Throw**Finals**

---	#67 Grier, Reginald	M95	Forestville, MD	DNS	
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W50 Javelin Throw**Finals**

1	#169 Scott, Marioky	W54	Alexandria, VA	21.30m	69-10
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W55 Javelin Throw**Finals**

1	#178 Stack, Julieta	W58	Baltimore, MD	25.23m	82-09
2	#77 Haynes, Julia	W59	York, PA	22.93m	75-03
3	#29 Burns, Rita	W56	Hyattsville, MD	15.57m	51-01

W60 Javelin Throw**Finals**

1	#34 Class, Emilie	W62	Freeland, MD	25.83m	84-09
2	#171 Senn-Griffiths, Caryl	W62	Massapequa PK, NY	25.62m	84-01
3	#15 Bindon, Susan	W61	Lutherville, MD	20.34m	66-09
4	#210 Chase, Freda	W61	MD	15.85m	52-00
5	#95 kelly, linda	W63	Williamsburg, VA	15.21m	49-11

W70 Javelin Throw**Finals**

1	#43 Dvorak, Kathleen	W71	McGaheysville, VA	6.54m	21-05
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W80 Javelin Throw**Finals**

1	#83 Hong, Gloria	W84	Rockville, MD	11.44m	37-06
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (W80 Javelin Throw)**

2	#165 Scheminant, Lois	W83	Annapolis, MD	9.06m	29-09
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W85 Javelin Throw**Finals**

1	#144 Perry, Diane	W89	Taneytown, MD	6.91m	22-08
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W90 Javelin Throw**Finals**

---	#102 Krug, Gloria	W92	New Oxford, PA	DNS	
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W100 Javelin Throw**Finals**

1	#38 Dashiell, Wally	W100	Stevensville, MD	2.75m	9-00
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M50 Javelin Throw**Finals**

1	#5 Ashley, Alan	M54	Walkersville, MD	35.90m	117-09
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M55 Javelin Throw**Finals**

1	#162 Samiec, James	M57	Trappe, MD	27.17m	89-02
2	#203 Wilcox, Timothy	M56	Ellicott City, MD	22.32m	73-03

M60 Javelin Throw**Finals**

1	#52 Foianini, Curt	M63	California, MD	41.96m	137-08
2	#23 Brague, James	M60	Montoursville, PA	38.62m	126-08
3	#201 Werber, Scott	M60	Olney, MD	33.51m	109-11
4	#14 Biagioni, Remo	M64	Englewood, NJ	32.97m	108-02
5	#33 Cimba, Michael	M60	Monroeville, PA, PA	30.85m	101-02
6	#80 Hickey, Christopher	M60	Alexandria, VA	24.32m	79-09

M65 Javelin Throw**Finals**

1	#57 Garza, Leonard	M66	Cheltenham, PA	42.93m	140-10
2	#146 Pirozzi, Ralph	M67	Baltimore, MD	10.19m	33-05
---	#90 James, Jeff	M65	Purcellville, VA	DNS	

M70 Javelin Throw**Finals**

1	#200 Weaver, Jack	M71	Mechanicsburg, PA	35.49m	116-05
2	#143 Pelletier, Steven	M72	Scarborough, ME	28.73m	94-03
3	#3 allen, glen	M72	Baltimore, MD	26.86m	88-01
4	#113 Mathis, William	M71	Sykesville, MD	25.47m	83-07
5	#160 Russell, Jeffrey	M71	Keedysville, MD	16.97m	55-08

M75 Javelin Throw**Finals**

1	#154 Richardson, Richard	M75	Wormleensburg, PA	28.11m	92-03
2	#44 Dyson, Lawrence	M75	White Plains, MD	24.69m	81-00
3	#157 Routh, Andre	M75	Medford, NJ	20.08m	65-10
4	#167 Schumacher, Fred	M76	Frederick, MD	17.82m	58-05

