

Kentlands/Lakelands 5K
September 1, 2018 Gaithersburg, MD

Maryland Senior Olympics Age Group Listing
(Top four in each age group qualifies for the 2019 National Senior Games.)

MALE AGE GROUP: 50 - 54

1.) Peter Bandettini	18:20	Bethesda	MD	52
2.) Pete Wergin	19:04	Gaithersburg	MD	52
3.) John Way	21:08	Rockville	MD	53
4.) Adam Kiely	21:25	Gaithersburg	MD	51
5.) Nir Gamliel	22:37	Gaithersburg	MD	51
6.) David Topol	23:37	Bethesda	MD	52
7.) John Gresh	24:35	Gaithersburg	MD	54
8.) James Eppard	24:43	Gaithersburg	MD	51
9.) Robert Lamb	25:41	Gaithersburg	MD	50
10.) Javier Isassi	26:18	Gaithersburg	MD	51
11.) David Garner	26:29	Gaithersburg	MD	50
12.) Doug Bell	27:07	Gaithersburg	MD	52
13.) Thomas Sneeringer	27:21	Gaithersburg	MD	50
14.) Anirud Sahoo	28:04	Gaithersburg	MD	52
15.) Timothy Weston	28:25	Gaithersburg	MD	51
16.) Robert Duke	28:50	Silver Spring	MD	51
17.) Paul Fronstin	29:32	Gaithersburg	MD	52
18.) Anis Khan	29:37	Clarksburg	MD	53
19.) Paul Joegriner	29:50	Gaithersburg	MD	53

20.) Bill Litzenberg	31:07	Rockville	MD	51
21.) Steve Reynolds	32:09	Gaithersburg	MD	52
22.) Henry Sakai	32:10	Germantown	MD	50
23.) Victor Lacy	33:26	Montgomery Village	MD	52
24.) Chris Sloan	33:31	Gaithersburg	MD	53
25.) Gregory Knoop	34:58	Gaithersburg	MD	51
26.) Tim Fuller	35:29	Bethesda	MD	50
27.) Howard Reichel	37:02	Potomac	MD	52
28.) Jim Gilchrist	38:46	Rockville	MD	53
29.) Steve Dubin	39:39	Gaithersburg	MD	52
30.) Mark Fornasiero	40:42	Gaithersburg	MD	51
31.) Peter Oprandi	41:49	Poolesville	MD	50
32.) Trent Palmer	48:08	Gaithersburg	MD	52
33.) Tony Neal	50:43	Gaithersburg	MD	51
34.) Will Corbin	55:36	Gaithersburg	MD	52
35.) Wayne Gorski	58:43	Gaithersburg	MD	54

FEMALE AGE GROUP: 50 - 54

1.) Ruth Taylor	22:24	Frederick	MD	50
2.) Michele Potter	25:58	Germantown	MD	52
3.) Marguerita Cheng	26:29	Potomac	MD	51
4.) Johnice Comer	27:04	Gaithersburg	MD	52
5.) Delmy Ayala	27:40	Gaithersburg	MD	52
6.) Connie Morris	28:29	Germantown	MD	54

7.) Veronica Kerr	28:53	Derwood	MD	53
8.) Patricia Judson	30:56	Gaithersburg	MD	54
9.) Kellie Reynolds	31:48	Gaithersburg	MD	52
10.) Mary Piper	31:58	Montgomery Village	MD	53
11.) Alex Zeineddin	32:03	Gaithersburg	MD	52
12.) Wendy Blackman	33:13	Gaithersburg	MD	54
13.) Laura Baxter	33:32	Gaithersburg	MD	52
14.) Quynh-Giao Tran	33:57	Germantown	MD	54
15.) Sonya Burke	34:33	Gaithersburg	MD	52
16.) Lori Wakefield	34:54	Gaithersburg	MD	53
17.) Mandy Lemar	35:51	Potomac	MD	51
18.) Stephanie Ambrose	35:53	Gaithersburg	MD	52
19.) Barbara Delollis	36:06	Bethesda	MD	52
20.) Tonjua Bander	36:31	Gaithersburg	MD	54
21.) Marylynn Gonsalves	36:56	Rockville	MD	53
22.) Velma B	37:07	North Potomac	MD	51
23.) Debbie Ezrin	37:20	Gaithersburg	MD	50
24.) Sae Davis	37:37	Germantown	MD	50
25.) Barbara Richardson	38:15	Gaithersburg	MD	50
26.) Leslee Falls	41:16	Gaithersburg	MD	54
27.) Linda Bayes	41:17	Germantown	MD	51
28.) Angela Branch-Munir	42:53	Upper Marlboro	MD	52
29.) Karen Konkel	44:30	Gaithersburg	MD	53

