

W50 400 Meter Dash

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50 MSO: \$ 1:06.37 8/11/2018 Charmaine Roberts, MD

Name	Age Team	Seed	Finals	Points
1 Thomas, Tammi	W53 Ellicott City, MD		1:31.04	
2 Rogers, Ella	W54 Temple Hill, MD	12.00	1:32.76	
3 Lackey, Angelina	W54 Unattached		2:47.20	

W55 400 Meter Dash

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55 MSO: \$ 1:12.42 2011 Alison Suckling, MD

Name	Age Team	Seed	Finals	Points
1 Rath, Terri	W58 Washington, DC	1:11.78	1:11.93	
-- Triolo, Sandy	W59 Rosedale, MD	1:20.00	DNS	

W60 400 Meter Dash

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60 MSO: \$ 1:20.00 1991 Rachel Nielson, MD

Name	Age Team	Seed	Finals	H#	Points
1 Hayden, Julie	W61 Ashburn, VA	1:12.29	1:14.74	2	

W65 400 Meter Dash

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65 MSO: \$ 1:20.24 1999 Audrey Lary, MD

Name	Age Team	Seed	Finals	H#	Points
1 Phillips, Hannah	W69 Alexandria, VA	1:27.25	1:30.15	2	

W70 400 Meter Dash

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70 MSO: \$ 1:26.36 2008 Audrey Lary, MD

Name	Age Team	Seed	Finals	H#	Points
1 Bentz, Isabel	W71 Lancaster, PA	1:44.00	1:47.19	2	
2 Heidel-Gontasz, Sharon	W71 Sparrows Point, MD	3:00.00	2:19.87	2	

W75 400 Meter Dash

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75 MSO: \$ 1:28.61 2009 Audrey Lary, MD

Name	Age Team	Seed	Finals	H#	Points
1 berger, nancy	W76 hunt valley, MD	2:33.30	2:02.30	2	
-- Schulman, Carol	W77 Bethesda, MD		DNS	2	

W80 400 Meter Dash

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80 MSO: \$ 1:45.27 8/11/2018 Rose Green, MD

Name	Age Team	Seed	Finals	H#	Points
-- Green, Rose	W83 Upper Marlboro, MD	34:34.00	DNS	2	

M50 400 Meter Dash

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50 MSO: \$ 55.04 8/14/2016 John Curtis, MD

Name	Age Team	Seed	Finals	H#	Points
1 Lubliner, James	M54 Owings Mills, MD	1:05.00	1:04.83	7	
2 Yee, Kam	M51 Gaithersburg, MD	1:35.00	1:09.35	7	
-- Cuzzo, Christopher	M53 Leesburg, VA	1:33.00	DNS	7	

M55 400 Meter Dash

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55 MSO: \$ 55.49		2008		Thomas Jones, MD		
Name	Age	Team	Seed	Finals	H#	Points
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1	Forsythe, Robert	M55	Annandale, VA	1:01.00	1:01.24	7
2	Jones, Windsor	M56	Bel Air, MD	1:03.00	1:02.14	7
3	Murray, Alan	M59	Crofton, MD	1:16.00	1:22.59	7
--	Curtis, John	M56	Abingdon, MD	57:00.00	DNS	7

M60 400 Meter Dash

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60 MSO: \$ 57.94		1997		Lawrence Colbert, MD		
Name	Age	Team	Seed	Finals	H#	Points
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1	Smith, Duncan	M63	Cockeysville, MD	1:08.70	1:07.17	6
2	Brooks, Doug	M60	Hampstead, MD		1:25.85	6
3	graham, john	M64	Potomac, MD		1:27.78	6
4	Doherty, Kevin	M61	Silver Spring, MD	1:20.00	1:46.66	6

M65 400 Meter Dash

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65 MSO: \$ 1:05.46		8/14/2016		Glen Allen, MD		
Name	Age	Team	Seed	Finals	H#	Points
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1	James, Bennie	M65	Honeoye Falls, NY		1:04.42	5
2	Bowen, Robert	M69	Martinsburg, WV		1:06.09	5
3	Markley, Anthony	M67	Boston, VA	1:11.90	1:13.48	4
4	Repka, Steven	M65	Terra Alta, WV	1:16.81	1:17.46	4
5	Baker, Anthony	M68	New York, NY	0.75	1:18.06	5
6	Pirozzi, Ralph	M65	Fallston, MD		1:31.55	5
--	Allen, Jackie	M65	Harpers Ferry, WV	1:07.00	DNS	4
--	Gant, Bernard	M65	Lumberton, NC	1:14.40	DNS	4
--	Vanderhoof, Gary	M65	Washington, DC	1:10.00	DNS	4

M70 400 Meter Dash

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70 MSO: \$ 1:06.04		2010		Alby Williams, MD		
Name	Age	Team	Seed	Finals	H#	Points
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1	allen, glen	M70	Baltimore, MD	9:02.00	1:10.38	3
2	Ruozzi, Richard	M70	Singers Glen, VA	1:21.00	1:21.02	2
3	Ng, Frank	M70	MD		1:21.76	2
4	Williams, Dan	M72	Reston, VA	1:19.00	1:23.84	2
5	Vash, James	M70	Mechanicsburg, PA	1:26.59	1:27.58	2
6	Poth, Greg	M70	Centerville, OH	1:50.00	1:44.46	3
7	Myslinski, Norbert	M74	Ellicott City, MD		1:59.74	3
8	Schumacher, Fred	M74	Frederick, MD	2:00.00	2:05.04	3
--	Williams, Herbert	M71	Hyattsville, MD		DNS	3
--	Kalnas, Michael	M71	Gibbstown, NJ	1:53.00	DNS	2
--	Hower, Richard	M70	Reston, VA	1:11.50	DNS	2

M75 400 Meter Dash

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75 MSO: \$ 1:19.00		1991		Earl Wentz, MD		
Name	Age	Team	Seed	Finals	H#	Points
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1	Tutt, Louis	M79	Hyattsville, MD	1:29.00	1:29.68	2
--	Simmons, Edwin	M79	Baltimore, MD		DNS	3

M80 400 Meter Dash

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80 MSO: \$ 1:29.00		2006		Bernie Fowler, MD		
Name	Age	Team	Seed	Finals	Points	
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1	Besner, Arthur	M81	Rockville, MD		1:44.62	

2 Rhoad, William	M80 Raleigh, NC	1:55.17
-- Elliott, John	M83 Columbia, MD	1:50.00 DNS

M90 400 Meter Dash

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90 MS0: \$ 3:13.79	2014	Charles Boyle, MD			
Name	Age	Team	Seed	Finals	Points
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1 Genzlinger, Vance	M92	Philadelphia, PA		3:18.75	