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M75 Javelin Throw)**

5	#135 Myslinski, Norbert	M76	Ellicott City, MD	14.50m	47-07
---	#180 Suleymon, Gharemon	M75	McLean, VA	DNS	

M80 Javelin Throw**Finals**

1	#96 Kenney, James	M82	White Plains, MD	31.84m	104-05
2	#42 donnelly, edward	M82	drexel hill, PA	19.69m	64-07
3	#125 Morgan, Curtis	M81	Falls Church, VA	14.64m	48-00
---	#112 Marovich, David	M80	Chalfont, PA	DNS	
---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	

M85 Javelin Throw**Finals**

1	#17 Blinchikoff, Herman	M89	Pikesville, MD	15.49m	50-10
2	#209 Beaton, Robert	M87	VA	14.27m	46-10
---	#199 Watkins, Kent	M86	Bethesda, MD	DNS	
---	#79 Hemler, Joseph	M89	Bel Air, MD	DNS	

M90 Javelin Throw**Finals**

1	#97 kent, geoffrey	M90	washington, DC	12.89m	42-03
2	#40 Dempster, Darrell	M94	Annapolis, MD	6.94m	22-09

M95 Javelin Throw**Finals**

1	#131 Murphy, Edward	M99	Rockville, MD	13.82m	45-04
---	#81 Hill, Jack	M97	Rockville, MD	DNS	
---	#67 Grier, Reginald	M95	Forestville, MD	DNS	

M105+ Javelin Throw**Finals**

---	#146 Pirozzi, Ralph	M67	Baltimore, MD	SCR	
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W50 Weight Throw**Finals**

1	#132 Murphy, Kerry	W51	Eldersburg, MD	7.92m	26-00.00
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W55 Weight Throw**Finals**

1	#77 Haynes, Julia	W59	York, PA	8.92m	29-03.25
---	#27 Bryan, JB	W56	Richmond, VA	DNS	

W60 Weight Throw**Finals**

1	#37 Dajia, Kristen	W60	Aurora, ON	14.36m	47-01.50
2	#204 Wilkins, mary	W62	district heights, MD	11.67m	38-03.50
3	#171 Senn-Griffiths, Caryl	W62	Massapequa PK, NY	9.96m	32-08.25
4	#95 kelly, linda	W63	Williamsburg, VA	8.38m	27-06.00
5	#34 Class, Emilie	W62	Freeland, MD	8.31m	27-03.25
6	#210 Chase, Freda	W61	MD	7.35m	24-01.50

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W90 Weight Throw****Finals**

---	#102 Krug, Gloria	W92	New Oxford, PA		DNS
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M55 Weight Throw**Finals**

1	#122 McLaughlin, Dennis	M59	columbus, NJ	8.92m	29-03.25
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M60 Weight Throw**Finals**

1	#137 Noyes, Edward	M62	Elverson, PA	15.94m	52-03.75
2	#191 Tozer, Jr., Bentz	M64	Lewisberry, PA	12.75m	41-10.00
3	#52 Foianini, Curt	M63	California, MD	12.56m	41-02.50
4	#201 Werber, Scott	M60	Olney, MD	11.95m	39-02.50

M65 Weight Throw**Finals**

1	#194 Urdahl Sr, John	M66	Owings, MD	9.67m	31-08.75
2	#49 English, Glenn	M68	Forest hill, MD	7.68m	25-02.50
3	#146 Pirozzi, Ralph	M67	Baltimore, MD	5.52m	18-01.50

M70 Weight Throw**Finals**

1	#113 Mathis, William	M71	Sykesville, MD	7.89m	25-10.75
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M75 Weight Throw**Finals**

1	#128 Moss, Ken	M76	Leesburg, VA	18.49m	60-08.00
2	#44 Dyson, Lawrence	M75	White Plains, MD	9.15m	30-00.25
---	#142 Pearce, James	M78	Columbia, MD	DNS	
---	#54 gainey, william	M76	clements, MD	DNS	
---	#115 Matthies, Frederick	M75	New Kent, VA	DNS	