30.) Beth Ann Spector	45:08	Gaithersburg	MD	51
31.) Tammy Clements	50:26	Gaithersburg	MD	50
32.) Sagarika Chavan	51:20	Rockville	MD	51
33.) Heather Webb	51:56	Gaithersburg	MD	50
34.) Marzena Joegriner	52:17	Gaithersburg	MD	54
35.) Katherine Hill	57:25	Gaithersburg	MD	54
36.) Debi Marine	57:38	Akron	OH	52
37.) Tricia McVeigh	59:15	Gaithersburg	MD	52
38.) Marylyn Strickland	60:48	Gaithersburg	MD	50
39.) Angel Tirone	61:19	Derwood	MD	54
40.) Debi Rincon	63:43	Gaithersburg	MD	54

MALE AGE GROUP: 55 - 59

1.) Marty Horan	19:54	Gaithersburg	MD	58
2.) Charles Harrington	23:28	Gaithersburg	MD	59
3.) Mark Robien	24:05	Rockville	MD	56
4.) John Schlichting	24:08	Gaithersburg	MD	59
5.) Paul Cencula	25:29	Gaithersburg	MD	59
6.) Craig Barsi	26:30	Gaithersburg	MD	58
7.) Bob Hanson	27:08	Gaithersburg	MD	56
8.) Stephen Roth	27:23	Rockville	MD	55
9.) Randy Mongold	27:31	Gaithersburg	MD	59
10.) Ed Rasavage	28:02	Rockville	MD	55
11.) Clark Mobarry	28:37	Gaithersburg	MD	58

12.) James Cannistra	29:13	Chevy Chase	MD	59
13.) John Vierra	29:34	Gaithersburg	MD	57
14.) Bart Rowe	30:27	Clarksburg	MD	58
15.) John Dinardo	31:33	Germantown	MD	58
16.) Robert Behr	31:39	Silver Spring	MD	56
17.) Robert Auchter	31:44	Arlington	VA	57
18.) Daniel Crim	32:17	Gaithersburg	MD	58
19.) Andrew Griffith	32:38	Gaithersburg	MD	58
20.) Timothy Obrien	32:44	Gaithersburg	MD	56
21.) Thomas Soileau	33:15	Potomac	MD	58
22.) Mark Simonson	34:04	Derwood	MD	55
23.) Bernard Dardzinski	34:28	Potomac	MD	56
24.) Gabriel Olumese	35:20	Gaithersburg	MD	59
25.) Neil Narcisenfeld	35:33	Gaithersburg	MD	58
26.) Rob Wolf	35:45	Gaithersburg	MD	58
27.) Mark Boland	36:01	Gaithersburg	MD	59
28.) Rick Canter	37:51	Gaithersburg	MD	55
29.) Abhi Chavan	39:14	Rockville	MD	58
30.) Doug Lefevre	39:20	New Market	MD	59
31.) Oai Tran	40:56	Germantown	MD	58
32.) Donald Hamberger	43:05	Germantown	MD	59
33.) Michael Rafter	43:38	Odenton	MD	57
34.) Tim Kozikowski	49:18	Gaithersburg	MD	56
35.) James Magno	58:22	Gaithersburg	MD	58

FEMALE AGE GROUP: 55 - 59

1.) Kathy Cea	24:34	Gaithersburg	MD	58
2.) Paula Galliani	24:41	Gaithersburg	MD	58
3.) Emilie Class	26:12	Freeland	MD	56
4.) Ann Loew	27:40	Gaithersburg	MD	56
5.) Sandra Connolly	27:48	Marlboro	NJ	56
6.) Sharon Jones	30:08	Gaithersburg	MD	58
7.) Janet Pope	31:42	Gaithersburg	MD	57
8.) Jane Dinardo	32:00	Germantown	MD	57
9.) Terry Mayo	32:46	Gaithersburg	MD	55
10.) Daphna Szanto	32:54	Germantown	MD	58
11.) Lynn Longley	33:05	Gaithersburg	MD	57
12.) Marcia Simon	33:08	Gaithersburg	MD	55
13.) Gabriela Miller	33:15	Gaithersburg	MD	55
14.) Ann Crim	33:36	Gaithersburg	MD	58
15.) Patty Stull	34:53	Clarksburg	MD	55
16.) Tamara Henneman	34:56	Gaithersburg	MD	59
17.) Elaine Ratliff	35:09	Germantown	MD	58
18.) Lettie George	5:15	Germantown	MD	56
19.) Tammy Anderson	35:52	Brighton	CO	56
20.) Nancy Rasavage	37:39	Rockville	MD	55
21.) Merav Levenson	37:47	Rockville	MD	55
22.) Jane Dillon	41:28	Tilton	NH	57