M80 Weight Throw**Finals**

1	#42 donnelly, edward	M82	drexel hill, PA	12.09m	39-08.00
2	#125 Morgan, Curtis	M81	Falls Church, VA	11.28m	37-00.25
---	#112 Marovich, David	M80	Chalfont, PA	DNS	

M85 Weight Throw**Finals**

1	#79 Hemler, Joseph	M89	Bel Air, MD	9.29m	30-05.75
2	#209 Beaton, Robert	M87	VA	8.25m	27-01.00

M90 Weight Throw**Finals**

1	#40 Dempster, Darrell	M94	Annapolis, MD	4.07m	13-04.25
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M95 Weight Throw**Finals**

---	#67 Grier, Reginald	M95	Forestville, MD		DNS
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W50 Other Softball Thr****Finals**

---	#132 Murphy, Kerry	W51 Eldersburg, MD		DNS
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M50 Other Football Thr**Finals**

---	#5 Ashley, Alan	M54 Walkersville, MD		DNS
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M50 Other Softball Thr**Finals**

---	#5 Ashley, Alan	M54 Walkersville, MD		DNS
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W55 Other Football Thr**Finals**

1	#114 Mattax, Audrey	W58 Frederick, MD	92-11.00	28.32m
2	#11 Battle, Tracey	W56 Silver Spring, MD	60-06.50	18.45m
3	#29 Burns, Rita	W56 Hyattsville, MD	56-11.00	17.34m

M55 Other Football Thr**Finals**

1	#203 Wilcox, Timothy	M56 Ellicott City, MD	114-11.00	35.02m
2	#75 Harvey, Richard	M55 Westminster, MD	101-06.00	30.93m

W55 Other Softball Thr**Finals**

1	#114 Mattax, Audrey	W58 Frederick, MD	113-09.00	34.67m
2	#29 Burns, Rita	W56 Hyattsville, MD	86-10.00	26.46m

M55 Other Softball Thr**Finals**

1	#203 Wilcox, Timothy	M56 Ellicott City, MD	149-02.00	45.46m
2	#75 Harvey, Richard	M55 Westminster, MD	143-00.00	43.58m

M55 Other Frisbee Thro**Finals**

1	#203 Wilcox, Timothy	M56 Ellicott City, MD	112-00.00	34.13m
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W55 Other Frisbee Thro**Finals**

1	#114 Mattax, Audrey	W58 Frederick, MD	121-06.50	37.04m
2	#29 Burns, Rita	W56 Hyattsville, MD	89-03.00	27.20m

W60 Other Football Thr**Finals**

1	#15 Bindon, Susan	W61 Lutherville, MD	74-03.00	22.63m
2	#210 Chase, Freda	W61 MD	62-03.00	18.97m
3	#7 Banes, Eloisa	W63 Hagerstown, MD	51-04.00	15.64m

M60 Other Football Thr**Finals**

1	#14 Biagioni, Remo	M64 Englewood, NJ	107-02.00	32.66m
2	#107 Limon, Raymond	M60 University Park, MD	100-11.00	30.75m

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W60 Other Frisbee Thro****Finals**

1	#15 Bindon, Susan	W61	Lutherville, MD	98-10.50	30.13m
2	#7 Banes, Eloisa	W63	Hagerstown, MD	82-00.00	24.99m
3	#210 Chase, Freda	W61	MD	45-11.00	13.99m

M60 Other Frisbee Thro**Finals**

1	#107 Limon, Raymond	M60	University Park, MD	130-06.00	39.77m
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M60 Other Softball Thr**Finals**

1	#14 Biagioni, Remo	M64	Englewood, NJ	122-01.00	37.21m
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W60 Other Softball Thr**Finals**

1	#7 Banes, Eloisa	W63	Hagerstown, MD	97-06.00	29.71m
2	#15 Bindon, Susan	W61	Lutherville, MD	90-02.00	27.48m
3	#210 Chase, Freda	W61	MD	80-07.00	24.56m
4	#163 Sappington, Angela	W60	Frederick, MD	71-01.00	21.66m
5	#95 Kelly, Linda	W63	Williamsburg, VA	69-05.00	21.15m

W65 Other Softball Thr**Finals**

1	#76 Hayman, Denise R.	W68	Owings Mills, MD	64-11.00	19.78m
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M65 Other Frisbee Thro**Finals**

1	#213 Graham, John	M66	MD	150-01.75	45.76m
2	#146 Pirozzi, Ralph	M67	Baltimore, MD	88-05.00	26.94m

M65 Other Softball Thr**Finals**

1	#146 Pirozzi, Ralph	M67	Baltimore, MD	78-06.00	23.92m
---	#25 Brown, Franklin	M68	Salisbury, MD	DNS	

M65 Other Football Thr**Finals**

1	#146 Pirozzi, Ralph	M67	Baltimore, MD	51-06.00	15.69m
---	#213 Graham, John	M66	MD	DNS	

M70 Other Frisbee Thro**Finals**

1	#160 Russell, Jeffrey	M71	Keedysville, MD	80-07.00	24.56m
2	#159 Ruoizzi, Richard	M72	Singers Glen, VA	66-08.00	20.32m

M70 Other Softball Thr**Finals**

1	#160 Russell, Jeffrey	M71	Keedysville, MD	106-05.00	32.43m
2	#159 Ruoizzi, Richard	M72	Singers Glen, VA	81-11.00	24.96m

W70 Other Football Thr**Finals**

1	#43 Dvorak, Kathleen	W71	McGaheysville, VA	32-04.00	9.85m
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M70 Other Football Thr****Finals**

1	#160 Russell, Jeffrey	M71	Keedysville, MD	90-05.00	27.55m
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W70 Other Softball Thr**Finals**

1	#32 Chu, Nancy	W73	Silver Spring, MD	79-09.00	24.30m
2	#43 Dvorak, Kathleen	W71	McGaheysville, VA	41-11.50	12.78m

M75 Other Frisbee Thro**Finals**

1	#180 Suleymon, Gharemon	M75	McLean, VA	92-02.00	28.09m
2	#135 Myslinski, Norbert	M76	Ellicott City, MD	85-07.00	26.08m
3	#108 Lin, Joseph	M75	Potomac, MD	83-08.00	25.50m
---	#142 Pearce, James	M78	Columbia, MD	DNS	

W75 Other Softball Thr**Finals**

1	#20 Bowens, Sylvia	W78	Frederick, MD	46-01.00	14.04m
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M75 Other Softball Thr**Finals**

1	#192 Tubman, Larry	M79	Silverspring, MD	124-08.00	37.99m
2	#180 Suleymon, Gharemon	M75	McLean, VA	97-08.00	29.76m
3	#108 Lin, Joseph	M75	Potomac, MD	96-09.00	29.48m
4	#167 Schumacher, Fred	M76	Frederick, MD	92-11.75	28.34m
5	#135 Myslinski, Norbert	M76	Ellicott City, MD	83-05.00	25.42m
---	#142 Pearce, James	M78	Columbia, MD	DNS	

M75 Other Football Thr**Finals**

1	#192 Tubman, Larry	M79	Silverspring, MD	107-07.00	32.79m
2	#167 Schumacher, Fred	M76	Frederick, MD	75-03.00	22.93m
3	#180 Suleymon, Gharemon	M75	McLean, VA	71-02.00	21.69m
4	#135 Myslinski, Norbert	M76	Ellicott City, MD	59-03.00	18.05m
---	#142 Pearce, James	M78	Columbia, MD	DNS	
---	#115 Matthies, Frederick	M75	New Kent, VA	DNS	