23.) Dorian Harwood	47:09	Rockville	MD	56
24.) Barbara Kahn	47:53	Germantown	MD	58
25.) Tammy Mobarry	48:59	Gaithersburg	MD	57
26.) Myra Bacon	51:02	Gaithersburg	MD	56
27.) Beverley Trotman	51:03	Gaithersburg	MD	56
28.) Janice Caswell	56:03	Germantown	MD	59
29.) Wanda Hampton	57:51	Gaithersburg	MD	57
30.) Patricia Ryan	58:21	Rockville	MD	59
31.) Lori Gorski	58:42	Gaithersburg	MD	55
32.) Nancy Stambler	61:22	Germantown	MD	58

MALE AGE GROUP: 60 - 64

1.) Bennett Rushkoff	22:50	Washington	DC	60
2.) Kerry Lanham	24:10	Montgomery Village	MD	63
3.) Daniel Devlin	24:19	Silver Spring	MD	64
4.) Galen Tromble	25:13	Silver Spring	MD	61
5.) Jai Row	28:19	Gaithersburg	MD	64
6.) Harry Kirk	28:20	Mount Pleasant	SC	64
7.) Abdush-Sha Munir	30:43	Upper Marlboro	MD	63
8.) Alan Kravitz	30:48	Rockville	MD	60
9.) Michael Baris	31:21	Olney	MD	60
10.) George Tobin	32:21	Montgomery Village	MD	62
11.) Robert Hyde	32:36	Germantown	MD	64
12.) Doug Wolf	33:19	Gaithersburg	MD	64

13.) Seth Greenstein	33:41	Potomac	MD	63
14.) Jeff Cohen	34:48	Gaithersburg	MD	61
15.) John Santell	34:51	Gaithersburg	MD	60
16.) Lawrence Rosenblum	38:01	Boyds	MD	64
17.) Jay Embree	43:41	Frederick	MD	63
18.) Jacek Glinkowski	45:43	Gaithersburg	MD	63
19.) Tina Williams	47:18	Silver Spring	MD	64
20.) Glenn Cunningham	52:57	Gaithersburg	MD	62
21.) James Bindeman	60:03	Gaithersburg	MD	63

FEMALE AGE GROUP: 60 - 64

1.) Carolyn Eichberg	26:23	Potomac	MD	60
2.) Anne Heflin	28:09	Clifton	VA	60
3.) Karen Craney	30:00	Poolesville	MD	62
4.) Marisol Pulliam	30:19	Gaithersburg	MD	62
5.) Katherine Sanford	30:59	Annapolis	MD	63
6.) Michelle Butler	34:42	College Park	MD	63
7.) Linda Kurinsky	35:59	Gaithersburg	MD	60
8.) Janet Mitchell	37:56	Gaithersburg	MD	61
9.) Ruth Willbanks	45:53	Gaithersburg	MD	60
10.) Amy Berliner	48:21	Germantown	MD	61
11.) Gwendolyn Dorsey	55:59	Germantown	MD	62
12.) Deborah Bindeman	60:04	Gaithersburg	MD	61

MALE AGE GROUP: 65 - 69

1.) James Wright	21:11	Gaithersburg	MD	69
2.) Eugene Myers	23:20	Columbia	MD	66
3.) Bruce Myles	23:50	Montgomery Village	MD	65
4.) John Economos	24:30	Greencastle	PA	66
5.) Dan Kuhn	27:58	Germantown	MD	67
6.) Robert Graves	29:27	Gaithersburg	MD	67
7.) Rudy Hewitt	31:05	Silver Spring	MD	68
8.) Joe Bucci	33:34	Gaithersburg	MD	68
9.) Charles Martinez	34:16	Silver Spring	MD	69
10.) Michael Sesma	36:25	Gaithersburg	MD	65
11.) Ed Axler	41:03	Gaithersburg	MD	65
12.) Rodney Mayer	44:48	Gaithersburg	MD	66
13.) Kenneth Lefkowitz	45:43	Gaithersburg	MD	68
14.) Nick Sbrockey	51:36	Gaithersburg	MD	65