M80 Other Football Thr**Finals**

---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	
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W80 Other Frisbee Thro**Finals**

1	#83 Hong, Gloria	W84	Rockville, MD	42-04.00	12.90m
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M80 Other Frisbee Thro**Finals**

---	#104 Levendis, George	M81	Arlington, VA	DNS	
---	#153 Reisberg, Wayne	M80	Marriottsville, MD	DNS	

W80 Other Softball Thr**Finals**

1	#83 Hong, Gloria	W84	Rockville, MD	48-03.00	14.70m
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M80 Other Softball Thr****Finals**

---	#153 Reisberg, Wayne	M80	Marriottsville, MD		DNS
---	#104 Levendis, George	M81	Arlington, VA		DNS

W80 Other Football Thr**Finals**

1	#83 Hong, Gloria	W84	Rockville, MD	39-10.50	12.15m
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M85 Other Frisbee Thro**Finals**

1	#211 Levasseur, James	M85	MD	60-00.00	18.28m
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W85 Other Frisbee Thro**Finals**

1	#144 Perry, Diane	W89	Taneytown, MD	32-10.50	10.02m
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M85 Other Softball Thr**Finals**

1	#199 Watkins, Kent	M86	Bethesda, MD	63-02.00	19.25m
2	#211 Levasseur, James	M85	MD	54-05.00	16.58m
3	#17 Blinichikoff, Herman	M89	Pikesville, MD	51-01.00	15.57m
---	#209 Beaton, Robert	M87	VA		DNS

W85 Other Football Thr**Finals**

1	#144 Perry, Diane	W89	Taneytown, MD	26-09.50	8.16m
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W85 Other Softball Thr**Finals**

1	#144 Perry, Diane	W89	Taneytown, MD	35-07.00	10.84m
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M85 Other Football Thr**Finals**

1	#17 Blinichikoff, Herman	M89	Pikesville, MD	51-07.00	15.72m
2	#211 Levasseur, James	M85	MD	44-01.00	13.43m
3	#199 Watkins, Kent	M86	Bethesda, MD	39-05.00	12.01m
---	#209 Beaton, Robert	M87	VA		DNS

M90 Other Frisbee Thro**Finals**

1	#40 Dempster, Darrell	M94	Annapolis, MD	50-10.00	15.49m
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M90 Other Football Thr**Finals**

1	#40 Dempster, Darrell	M94	Annapolis, MD	28-03.00	8.61m
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M90 Other Softball Thr**Finals**

1	#40 Dempster, Darrell	M94	Annapolis, MD	45-04.50	13.83m
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W90 Other Softball Thr**Finals**

---	#102 Krug, Gloria	W92	New Oxford, PA		DNS
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M95 Other Softball Thr****Finals**

1	#131 Murphy, Edward	M99 Rockville, MD	79-00.00	24.07m
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M95 Other Frisbee Thro**Finals**

1	#131 Murphy, Edward	M99 Rockville, MD	59-11.00	18.26m
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M95 Other Football Thr**Finals**

1	#131 Murphy, Edward	M99 Rockville, MD	45-08.00	13.91m
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M50 1 Mile Race Walk Precision**Finals**

1	#206 Yee, Kam	M53 Gaithersburg, MD		16:53.63
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W60 1 Mile Race Walk Precision**Finals**

1	#208 Yu, Beth	W60 Baltimore, MD		13:09.97
2	#163 Sappington, Angela	W60 Frederick, MD		14:06.55
---	#134 Murray, Diana	W62 Crofton, MD		DNS

M60 1 Mile Race Walk Precision**Finals**

1	#133 Murray, Alan	M61 Crofton, MD		11:18.40
2	#123 McLaughlin, Terence	M63 Spotsylvania, VA		15:45.02

W65 1 Mile Race Walk Precision**Finals**

---	#76 Hayman, Denise R.	W68 Owings Mills, MD		DNS
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M65 1 Mile Race Walk Precision**Finals**

1	#146 Pirozzi, Ralph	M67 Baltimore, MD		16:53.95
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W70 1 Mile Race Walk Precision**Finals**

1	#149 Ramsey, Francoise	W70 Kensington, MD		16:53.52
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M80 1 Mile Race Walk Precision**Finals**

---	#140 Ord, John	M81 Potomac, MD		DNS
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M85 1 Mile Race Walk Precision**Finals**

1	#211 Levasseur, James	M85 MD		19:22.46
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M90 1 Mile Race Walk Precision**Finals**

1	#63 Grant, Dale L	M90 Bowie, MD		22:44.22
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M50 1500 Meter Race Walk Power Walk**Finals**

1	#21 Bradecamp, Dennis	M53 Fredericksburg, VA		8:49.65
2	#206 Yee, Kam	M53 Gaithersburg, MD		10:21.32

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****Finals ... (M50 1500 Meter Race Walk Power Walk)**

---	#5 Ashley, Alan	M54 Walkersville, MD	DNS
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M50 1500 Meter Race Walk**Finals**

1	#206 Yee, Kam	M53 Gaithersburg, MD	11:04.47
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W55 1500 Meter Race Walk Power Walk**Finals**

1	#124 McWilliams, Melinda	W56 Frederick, MD	9:55.53
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M60 1500 Meter Race Walk**Finals**

1	#123 McLaughlin, Terence	M63 Spotsylvania, VA	11:25.42
2	#133 Murray, Alan	M61 Crofton, MD	11:33.48

M60 1500 Meter Race Walk Power Walk**Finals**

1	#133 Murray, Alan	M61 Crofton, MD	10:25.96
2	#123 McLaughlin, Terence	M63 Spotsylvania, VA	11:54.66
---	#185 Terry, Aaron	M63 Hyattsville, MD	DNS

W60 1500 Meter Race Walk Power Walk**Finals**

1	#208 Yu, Beth	W60 Baltimore, MD	10:51.73
2	#106 Limon, Susana	W60 University Park, MD	11:24.28
---	#134 Murray, Diana	W62 Crofton, MD	DNS

W60 1500 Meter Race Walk**Finals**

1	#163 Sappington, Angela	W60 Frederick, MD	13:41.30
---	#134 Murray, Diana	W62 Crofton, MD	DNS

W65 1500 Meter Race Walk**Finals**

1	#76 Hayman, Denise R.	W68 Owings Mills, MD	14:14.50
---	#64 Greco, Katherine	W69 Youngsville, NC	DNS

M65 1500 Meter Race Walk**Finals**

1	#31 Chelius, Tim	M67 Brookhaven, PA	9:55.95
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M65 1500 Meter Race Walk Power Walk**Finals**

1	#39 Davis, James	M66 University Park, MD	9:46.93
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W65 1500 Meter Race Walk Power Walk**Finals**

1	#158 Rowens, Deborah	W69 Granstville, MD	14:00.92
2	#177 Staats, Valerie	W68 Baltimore, MD	14:44.69
3	#64 Greco, Katherine	W69 Youngsville, NC	17:43.44
---	#16 Blarcom, Bonnie	W67 Silver Springs, MD	DNS
---	#170 Seaton, Bonita	W67 Bowie, MD	DNS

2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****W70 1500 Meter Race Walk****Finals**

1	#70 Hancock, Elizabeth	W71 Falls Church, VA	14:43.87
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W70 1500 Meter Race Walk Power Walk**Finals**

1	#109 Lisowsky, Evelyn	W70 Crownsville, MD	16:11.79
---	#70 Hancock, Elizabeth	W71 Falls Church, VA	DNS

M70 1500 Meter Race Walk**Finals**

1	#6 Augustine, Thomas	M73 Woodbridge, VA	10:51.99
---	#98 Klebanow, Kenneth	M74 Columbia, MD	DNS