FEMALE AGE GROUP: 65 - 69

1.) Lizzie Sadoff	28:15	Washington	DC	69
2.) Lennie Magida	30:06	Frederick	MD	67
3.) Pamela Mason	32:34	Silver Spring	MD	66
4.) Shelia Moore	34:57	Gaithersburg	MD	66
5.) Wandagean Abiera	35:33	Finksburg	MD	68
6.) Vicky George	39:05	Gaithersburg	MD	65
7.) Rosemary Dew	39:57	Woodbine	MD	68

8.) Beverly Byron	43:35	Ellicott City	MD	65
9.) Christine McDonald	44:24	Germantown	MD	68
10.) Janis Lefkowitz	45:44	Gaithersburg	MD	66
11.) Pam Parmer	50:11	Gaithersburg	MD	69
12.) Cheryl Sbrockey	51:35	Gaithersburg	MD	66
13.) Diane Krishnamurti	51:36	Rockville	MD	69
14.) Ceil Coliton	60:05	Gaithersburg	MD	66
15.) Gladys White	63:15	Gaithersburg	MD	69

MALE AGE GROUP: 70 - 74

1.) Art Gregory	24:46	Ijamsville	MD	74
2.) Richard Jefferson	27:23	Gaithersburg	MD	72
3.) Bruce Kessler	28:34	Chambersburg	PA	72
4.) Walter Brown	29:38	Montgomery Village	MD	74
5.) Frank White	31:53	Gaithersburg	MD	71
6.) Josh Band	38:05	Gaithersburg	MD	70
7.) James Hoehn	39:41	Clarksburg	MD	70
8.) James Lavine	44:30	Gaithersburg	MD	73
9.) Michael Levin-Epstein	44:41	North Potomac	MD	71
10.) Ron Edelstein	55:21	Gaithersburg	MD	71

FEMALE AGE GROUP: 70 - 74

1 Alice Franks	29:16	Rockville	MD	70
2 Clare Imholtz	33:48	Beltsville	MD	71
3 Jeanette A. Novak	39:32	Damascus	MD	74

4 Carol Schulman	45:47	Bethesda	MD	73
5 Jennifer Holt	50:29	Gaithersburg	MD	73
6 Roberta Theis	50:30	Washington	DC	70
7 Sandra Rosenshein	50:38	Gaithersburg	MD	72
8 Margaret Follas	54:29	Gaithersburg	MD	72
9 Jacquelyn Fujiwara	57:48	Boyds	MD	70
10 Catherine Pope	59:30	Germantown	MD	71

MALE AGE GROUP: 75 - 79

1.) Jerry Frankenheim	29:47	Germantown	MD	75
2.) Ralph Bates	30:00	Niantic	CT	75
3.) Ronald Chiariello	39:22	Rockville	MD	79
4.) John Noble	43:20	Bethesda	MD	79
5.) Ron Stevenson	43:27	Gaithersburg	MD	78
6.) Chandra Sekhar	47:58	Montgomery Village	MD	78

FEMALE AGE GROUP: 75 - 79

1.) Molly Sherwood	33:30	Annapolis	MD	76
2.) Barbara Garner	41:02	Catonsville	MD	79
3.) Merrilynn Kessler	42:30	Chambersburg	PA	75
4.) Susan Truman	48:37	Montgomery Village	MD	75
5.) Beverly A. Simons	48:44	Gaithersburg	MD	78
6.) Judy Taylor	50:49	Rockville	MD	75
7.) Candy Warner	54:31	Gaithersburg	MD	77

8.) Leila Hill	57:26	Gaithersburg	MD	77
9.) Nancy Siltman	59:31	Montgomery Village	MD	76

MALE AGE GROUP: 80 - 84

1.) John Elliott	29:13	Columbia	MD	80
2.) Michael Leonard	44:09	Silver Spring	MD	80
3.) Roger Burkhart	52:12	Gaithersburg	MD	80

FEMALE AGE GROUP: 80 - 84

1.) Judy Marine	47:56	Buffalo	NY	80
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MALE AGE GROUP: 85 - 89

1.) Jack McMahon	37:17	Silver Spring	MD	87
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FEMALE AGE GROUP: 85 - 89

1.) Yvonne Aasen	*54:41	Westminster	MD	87
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*—Indicates new MSO record.