M75 1500 Meter Race Walk**Finals**

1	#59 Gersh, John	M76 Columbia, MD	10:35.48
2	#126 Morrison, John	M75 Essex, MD	11:19.05
3	#35 Cochran, John	M78 Annapolis, MD	16:10.68

M75 1500 Meter Race Walk Power Walk**Finals**

1	#126 Morrison, John	M75 Essex, MD	10:33.44
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W75 1500 Meter Race Walk Power Walk**Finals**

1	#20 Bowens, Sylvia	W78 Frederick, MD	14:28.93
---	#166 Schulman, Carol	W79 Bethesda, MD	DNS

M80 1500 Meter Race Walk**Finals**

1	#99 Klouda, Kenneth	M81 New Hope, PA	12:30.42
2	#47 eisner, manny	M83 Pikesville, MD	14:33.31

M80 1500 Meter Race Walk Power Walk**Finals**

1	#184 Teper, Stuart	M80 West Friendship, MD	11:06.36
2	#140 Ord, John	M81 Potomac, MD	11:17.83
3	#161 Sadin, Edwin	M82 Hillsborough, NJ	14:14.54

W85 1500 Meter Race Walk Power Walk**Finals**

1	#103 Lee, Youngja	W87 Annapolos, MD	13:18.70
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M85 1500 Meter Race Walk Power Walk**Finals**

1	#211 Levasseur, James	M85 MD	13:52.72
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M90 1500 Meter Race Walk Power Walk**Finals**

1	#63 Grant, Dale L	M90 Bowie, MD	14:30.19
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2023 Maryland Senior Olympics - 8/5/2023 to 8/6/2023**MSO 2023****Howard Community College****Results****M50 5000 Meter Race Walk Power Walk****Finals**

1	#21 Bradecamp, Dennis	M53 Fredericksburg, VA	30:55.23
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W55 5000 Meter Race Walk Power Walk**Finals**

1	#124 McWilliams, Melinda	W56 Frederick, MD	35:30.25
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M60 5000 Meter Race Walk Power Walk**Finals**

1	#123 McLaughlin, Terence	M63 Spotsylvania, VA	37:58.36
2	#133 Murray, Alan	M61 Crofton, MD	39:34.03

W60 5000 Meter Race Walk Power Walk**Finals**

1	#208 Yu, Beth	W60 Baltimore, MD	37:52.77
2	#106 Limon, Susana	W60 University Park, MD	38:51.75
3	#85 Hutt, Christine	W61 Silver Spring, MD	42:33.33
4	#134 Murray, Diana	W62 Crofton, MD	55:17.95

W65 5000 Meter Race Walk Power Walk**Finals**

1	#16 Blarcom, Bonnie	W67 Silver Springs, MD	47:31.75
---	#177 Staats, Valerie	W68 Baltimore, MD	DNS

M70 5000 Meter Race Walk Power Walk**Finals**

1	#6 Augustine, Thomas	M73 Woodbridge, VA	37:02.27
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W70 5000 Meter Race Walk Power Walk**Finals**

1	#70 Hancock, Elizabeth	W71 Falls Church, VA	47:30.96
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M75 5000 Meter Race Walk Power Walk**Finals**

1	#126 Morrison, John	M75 Essex, MD	37:38.32
---	#35 Cochran, John	M78 Annapolis, MD	DNS

M80 5000 Meter Race Walk Power Walk**Finals**

1	#140 Ord, John	M81 Potomac, MD	39:16.67
2	#184 Teper, Stuart	M80 West Friendship, MD	40:24.59
3	#99 Klouda, Kenneth	M81 New Hope, PA	43:20.53

W85 5000 Meter Race Walk Power Walk**Finals**

1	#103 Lee, Youngja	W87 Annapolos, MD	45:44.06
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M90 5000 Meter Race Walk Power Walk**Finals**

1	#63 Grant, Dale L	M90 Bowie, MD	52:55.58
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